Continuing Education
Spring 2015 Schedule

Lifelong Learning for Everyone

Serving Our Community at

College of the Mainland®

Look inside for more opportunities:
Workforce Programs  Bridge to Credit  Professional Development  Fitness and Recreation  50 Plus Program

1200 Amburn Road  Texas City, Texas • 409-933-8586 • www.com.edu/ce
COM CE: LIFELONG LEARNING FOR EVERYONE

COM’s Continuing Education division provides access to innovative, flexible and responsive lifelong learning opportunities. Whether you desire to acquire new workforce skills, upgrade current skills or seek personal enrichment, we offer something for you.

We offer career training and certification courses and programs that allow you to acquire the skills needed to enter entry-level positions.

We offer courses that will help you upgrade your current skills and expand your knowledge as you seek to advance in your career.

We also offer professional development courses needed for continued certification in your chosen profession.

And we offer many courses that may pique your interest in a new hobby, improve your fitness or enhance your knowledge of topics that are of special interest to you.

Let us help you continue your education throughout life!

COM Continuing Education
Lifelong Learning for Everyone

www.com.edu/ce
409-933-8586
ContEd@com.edu

CONTINUING EDUCATION’S MISSION
College of the Mainland’s Continuing Education division is dedicated to providing workforce development training programs, customized corporate training and lifelong learning opportunities that are innovative, flexible and responsive to the needs of the diverse communities we serve.

CONTINUING EDUCATION’S VISION
College of the Mainland’s Continuing Education division will be a vital community partner by providing training opportunities that prepare students for high-growth jobs in the future, offer educational pathways for new and incumbent workers and support continued personal and professional development.

HOW TO CONTACT US
The Continuing Education office is located in the Technical-Vocational Building, Room TVB-1475, on the main campus.
Phone: 409-933-8586 • Fax: 409-933-8026
Mail: Continuing Education, 1200 Amburn Rd., Texas City, TX 77591
Email: ContEd@com.edu

CONTINUING EDUCATION OFFICE HOURS
Open: Monday through Friday, 8 a.m. – 5 p.m.

CE SCHEDULE DISCLAIMER
This schedule is for informational purposes and is subject to change. Changes subsequent to the issuance of the printed schedule will be posted online at www.com.edu/ceschedule. The electronic version of the schedule is the official schedule. Please refer to the online schedule for changes/updates.

QUESTIONS?
Call 409-933-8586 to register or to generally inquire about COM Continuing Education Department courses or programs.

For specific course or program information, please call:

- 409-933-8285 Public Service Careers
- 409-933-8226 Lifelong Learning/50 Plus Program (formerly Senior Adult Program)
- 281-332-1800 COM Learning Center-Allied Health
- 409-933-8162 Gulf Coast Safety Institute
- 409-933-8406 Industrial Crafts

For any questions about programs or courses, call 409-933-8586. The CE office staff will be happy to assist you or direct your call to the appropriate department.
PAYMENT OF FEES AND TUITION
All tuition and fees must be paid at the time of registration. We accept cash, check, VISA, MasterCard, Discover, American Express and money orders.

SENIOR ADULT (50+ DISCOUNT)
Senior adults, age 50 or older, pay just 50 percent of the tuition on selected classes, plus all fees (facility, nonresident, online, supplies, etc.)

A NON-RESIDENT OF COM DISTRICT
A nonresident of the College of the Mainland district shall be subject to out-of-district fees. To be a legal resident of the COM district, you must reside in one of the following school districts: La Marque, Texas City, Dickinson (including San Leon and Bacliff but not including Seabrook or Kemah), Hitchcock and Santa Fe (including Algoa, Arcadia and Alta Loma).

BOOKS AND SUPPLIES
If books and supplies are required, they are not included in the tuition cost unless indicated in the course description. Some courses require the purchase of special books or equipment. Some courses require a supply fee payable at the first class, or a supply list will be provided at the time of registration or at the first class meeting. Books and supplies are usually available at the COM Bookstore or by ordering online at www.combookstore.com.

CLASS CANCELLATIONS
Classes with insufficient enrollment are canceled prior to the start date of the class. Students will be notified by phone when a class is canceled; however, occasionally we are unable to reach a student before the first class meeting. A 100 percent refund will be processed automatically. Help avoid class cancellations by registering at least five days prior to the course start date.

REFUND POLICY
Refunds for Continuing Education tuition and fees will be 100 percent refunded before the first day of class. Refund requests may be made in person, by phone (409-933-8586) or by fax (409-933-8026). Refund requests must be received during normal business hours at least one business day prior to the calendar start date of the class. When a class is canceled by the College, the student will receive an automatic 100 percent refund of tuition and fees.

CLASS TRANSFERS
Students may request to transfer to a different class or section prior to the first class of the course for which the student is registered. One hundred percent of tuition already paid will be applied to the new course(s). Any additional tuition that is due must be paid when the transfer is processed.
MINIMUM AGE REQUIREMENTS
Although some Continuing Education courses are specifically designed for younger students or for a specific education level, the majority of CE classes are designed to serve adult learners. Any adult 18 years of age or older, or an individual between the ages of 16 and 18 who has officially withdrawn from high school, is eligible to enroll in CE courses. Select courses may require students to be at least 21 years old. High school students, 16 years of age or older, are permitted to enroll under the COM concurrent enrollment policy with approval from appropriate public school officials. Students who are 13-14 years old may be given permission to enroll in CE courses that are not funded by the state, provided that a legal guardian enrolls in the same class and attends all classes with the student.

50 PLUS PROGRAM (50+) (formerly Senior Adult Program)
Courses designed specifically for students 50 years of age or older are located in the Senior Adult Program section of this schedule.

AUDITING
Continuing Education classes may not be audited.

RECORD OF ACHIEVEMENT: CEU
Continuing Education Units (CEUs) are nationally recognized to record satisfactory completion of certain approved occupation-related programs. One CEU is awarded for every 10 contact hours of instruction included in a specified Continuing Education class or activity. Successful completion is attendance-based unless otherwise noted. Ninety percent attendance is required for successful completion of most classes. Some classes require 100 percent attendance. A COM Continuing Education Program CEU transcript may be requested from the registrar’s office at no charge. Reprints of CE certificates are available for $5.

ARE YOU AGE 50 PLUS?
We have classes just for you!

COM 50 PLUS PROGRAM
• Enroll in Senior Adult Program classes – with over 50 options – at a nominal cost.
• Join reasonably priced 50 Plus Program trips.
• Enroll in free or low-cost workshops for senior adults.
• Receive a discount on COM Gym fitness memberships.
• Use the COM Library.
• Receive a discount on COM Cosmetology Services.
  Call 409-933-8480 for more information.
• Enjoy a discount on COM Community Theatre productions.
  Call 409-933-8345 for more information.

For more information see page 40 of this schedule, or call 409-933-8226.

FINANCIAL ASSISTANCE

TEXAS PUBLIC EDUCATION GRANTS
Grants are available, based on need, to individuals who want to take occupation-related courses. Grants may be used for tuition only. TPEG-eligible programs are identified on page 6. Applications for TPEG assistance should be submitted at least two weeks before the class start date. Applicants must complete the FAFSA, the COM Financial Aid Application and the TPEG Noncredit Application.

Contact the Student Financial Services Office, 409-933-8274 or 1-888-258-8859, ext. 8274, for more information.

THE HAZLEWOOD ACT/LEGACY PROGRAM
College of the Mainland may waive tuition and fees for Texas veterans, and their spouses and eligible children, who are no longer eligible under VA education benefits, were honorably discharged from the military after serving at least 180 days, entered the service with Texas as their home of record and have resided in Texas for at least 12 months prior to their registration date. Application procedures are as follows: The veteran/eligible spouse or child must provide proof of eligibility or ineligibility for GI/Montgomery benefits (Chapter 31, 33/Post 911) by requesting an education benefits letter from the VA office in Muskogee, Ok., at 888-442-4551 or www.gibill.va.gov, provide a copy of the DD-214 and submit the appropriate Hazlewood Application (HE-V) and/or (HE-D) and required documentation to the Student Financial Aid/Veteran Affairs Office. Visit www.com.edu, select Student Financial Services for more information or contact the Student Financial Services/Veteran Affairs Office at 409-933-8274 or 1-888-258-8859, ext. 8274.

WORKFORCE INVESTMENT ACT (WIA)
College of the Mainland is an approved vendor of the Gulf Coast Workforce Development Board and Houston-Galveston Area Council to provide vocational training for eligible participants in workforce programs under the federally funded Workforce Investment Act (WIA). Participants qualifying for programs funded under WIA receive free tuition, fees, books and possibly uniforms, tools and financial assistance with transportation and child care. Applicants may apply for services under the WIA through their local Gulf Coast Careers office. Currently approved programs include Machinist, Mechanical Maintenance Technician and Welding Programs. For more information on WIA, contact Tina Starkey at 409-933-8581.

A Word About Waiting to Register…
Each class has a minimum enrollment. Once that minimum is reached, the class has “made.” Find a class you like, and encourage a friend to join you! Sometimes two or three people can make a difference between having a course “make” or be canceled.
GENERAL INFORMATION

COLLEGE CALENDAR
In accordance with the approved College calendar, the College will be closed on the following dates:
- Jan. 19: Martin Luther King Jr. Day
- March 16 – 22: Spring Break
- April 3 – 5: Spring Holiday
- May 25: Memorial Day

PARKING
Permits are not required. However, permits are now available, as a courtesy, from the campus police office. Regular patrols enforce the following parking regulations:
1. Parking in a “no parking zone”
2. Backing into a parking space
3. Failure to park within marked spaces
4. Driving against the flow of traffic
5. Unauthorized parking in handicap spaces
6. Driving/parking on nonroadways (i.e., sidewalks and grass)

TOBACCO-FREE ENVIRONMENT
All College of the Mainland campuses are tobacco-free facilities. In addition, COM has a zero tolerance policy for alcohol on campus.

STUDENT RECORD PRIVACY POLICY
College of the Mainland complies with the provisions of the Family Educational Rights and Privacy Act (Buckley Amendment of 1974, Public Law 90-247, as amended) and any regulations that may be promulgated therein. The College permits a student to inspect his or her own records and limits disclosure to others if a student has not granted access by prior written consent. No student record, demographics or schedule information will be shared with anyone over the phone or to any third party.

ABREVIATIONS USED IN THIS SCHEDULE
ADM Administration and Enrollment Center
AHC Allied Health Center-League City
AUD Industrial Education Building
CE Continuing Education
CLC North County Learning Center-League City
COM College of the Mainland
FAB Fine Arts Building
FIR Firing Range
GCSI Gulf Coast Safety Institute
LMCR COM Learning Center-Delmar
LRC Learning Resources Center (Library)
PSC Public Service Careers Building
SC Student Center
SCI Science/Math Building
SYN Synonym-unique identifying number
TBA To Be Announced
TVB Technical Vocational Building
CL Face-to-face classroom course
IN Internet (online) course
HY Hybrid course (50-85 percent online and 15 to 50 percent in the classroom)

INTERNET OR HYBRID CLASSES
Students enrolling in Internet (IN) courses will be charged a $35 distance education fee per course; students enrolling in hybrid (HY) courses will be charged a $25 distance education fee per course. All students enrolled in Internet or hybrid classes for the first time are required to successfully complete the Online Learner Workshop.

BACTERIAL MENINGITIS VACCINATION REQUIREMENT
CE students will be required to show proof of having the bacterial meningitis vaccine if they are younger than 22 years old and enrolling in CE courses or programs with 360 hours or more. Proof of the vaccination must be provided to the Office of Admissions and Records ten days before the first day of class. Visit www.com.edu/admissions/meningitis-vaccinations.php or stop by the Enrollment Center for more information.

ONLINE LEARNER WORKSHOP-0HRS
All students enrolled in Internet or hybrid classes for the first time at College of the Mainland are required to successfully complete the Blackboard Online Learner Workshop prior to the start date of the course. The Online Learner Workshop is an introduction to the Blackboard Learning Management System. Blackboard is where your online courses are hosted. By completing the Online Learner Workshop you will gain the skills necessary to succeed in your online course. Access instructions can be found at http://www.com.edu/de/olw.cfm. Contact the CE Department at 409-933-8586 to register for a workshop.

TAX CREDIT
Continuing education tuition is not recognized the same as credit tuition and cannot be reported on a 1098T form. The IRS does allow a tax credit for tuition, fees and books for CE courses relating to workforce training and improving job skills but does not allow the credit for hobby and other general lifelong-learning courses. To claim the credit on your taxes, save a copy of your registration and bookstore receipts and complete IRS form 8863 with your tax return.
# CE WORKFORCE PROGRAMS

Information subject to change

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<th>ALLIED HEALTH CAREERS</th>
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<th>HAZLEWD</th>
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### Bacterial Meningitis Vaccination Requirement
CE students will be required to show proof of having the bacterial meningitis vaccine if you are younger than 22 years old and enrolling in CE courses or programs with 360 hours or more. Proof of the vaccination must be provided to Admissions 10 days before the first day of class. Visit www.com.edu/admissions/meningitis-vaccinations.php or go by the Enrollment Center or Continuing Education Office for more information.

### Financial Aid Information
See page 4 for more information about possible financial aid sources.
CONTINUING EDUCATION • SPRING 2015 SCHEDULE

WORKFORCE PROGRAMS

ALLIED HEALTH CAREERS

Allied health classes are offered at the Texas City main campus as well as the COM Learning Center-Allied Health, located at 200 Parker Ct. on FM 518 in League City. Applications for the allied health certificate programs are available at the League City Office and in the CE Department on the main campus. Completed applications must be returned to the League City Office.

CERTIFIED NURSE AIDE CERTIFICATE

An application is required prior to registration.

Contact Nichole Sullivan at 409-933-8645 for details and approval.

A vital part of the health care field, certified nurse aides provide compassionate basic care for patients. This program trains nurse aides to work in hospitals and long-term care facilities. Between 2010-2020, the need for certified nurse aides is projected to grow by 20 percent. The mean hourly wage for certified nurse aides is $11.54. (Source: Bureau of Labor Statistics)

<table>
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<tr>
<th>Course #</th>
<th>Title</th>
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State certification: Students successfully completing these courses will be prepared to take the state exam, Certified Nursing Assistant. Students will also complete the Healthcare Provider CPR certification.

NURSE AIDE II (FAST TRACK) – 40 HRS

Tuition includes malpractice insurance ($16) and the ID badge fee ($6).

Cost: In district: $220 Out of district: $225

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<td>Nurse Aide II (Fast Track)</td>
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NURSE AIDE FOR HEALTH CARE I – 65 HRS

Cost: In district: $530 Out of district: $535

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NURSE AIDE FOR HEALTHCARE II – 40 HRS

Tuition includes malpractice insurance ($16) and the ID badge fee ($6).

Cost: In district: $220 Out of district: $225

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<td>NURA 1060-203CL</td>
<td>Nurse Aide II (Fast Track)</td>
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</table>

CNA STATE TEXAS REVIEW – 4 HRS

Open enrollment: nonfunded. Call Nichole at 409-933-8645 to inquire about dates and times.

Cost: In district: $35 Out of district: $40

<table>
<thead>
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<th>Course</th>
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<td>CNA State Texas Review</td>
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</table>
DENTAL ASSISTANT CERTIFICATE

An application is required prior to registration. Contact Nichole Sullivan at 409-933-8645 for details and approval.

Through hands-on labs and classes, this program trains students for employment as dental assistants, a rapidly growing branch of the health care field. Dental assistants perform a variety of tasks in dental offices, from patient care to record keeping. Between 2010-2020, the need for dental assistants is projected to grow 31 percent. The mean hourly wage for dental assistant is $16.09. (Source: Bureau of Labor Statistics)

<table>
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<tr>
<th>Course #</th>
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<td>DNTA 1060</td>
<td>Dental Assistant</td>
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<td>The Dental Assistant Program prepares students for entry-level positions in one of the fastest-growing health care professions. The course will cover key areas and expose the student to both classroom and hands-on lab instruction. This course prepares the student to take the state of Texas Registered Dental Assistant Exam.</td>
<td></td>
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</table>

State certification: Students successfully completing these courses will be prepared to take the state of Texas Registered Dental Assistant Exam.

DENTAL ASSISTANT – 100 HRS

Tuition includes the malpractice insurance fee ($16), ID badge fee ($6), clinical fee ($50) and four hours of CPR certification training. Training includes 18 hours of clinical experience, which will be scheduled with the instructor on Saturdays from 9 a.m. to noon at a local dentist's office.

Cost: In district: $650 Out of district: $655
SYN: 7984 DNTA-1060-204CL 01/26/15-05/06/15 MW
06:00PM-09:00PM AHC 102 MTull

ELECTROCARDIOGRAPHY TECHNICIAN CERTIFICATE

An application is required prior to registration. Contact Nichole Sullivan at 409-933-8645 for details and approval.

This program trains students to become ECG technicians, a key part of the medical team. ECG technicians prepare patients for ECGs by attaching electrodes to a patient’s arms, legs and chest. They also operate ECG machines while monitoring, interpreting and documenting patients’ results, and they maintain and troubleshoot technical problems with the ECG machines. ECG technicians work in health clinics, hospitals, medical offices and laboratories. Between 2010-2020, the need for ECG technicians is projected to grow 29 percent. The mean hourly wage for ECG technicians is $23.75. (Source: Bureau of Labor Statistics)

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<td>ECRD 1011</td>
<td>Electrocardiography and Telemetry Monitoring</td>
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<tr>
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<td>This introductory course is designed to teach the fundamentals of cardiovascular anatomy and physiology. Topics include basic electrocardiography procedures, interpretation of basic dysrhythmias and appropriate treatment modalities. Additional topics will include an understanding of the heart, the implications of decreased cardiac output and its application in interpreting electrical activity. It also emphasizes the recognition of common and potentially &quot;lethal&quot; dysrhythmias.</td>
<td></td>
</tr>
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</table>

National certification: Students successfully completing these courses will be prepared to take the National Healthcareer Association exam to become a certified ECG technician.

MEDICATION AIDE CERTIFICATE

An application is required prior to registration. Contact Nichole Sullivan at 409-933-8645 for details and approval.

Medication aides serve an essential role in hospitals and long-term care facilities by helping distribute medications and monitor for adverse reactions. This program prepares students to take the state Medication Aide Certification Examination, and it adheres to the regulations and curriculum established by the Department of Aging and Disability Services. Between 2010-2020, the need for medication aides is projected to grow by 20 percent. The mean hourly wage for medication aides is $11.54. (Source: Bureau of Labor Statistics)

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<td>NURA 1013</td>
<td>Medication Aide</td>
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<td></td>
<td>In this class students learn how to prepare and administer designated medications by nonlicensed nursing personnel employed in licensed health care agencies. They also learn the responsibilities with medication administration.</td>
<td></td>
</tr>
</tbody>
</table>

State certification: Students successfully completing these courses will be prepared to take the state exam, Medication Aide Certification Examination.

MEDICATION AIDE – 140 HRS

Training includes 40 hours of lab and clinical experience, which will be scheduled with the instructor on Tuesdays from 6-10 p.m. in an approved facility. Tuition includes a $16 malpractice insurance fee, $6 ID badge fee and four hours of CPR certification training.

Cost: In district: $980 Out of district: $985
SYN: 7999 NURA-1013-205CL 01/26/15-04/27/15 MTW
06:00PM-10:00PM AHC 103 RMcAninch

Open Enrollment in Lifelong Learning & 50 Plus Program

SEN R (Senior) trips are only available to students age 50 and older.

Extended travel trips are not limited to 50 or older.
PHLEBOTOMY TECHNICIAN CERTIFICATE

An application is required prior to registration.
Contact Nichole Sullivan at 409-933-8645 for details and approval.
Prerequisite: A high school diploma or GED

A rapidly growing occupation in the health care field, phlebotomists draw blood for tests, transfusions, research or blood donations. COM trains phlebotomy technicians in the safest methods of drawing blood with as little patient discomfort as possible. They find employment in hospitals, doctor’s offices, medical and diagnostic laboratories and blood donor centers. Between 2010-2020, the need for phlebotomy technicians is projected to grow 13 percent. The mean hourly wage for phlebotomy technicians is $22.44. (Source: Bureau of Labor Statistics)

PHLEBOTOMY – 118 HRS
Tuition includes a $16 malpractice insurance fee, $161 testing fee, which includes a study guide and five practice test attempts, and four hours of CPR certification training. Class time includes 16 hours of lab experience, which will be scheduled with the instructor during the first week of class.

Cost:  
In district:  $875  
Out of district:  $880  
SYN: 8004 PLAB-1023-104CL  
02/03/15-05/21/15  
TTH  
01:00PM-05:00PM  
AHC 104  
T McGilberry

INTRODUCTION TO PHYSICAL THERAPY – 80 HRS
Tuition includes four hours of CPR certification training. Training includes eight hours of lab experience, which will be scheduled with the instructor on two Saturdays.

Cost:  
In district:  $575  
Out of district:  $580  
SYN: 8005 PTHA-1009-202CL  
01/27/15-04/09/15  
TTH  
06:00PM-09:00PM  
CLC 113  
A Flores

PHYSICAL THERAPY AIDE CERTIFICATE

No application is required prior to registration.
Contact Nichole Sullivan at 409-933-8645 for details and approval.

This new program trains physical therapy aides to work closely with a physical therapist and to perform duties including preparing the patient and the treatment area. The program serves as an introduction to the field for those who want to continue their education to become physical therapy assistants and for certified nurse assistants who want to expand their skills to work in restorative care. A rapidly growing field, physical therapy aides find employment in hospitals, doctor’s offices, skilled nursing care facilities and physical therapy treatment centers. The median pay is $11.48. (Source: Bureau of Labor Statistics)

Course #  Title  Hrs
PLAB 1023  Phlebotomy Technician  118
This course is designed to introduce students to basic knowledge and skills of the phlebotomy profession. Students will learn various types of blood collections utilizing the proper techniques and universal precautions. On completion of the course, a National Healthcareer Association CPT exam will be administered. The required textbook is available in the COM Bookstore.

MEDICAL OFFICE/INSURANCE SPECIALIST CERTIFICATE

No application is necessary.
Prerequisite: A high school diploma or GED

Prepare to enter the medical field in one semester with the Medical Office/Insurance Specialist Certificate. This certificate prepares students to obtain entry-level administrative positions in health care settings and provides a solid foundation for those wanting to continue their studies to become health information technicians. Between 2012-2022, this field is projected to grow 22 percent, much faster than the average for all occupations. (Source: Bureau of Labor Statistics)

Course #  Title  Hrs
MDCA 1000  Medical Office  24
This course will provide students with an introduction to medical office operations, equipment, procedures and human relations skills.

MDCA 1043  Medical Insurance Specialist  48
This course emphasizes medical office coding for payment and reimbursement by patient or third-party payers for ambulatory care settings.

TOTAL HOURS  72

MEDICAL OFFICE – 24 HRS
Students must concurrently enroll in MDCA 1043.

Cost:  
In district:  $200  
Out of district:  $205  
SYN: 8221 MDCA-1000-101CL  
01/26/15-02/18/15  
MW  
06:00PM-09:00PM  
CLC 111  
G Parker

SYN: 8223 MDCA-1000-102CL  
03/24/15-04/17/15  
TTH  
06:00PM-09:00PM  
CLC 111  
A Corrales-Farek

MEDICAL INSURANCE SPECIALIST – 48 HRS
Students must concurrently enroll in MDCA 1000.

Cost:  
In district:  $350  
Out of district:  $355  
SYN: 8222 MDCA-1043-101CL  
02/23/15-04/22/15  
MW  
06:00PM-09:00PM  
CLC 111  
G Parker

SYN: 8224 MDCA-1043-102CL  
04/21/15-06/11/15  
TTH  
06:00PM-09:00PM  
CLC 111  
A Corrales-Farek
HEALTHCARE PROVIDER CPR – 4 HRS
Designed for the health care provider, the course includes one and two-rescuer adult CPR, child CPR, infant CPR, and adult and pediatric foreign body airway obstruction. The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

**Cost:**
- **In district:** $30
- **Out of district:** $35

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Start Date</th>
<th>Time</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>EMSP-1026-101CL</td>
<td>02/21/15-02/21/15</td>
<td>08:00AM-05:00PM</td>
<td>M Chatman</td>
</tr>
<tr>
<td>EMSP-1026-102CL</td>
<td>04/18/15-04/18/15</td>
<td>08:00AM-05:00PM</td>
<td>M Chatman</td>
</tr>
<tr>
<td>EMSP-1026-103CL</td>
<td>05/16/15-05/16/15</td>
<td>08:00AM-05:00PM</td>
<td>M Chatman</td>
</tr>
</tbody>
</table>

HEARTSAVER FIRST AID/CPR/AED – 8 HRS
Heartsaver® First Aid/CPR/AED is a classroom, video-based, instructor-led course that teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. This course also teaches adult CPR and AED use. The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

**Cost:**
- **In district:** $70
- **Out of district:** $75

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Start Date</th>
<th>Time</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>EMS-1026-101CL</td>
<td>02/21/15-02/21/15</td>
<td>08:00AM-05:00PM</td>
<td>M Chatman</td>
</tr>
<tr>
<td>EMS-1026-102CL</td>
<td>04/18/15-04/18/15</td>
<td>08:00AM-05:00PM</td>
<td>M Chatman</td>
</tr>
<tr>
<td>EMS-1026-103CL</td>
<td>05/16/15-05/16/15</td>
<td>08:00AM-05:00PM</td>
<td>M Chatman</td>
</tr>
</tbody>
</table>

MEDICATION AIDE UPDATE – 8 HRS
This course is designed for individuals who hold a medication aide permit and need continuing education as mandated by the Texas Department of Aging and Disability Services. The purpose of this course is to maintain and enhance the competency of permitted medication aides to administer medications as specified in the Health and Safety Code, Chapter 242 Subchapter F and 40 TAC Chapter 25. The instructor will provide course materials.

**Cost:**
- **In district:** $65
- **Out of district:** $70

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Start Date</th>
<th>Time</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>NURA-2000-108CL</td>
<td>05/09/15-05/09/15</td>
<td>08:00AM-05:00PM</td>
<td>AHC 103</td>
<td>R McAninch</td>
</tr>
</tbody>
</table>

**Continuing Education Office**
Located in the Technical-Vocational Building, Room T-1475
Business Hours: Mon-Fri 8 a.m. – 5 p.m.
Phone: 409-933-8586
Fax: 409-933-8026
www.com.edu/ce
Visit us online at www.com.edu/ce.

**Open Enrollment in Lifelong Learning & 50 Plus Program**
SENR (Senior) trips are only available to students age 50 and older.
Extended travel trips are not limited to 50 or older.

**We’re In Your Neighborhood!**
The COM Learning Center – North County is located at 200 Parker Ct. in League City.
It offers allied health care programs, allied health professional development courses and day classes of the COM Fast-Track Real Estate Program.
Call 281-332-1800 for more information or visit www.com.edu/nc.
BRIDGE TO CREDIT

Business and Computer Technology Certificates

COM Continuing Education is partnering with the Business and Computer Technology Department to offer workforce courses that lead to entry-level employment and begin a pathway to continued higher education and job advancement. All certificates in this section duplicate credit certificates and upon completion provide a bridge for students to transition from a continuing education student to a degree-seeking student.

Students participating in the certificate programs on pages 12-15 will be enrolled in classes with credit students and are expected to complete all course objectives, take exams and meet attendance requirements. Students will receive a letter grade, which they may later apply toward a credit certificate or associate degree if certain requirements are met.

Upon successful completion of these courses and acceptance to College of the Mainland as a degree-seeking student, students may petition for credit for the courses identified in the certificates. To petition for credit, students must (1) complete at least six hours of college credit courses at College of the Mainland, (2) complete the Petition for Credit Form, which must be signed by the program faculty, appropriate dean, chief academic officer and registrar before credit is granted, and (3) provide documentation showing that the noncredit course is equivalent to a specified credit course that the College offers. Certain fees may apply.

Course descriptions are listed online in the College Catalog, www.com.edu/catalog. Course schedules for these classes are located on page 15-18.

Courses Leading to the Credit

<table>
<thead>
<tr>
<th>Administrative Support Certificate</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Course #</strong></td>
</tr>
<tr>
<td>POFT 2001</td>
</tr>
<tr>
<td>BUSIL 1001</td>
</tr>
<tr>
<td>BCISL 1005</td>
</tr>
<tr>
<td>BUSIL 1004</td>
</tr>
<tr>
<td>BMGT 1027</td>
</tr>
<tr>
<td>ACNT 1003</td>
</tr>
<tr>
<td>POFT 1019</td>
</tr>
<tr>
<td>BUSIL 2004</td>
</tr>
<tr>
<td><strong>TOTAL HOURS</strong></td>
</tr>
</tbody>
</table>

Bridge to Credit: Students successfully completing these courses are encouraged to consider completing the Associate of Applied Science in Business Administration with an Emphasis in Office Management.

Courses Leading to the Credit

<table>
<thead>
<tr>
<th>Professional Bookkeeper Certificate</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Course #</strong></td>
</tr>
<tr>
<td>BCISL 1005</td>
</tr>
<tr>
<td>POFT 1021</td>
</tr>
<tr>
<td>ACNT 1003</td>
</tr>
<tr>
<td>ACNT 1013</td>
</tr>
<tr>
<td>ACNT 1031</td>
</tr>
<tr>
<td>ACCTL 2001</td>
</tr>
<tr>
<td><strong>TOTAL HOURS</strong></td>
</tr>
</tbody>
</table>

Bridge to Credit: Students successfully completing these courses are encouraged to consider completing the Associate of Applied Science in Business Administration with an Emphasis in Accounting.
## Courses Leading to the Credit Entrepreneurship Certificate

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>CE Contact Hrs</th>
<th>Credit Hr Equivalent</th>
</tr>
</thead>
<tbody>
<tr>
<td>BUSIL 1001</td>
<td>Business Principles</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>BCISL 1005</td>
<td>Business Computer Applications</td>
<td>64</td>
<td>3</td>
</tr>
<tr>
<td>BUSIL 1004</td>
<td>Business Report Writing and Correspondence (Freshman Level Version)</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>POFT 1021</td>
<td>Business Math</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>BUSIL 2004</td>
<td>Business Report Writing and Correspondence (Sophomore Level Version)</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>ACNT 1003</td>
<td>Introduction to Accounting I</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>MRKG 1011</td>
<td>Principles of Marketing</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>BUSG 1015</td>
<td>Small Business Operations</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td><strong>TOTAL HOURS</strong></td>
<td></td>
<td><strong>400</strong></td>
<td><strong>24</strong></td>
</tr>
</tbody>
</table>

Bridge to Credit: Students successfully completing these courses are encouraged to consider completing the Associate of Applied Science in Business Administration with an Emphasis in Entrepreneurship.

## Courses Leading to the Credit Management Certificate

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>CE Contact Hrs</th>
<th>Credit Hr Equivalent</th>
</tr>
</thead>
<tbody>
<tr>
<td>BUSIL 1001</td>
<td>Business Principles</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>BCISL 1005</td>
<td>Business Computer Applications</td>
<td>64</td>
<td>3</td>
</tr>
<tr>
<td>BUSIL 1004</td>
<td>Business Report Writing and Correspondence (Freshman Level Version)</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>POFT 1021</td>
<td>Business Math</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>BUSIL 2004</td>
<td>Business Report Writing and Correspondence (Sophomore Level Version)</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>ACNT 1003</td>
<td>Introduction to Accounting I</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>HRPO 2001</td>
<td>Human Resource Management</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>BMGT 1027</td>
<td>Principles of Management</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td><strong>TOTAL HOURS</strong></td>
<td></td>
<td><strong>400</strong></td>
<td><strong>24</strong></td>
</tr>
</tbody>
</table>

Bridge to Credit: Students successfully completing these courses are encouraged to consider completing the Associate of Applied Science in Business Administration with an Emphasis in Management.

## Courses Leading to the Credit Marketing Certificate

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>CE Contact Hrs</th>
<th>Credit Hr Equivalent</th>
</tr>
</thead>
<tbody>
<tr>
<td>BUSIL 1001</td>
<td>Business Principles</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>BCISL 1005</td>
<td>Business Computer Applications</td>
<td>64</td>
<td>3</td>
</tr>
<tr>
<td>BUSIL 1004</td>
<td>Business Report Writing and Correspondence (Freshman Level Version)</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>POFT 1021</td>
<td>Business Math</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>BUSIL 2004</td>
<td>Business Report Writing and Correspondence (Sophomore Level Version)</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>ACNT 1003</td>
<td>Introduction to Accounting I</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>MRKG 1011</td>
<td>Principles of Marketing</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>MRKG 1001</td>
<td>Customer Relationship Management</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td><strong>TOTAL HOURS</strong></td>
<td></td>
<td><strong>400</strong></td>
<td><strong>24</strong></td>
</tr>
</tbody>
</table>

Bridge to Credit: Students successfully completing these courses are encouraged to consider completion of the Associate of Applied Science in Business Administration with an Emphasis in Marketing.
### Courses Leading to the Credit
#### Computer-Aided Drafting Certificate

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>CE Contact Hrs</th>
<th>Credit Hr Equivalent</th>
</tr>
</thead>
<tbody>
<tr>
<td>DFTG 1005</td>
<td>Technical Drafting</td>
<td>96</td>
<td>4</td>
</tr>
<tr>
<td>DFTG 1009</td>
<td>Basic Computer-Aided Drafting</td>
<td>96</td>
<td>4</td>
</tr>
<tr>
<td>DFTG 2019</td>
<td>Intermediate Computer-Aided Drafting</td>
<td>96</td>
<td>4</td>
</tr>
<tr>
<td>DFTG 2040</td>
<td>Solid Modeling/Design</td>
<td>96</td>
<td>4</td>
</tr>
<tr>
<td><strong>TOTAL HOURS</strong></td>
<td></td>
<td><strong>384</strong></td>
<td><strong>16</strong></td>
</tr>
</tbody>
</table>

Bridge to Credit: Students successfully completing these courses are encouraged to consider completion of the 2-D/3-D Modeling Certificate and/or Associate of Applied Science in Drafting.

### Courses Leading to the Credit
#### Graphic Design Certificate

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>CE Contact Hrs</th>
<th>Credit Hr Equivalent</th>
</tr>
</thead>
<tbody>
<tr>
<td>ARTSL 2013</td>
<td>Design Communication I</td>
<td>96</td>
<td>3</td>
</tr>
<tr>
<td>ARTSL 2014</td>
<td>Design Communication II</td>
<td>96</td>
<td>3</td>
</tr>
<tr>
<td>ARTC 1053</td>
<td>Computer Illustration</td>
<td>96</td>
<td>3</td>
</tr>
<tr>
<td>ARTC 1002</td>
<td>Digital Imaging I</td>
<td>96</td>
<td>3</td>
</tr>
<tr>
<td><strong>TOTAL HOURS</strong></td>
<td></td>
<td><strong>384</strong></td>
<td><strong>12</strong></td>
</tr>
</tbody>
</table>

Bridge to Credit: Students successfully completing these courses are encouraged to consider completion of the Advanced Web Design Certificate and/or Associate of Applied Science in Graphic Design/Web Design.

### Courses Leading to the Credit
#### SQL Server Database Fundamentals Certificate

The SQL Server Database Fundamentals Certificate teaches students the fundamentals of Microsoft SQL Server database administration. This certificate is the first in a sequence of three Microsoft SQL Server certificates offered at College of the Mainland.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>CE Contact Hrs</th>
<th>Credit Hr Equivalent</th>
</tr>
</thead>
<tbody>
<tr>
<td>COSCL 1001</td>
<td>Introduction to Computing</td>
<td>64</td>
<td>3</td>
</tr>
<tr>
<td>COSCL 1036</td>
<td>Programming Fundamentals I</td>
<td>64</td>
<td>3</td>
</tr>
<tr>
<td>ITSW 1007</td>
<td>Introduction to Database</td>
<td>64</td>
<td>3</td>
</tr>
<tr>
<td><strong>TOTAL HOURS</strong></td>
<td></td>
<td><strong>192</strong></td>
<td><strong>9</strong></td>
</tr>
</tbody>
</table>

National certification: Students successfully completing these courses are prepared to take the Microsoft Technology Associate (MTA) SQL Server Database Fundamentals Certification Exam.

Bridge to Credit: Students successfully completing these courses are encouraged to consider completion of the SQL Server Implementation and Maintenance Certificate and/or the SQL Server Database Development Certificate.
### Courses Leading to the Credit
Entry-Level Welding Certificate

<table>
<thead>
<tr>
<th>COURSE #</th>
<th>TITLE</th>
<th>CE CONTACT HRS</th>
<th>CREDIT HR EQUIVALENT</th>
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</thead>
<tbody>
<tr>
<td>WLDG 1025</td>
<td>Introduction to Oxy-Fuel Welding and Cutting</td>
<td>160</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 1021</td>
<td>Introduction to Welding Fundamentals</td>
<td>160</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 1034</td>
<td>Introduction to Gas Tungsten Arc (GTAW) Welding</td>
<td>160</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 1030</td>
<td>Introduction to Gas Metal Arc (GMAW) Welding</td>
<td>160</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 1057</td>
<td>Intermediate Shielded Arc Welding (SMAW)</td>
<td>160</td>
<td>4</td>
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<tr>
<td>WLDG 1035</td>
<td>Introduction to Pipe Welding</td>
<td>160</td>
<td>4</td>
</tr>
<tr>
<td><strong>TOTAL HOURS</strong></td>
<td></td>
<td><strong>960</strong></td>
<td><strong>24</strong></td>
</tr>
</tbody>
</table>

Bridge to credit: Students successfully completing these courses are encouraged to consider completing the Advanced Level Welding Certificate.

---

### Courses Leading to the Credit
Entry-Level Gas Shielded Pipe Welding Certificate

<table>
<thead>
<tr>
<th>COURSE #</th>
<th>TITLE</th>
<th>CE CONTACT HRS</th>
<th>CREDIT HR EQUIVALENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>WLDG 1021</td>
<td>Introduction to Welding Fundamentals</td>
<td>160</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 1030</td>
<td>Introduction to Gas Metal Arc (GMAW) Welding</td>
<td>160</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 1034</td>
<td>Introduction to Gas Tungsten Arc (GTAW) Welding</td>
<td>160</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 2051</td>
<td>Advanced Gas Tungsten Arc (GTAW) Welding</td>
<td>160</td>
<td>4</td>
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<tr>
<td>WLDG 2013</td>
<td>Welding Multiple Processes</td>
<td>160</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 1012</td>
<td>Introduction to Flux Cored Arc (FCAW) Welding</td>
<td>112</td>
<td>4</td>
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<tr>
<td><strong>TOTAL HOURS</strong></td>
<td></td>
<td><strong>912</strong></td>
<td><strong>24</strong></td>
</tr>
</tbody>
</table>

Bridge to credit: Students successfully completing these courses are encouraged to consider completing the Advanced Level Welding Certificate.

---

### Courses Leading to the Credit
Entry-Level Shielded Metal Arc Pipe Welding Certificate

<table>
<thead>
<tr>
<th>COURSE #</th>
<th>TITLE</th>
<th>CE CONTACT HRS</th>
<th>CREDIT HR EQUIVALENT</th>
</tr>
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<tbody>
<tr>
<td>WLDG 1025</td>
<td>Introduction to Oxy-Fuel Welding and Cutting</td>
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<td>WLDG 1021</td>
<td>Introduction to Welding Fundamentals</td>
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<td>Intermediate Shielded Metal Arc Welding (SMAW)</td>
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<td>Introduction to Pipe Welding</td>
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<td>Intermediate Pipe Welding</td>
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<td>WLDG 1034</td>
<td>Introduction to Gas Tungsten Arc (GTAW) Welding</td>
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<td><strong>TOTAL HOURS</strong></td>
<td></td>
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Bridge to credit: Students successfully completing these courses are encouraged to consider completing the Advanced Level Welding Certificate.
CONTINUING EDUCATION • SPRING 2015 SCHEDULE

All students enrolling in Internet (IN) or hybrid (HY) classes for the first time at College of the Mainland are required to successfully complete the free, two-hour Blackboard Online Learner Workshop prior to the start date of the course. See page 5 of this schedule for registration details. Students will be charged an additional $25 fee for each hybrid course and a $35 fee for each Internet course.

## ACCOUNTING AND BUSINESS

### PRINCIPLES OF FINANCIAL ACCOUNTING – 64 HRS

<table>
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### PRINCIPLES OF MANAGERIAL ACCOUNTING – 64 HRS

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### INTRODUCTION TO ACCOUNTING I – 48 HRS

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### COMPUTERIZED ACCOUNTING APPLICATIONS – 64 HRS

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### BUSINESS MATH – 48 HRS

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### INTERMEDIATE KEYBOARDING – 64 HRS

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### PRINCIPLES OF MANAGEMENT – 48 HRS

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### SMALL BUSINESS OPERATIONS – 48 HRS

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### BUSINESS PRINCIPLES – 48 HRS

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### BUSINESS REPORT WRITING/CORRESPONDENCE (FRESHMAN LEVEL) – 48 HRS

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### BUSINESS LAW – 48 HRS

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### BUSINESS REPORT WRITING/CORRESPONDENCE (SOPHOMORE LEVEL) – 48 HRS

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### HUMAN RESOURCES MANAGEMENT – 48 HRS

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### PRINCIPLES OF MARKETING – 48 HRS

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Want to become a drafter or brush up your drafting skills?

Discover more in hands-on classes:

- AutoCAD Civil 3D
- Autodesk Inventor 3D
- Basic AutoCAD
- Intermediate AutoCAD
- Architectural Commercial Drafting

See course offerings and start today.

For more information email Andrew Gregory at Agregory2@com.edu.
GRAPHIC ARTS

DIGITAL IMAGING I – 96 HRS
Cost: In district: $270 Out of district: $275
SYN: ARTC-1002-101CL 01/20/15-05/15/15 TTH
08:00AM-10:50AM TVB 1572 F O’Connor

COMPUTER ILLUSTRATION – 96 HRS
Cost: In district: $270 Out of district: $275
SYN: ARTC-1053-101HY 01/20/15-05/15/15 MW
11:00AM-12:20PM TVB 1572 C Jackson

WEB DESIGN I – 96 HRS
Cost: In district: $270 Out of district: $275
SYN: IMED-1016-101CL 01/20/15-05/15/15 TTH
12:30PM-03:20PM TVB 1572A F O’Connor

DESIGN COMMUNICATIONS I – 96 HRS
Cost: In district: $270 Out of district: $275
SYN: ARTSL-2013-101HY 01/20/15-05/15/15 MW
12:30PM-01:50PM TVB 1572 C Jackson

DESIGN COMMUNICATIONS II – 96 HRS
Cost: In district: $270 Out of district: $275
SYN: ARTSL-2014-101HY 01/20/15-05/15/15 TTH
11:00AM-12:20PM TVB 1572 C Jackson

WEB DEVELOPERS | MULTIMEDIA ARTIST | ANIMATORS | GRAPHIC DESIGNERS

Want to ...

Start a blog, edit photos, lay out a newsletter, develop a logo or design a Web page?

Discover how to use the Adobe Creative Suite, including Photoshop, Illustrator and InDesign, to create eye-catching designs.

Learn how to develop Web pages using WordPress, HTML, CSS and Dreamweaver.

See course offerings and start today.

For more information, call Coleena Jackson at 409-933-8535 or Freda O’Connor at 409-933-8254.

WELDING CLASSES

Through the Welding Technology Program, COM educates and prepares students with the technical skills required for this career field. The program curriculum is based on properties of metals, metal welding, brazing, flame-cutting, blueprint reading, electrical principles, welding symbols and mechanical drawing. The program includes entry-level skills in stick (SMAW), oxy-acetylene (GAS), gas shield arc (GTAW and MTAW) and flux-cored arc (FCAW) welding. There is a $200 supply fee per class and a one-time investment of approximately $150 for personal equipment.

INTRODUCTION TO WELDING FUNDAMENTALS – 160 HRS
Cost: In District: $270 Out of District: $275
SYN: WLDG-1021-121CL 01/21/15-05/13/15 MW
07:00AM-12:00PM WLD 010 D Miller
SYN: WLDG-1021-122CL 01/20/15-05/14/15 TTH
07:00AM-12:00PM WLD 010 V Woods
SYN: WLDG-1021-123CL 01/20/15-05/14/15 TTH
12:30PM-05:30PM WLD 010 R Brown
SYN: WLDG-1021-124CL 01/23/15-05/15/15 F
07:00AM-12:00PM WLD 010 R Brown
07:30PM-12:30PM WLD 010 R Brown
12:30PM-05:30PM WLD 010 R Brown

INTRODUCTION TO OXY-FUEL WELDING AND CUTTING – 160 HRS
Cost: In District: $270 Out of District: $275
SYN: WLDG-1025-121CL 01/21/15-05/13/15 MW
07:00AM-12:00PM WLD 010 D Miller
SYN: WLDG-1025-122CL 01/20/15-05/14/15 TTH
07:00AM-12:00PM WLD 010 V Woods
SYN: WLDG-1025-123CL 01/21/15-05/13/15 MW
12:30PM-05:30PM WLD 010 R Brown
SYN: WLDG-1025-124CL 01/23/15-05/15/15 F
07:00AM-12:00PM WLD 010 R Brown
12:30PM-05:30PM WLD 010 R Brown

INTRODUCTION TO GAS METAL ARC (MIG) WELDING – 160 HRS
Cost: In District: $270 Out of District: $275
SYN: WLDG-1030-121CL 01/20/15-05/15/15 TTH
07:00AM-12:00PM WLD 010 D Miller
SYN: WLDG-1030-122CL 01/21/15-05/13/15 MW
07:00AM-12:00PM WLD 010 V Woods
SYN: WLDG-1030-123CL 01/21/15-05/13/15 MW
12:30PM-05:30PM WLD 010 R Brown
SYN: WLDG-1030-124CL 01/20/15-05/14/15 TTH
05:32PM-10:32PM WLD 010 D Hertenberger
INTRODUCTION TO GAS TUNGSTEN ARC (TIG) WELDING – 160 HRS
Cost: In District: $270 Out of District: $275
SYN: WLDG-1034-121CL 01/20/15-05/14/15 TTH
07:00AM-12:00PM WLD 010 D Miller
SYN: WLDG-1034-122CL 01/21/15-05/13/15 MW
07:00AM-12:00PM WLD 010 V Woods
SYN: WLDG-1034-123CL 01/21/15-05/13/15 MW
12:30PM-05:30PM WLD 010 R Brown
SYN: WLDG-1034-123CL 01/20/15-05/14/15 TTH
05:32PM-10:32PM WLD 010 D Hertenberger

INTRODUCTION TO PIPE WELDING – 160 HRS
Cost: In District: $270 Out of District: $275
SYN: WLDG-1035-121CL 01/21/15-05/13/15 MW
07:00AM-12:00PM WLD 010 D Miller
SYN: WLDG-1035-122CL 01/20/15-05/14/15 TTH
07:00AM-12:00PM WLD 010 V Woods
SYN: WLDG-1035-123CL 01/20/15-05/14/15 TTH
12:30PM-05:30PM WLD 010 R Brown
SYN: WLDG-1035-124CL 01/23/15-05/15/15 F
07:00AM-12:00PM WLD 010 R Brown
07:00AM-12:00PM WLD 010 R Brown
12:30PM-05:30PM WLD 010 R Brown

INTERMEDIATE SHIELDED METAL ARC WELDING (SMAW) – 160 HRS
Cost: In District: $270 Out of District: $275
SYN: WLDG-1057-121CL 01/21/15-05/13/15 MW
07:00AM-12:00PM WLD 010 D Miller
SYN: WLDG-1057-122CL 01/20/15-05/14/15 TTH
07:00AM-12:00PM WLD 010 V Woods
SYN: WLDG-1057-123CL 01/20/15-05/14/15 TTH
12:30PM-05:30PM WLD 010 R Brown
SYN: WLDG-1057-221CL 01/21/15-05/13/15 MW
05:32PM-10:32PM WLD 010 R Spivey
SYN: WLDG-1057-124CL 01/23/15-05/15/15 F
07:00AM-12:00PM WLD 010 R Brown
07:00AM-12:00PM WLD 010 R Brown
12:30PM-05:30PM WLD 010 R Brown

INTERMEDIATE PIPE WELDING – 160 HRS
Cost: In District: $270 Out of District: $275
SYN: WLDG-2006-121CL 01/21/15-05/13/15 MW
07:00AM-12:00PM WLD 010 D Miller
SYN: WLDG-2006-122CL 01/20/15-05/14/15 TTH
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SYN: WLDG-2006-221CL 01/21/15-05/13/15 MW
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SYN: WLDG-2006-124CL 01/23/15-05/15/15 F
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12:30PM-05:30PM WLD 010 R Brown

WELDING MULTIPLE PROCESSES – 160 HRS
Cost: In District: $270 Out of District: $275
SYN: WLDG-2013-121CL 01/21/15-05/13/15 MW
07:00AM-12:00PM WLD 010 V Woods
SYN: WLDG-2013-123CL 01/21/15-05/13/15 MW
12:30PM-05:30PM WLD 010 R Brown
SYN: WLDG-2013-221CL 01/20/15-05/14/15 TTH
05:32PM-10:32PM WLD 010 D Hertenberger

ADVANCED GAS TUNGSTEN ARC (GTAW) WELDING – 160 HRS
Cost: In District: $270 Out of District: $275
SYN: WLDG-2051-121CL 01/20/15-05/14/15 TTH
07:00AM-12:00PM WLD 010 D Miller
SYN: WLDG-2051-122CL 01/21/15-05/13/15 MW
07:00AM-12:00PM WLD 010 V Woods
SYN: WLDG-2051-123CL 01/21/15-05/13/15 MW
07:00AM-12:00PM WLD 010 R Brown
SYN: WLDG-2051-221CL 01/20/15-05/14/15 TTH
05:32PM-10:32PM WLD 010 D Hertenberger

INTRODUCTION TO FLUX CORE WELDING – 160 HRS
Cost: In District: $270 Out of District: $275
SYN: WLDG-1012-121CL 01/20/15-05/14/15 TTH
07:00AM-12:00PM WLD 010 D Miller
SYN: WLDG-1012-122CL 01/21/15-05/13/15 MW
07:00AM-12:00PM WLD 010 V Woods
SYN: WLDG-1012-123CL 01/21/15-05/13/15 MW
07:00AM-12:00PM WLD 010 R Brown
SYN: WLDG-1012-221CL 01/20/15-04/14/15 TTH
05:32PM-09:00PM WLD 010 D Hertenberger
In one semester, students in this program prepare for careers as real estate agents, who have an average annual salary of $53,100 according to the Bureau of Labor Statistics. All classes are offered in one-week sessions. Classes are held Monday through Thursday, 8:30 a.m. to 4 p.m. and Friday, 8:30 a.m. to 12:30 p.m., at the COM Learning Center –North County located in League City at 200 Parker Ct. at FM 518.

The Texas Real Estate Commission requires students to complete 180 classroom hours before taking the Texas Real Estate Salesperson Exam. Six courses are mandatory: Real Estate Principles I, Real Estate Principles II, Real Estate Law of Agency, Real Estate Law of Contracts, Real Estate Finance and Texas Real Estate Promulgated Contracts and Forms.

### REAL ESTATE CERTIFICATE

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<td>Real Estate Principles II</td>
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<td>RELE 2001</td>
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<td>RELE 1019</td>
<td>Real Estate Finance</td>
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<td>RELE 1000</td>
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### REAL ESTATE PRINCIPLES I – 32 HRS
- **Cost:** In district: $150  Out of district: $155
- **SYN:** 7976 RELE-1001-140CL
- **MTWTH:** 08:30AM-04:00PM
- **M Privratsky:**
- **F:** 08:30AM-12:30PM

### REAL ESTATE PRINCIPLES II – 32 HRS
- **Cost:** In district: $150  Out of district: $155
- **SYN:** 7977 RELE-1038-140CL
- **MTWTH:** 08:30AM-04:00PM
- **M Privratsky:**
- **F:** 08:30AM-12:30PM

### REAL ESTATE LAW OF AGENCY – 32 HRS
- **Cost:** In district: $150  Out of district: $155
- **SYN:** 7978 RELE-2001-140CL
- **MTWTH:** 08:30AM-04:00PM
- **COM Faculty:**
- **F:** 08:30AM-12:30PM

### REAL ESTATE CONTRACTS – 32 HRS
- **Cost:** In district: $150  Out of district: $155
- **SYN:** 7979 RELE-1011-140CL
- **MTWTH:** 08:30AM-04:00PM
- **COM Faculty:**
- **F:** 08:30AM-12:30PM

### REAL ESTATE FINANCE – 32 HRS
- **Cost:** In district: $150  Out of district: $155
- **SYN:** 7980 RELE-1019-140CL
- **MTWTH:** 08:30AM-04:00PM
- **M Privratsky:**
- **F:** 08:30AM-12:30PM

### REAL ESTATE PROMULGATED CONTRACTS AND FORMS – 32 HRS
- **Cost:** In district: $150  Out of district: $155
- **SYN:** 7981 RELE-1000-140CL
- **MTWTH:** 08:30AM-04:00PM
- **M Privratsky:**
- **F:** 08:30AM-12:30PM

### REAL ESTATE EXAM REVIEW – 16 HRS
- **Cost:** In district: $80  Out of district: $85
- **SYN:** 7983 RELE-1058-140CL
- **FS:** 09:00AM-05:00PM
- **M Privratsky:**

State certification: Students successfully completing these courses will be prepared to take the Texas Real Estate Salesperson Exam.
INDUSTRIAL TRADE CAREERS

Heating, Ventilation and Air-Conditioning Certificate

RECOMMENDED COURSE SEQUENCE
(Select classes will be offered each semester.)

COM’s Heating, Ventilation and Air-Conditioning Program, which can be completed in less than a year, prepares students for a successful career as an HVAC mechanic. A growing career, HVAC mechanics work with systems in commercial offices, industrial complexes, manufacturing plants, homes, restaurants and hotels. The need for qualified HVAC mechanics and installers in the Gulf Coast region is anticipated to grow 34 percent by 2018. The median hourly wage is $20.04, with entry-level positions starting below that rate. (Source: Workforce Solutions, 2013) Financial assistance may be available (see page 6). Textbook not included.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>HART 1038</td>
<td>Air-Conditioning, Level I</td>
<td>96</td>
</tr>
<tr>
<td></td>
<td>This course introduces students to HVAC terminology, tools and skills. The instructor will discuss basic HVAC principles and guide students in hands-on activities.</td>
<td></td>
</tr>
<tr>
<td>HART 1005</td>
<td>Air-Conditioning, Level II</td>
<td>96</td>
</tr>
<tr>
<td></td>
<td>Students will discover how to apply air-conditioning principles and will learn about air properties, routine maintenance, thermodynamics and compressors. Students will learn to correctly measure AC and DC electrical circuits as well as air properties and distribution.</td>
<td></td>
</tr>
<tr>
<td>HART 2036</td>
<td>Air-Conditioning, Level III</td>
<td>48</td>
</tr>
<tr>
<td></td>
<td>This is an advanced course demonstrating troubleshooting principles. Students learn to use test instruments to conduct performance tests and to diagnose problems in air-conditioning and refrigeration components and systems.</td>
<td></td>
</tr>
<tr>
<td>HART 1043</td>
<td>EPA Course and Test</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Federal regulations require that those who work with regulated refrigerants be certified. This course will provide intensive training to update students’ knowledge and/or skills in preparation for the certification exam, which verifies that students have an understanding of Section 608 of the Federal Clean Air Act of 1990.</td>
<td></td>
</tr>
</tbody>
</table>

TOTAL HOURS 250

AIR-CONDITIONING, LEVEL I – 96 HRS
Cost: In District: $570 Out-of-District: $575
SYN: 8164 HART-1038-220CL 01/21/15-05/18/15 MW 07:00PM-10:00PM GCSI 117 R Bird

AIR-CONDITIONING, LEVEL II – 96 HRS
Cost: In District: $570 Out-of-District: $575
SYN: 8165 HART-1005-220CL 01/20/15-05/14/15 TTH 07:00PM-10:00PM GCSI 117 R Bird

AIR-CONDITIONING, LEVEL III – 48 HRS
Cost: In District: $345 Out-of-District: $350
SYN: 8166 HART-2036-220CL 01/21/15-05/18/15 MW 05:30PM-07:00PM GCSI 117 R Bird

EPA COURSE AND TEST – 10 HRS
Cost: In District: $185 Out-of-District: $190
SYN: 8167 HART-1043-122CL 01/24/15-01/31/15 S 08:00AM-01:00PM GCSI 113 R Bird
SYN: 8169 HART-1043-123CL 05/09/15-05/16/15 S 08:00AM-01:00PM GCSI 113 R Bird

R410A COURSE AND TEST – 10 HRS
Federal regulations require that those who work with regulated refrigerants be certified. The certification exam verifies that the person has read and understands the requirements of the Federal Clean Air Act.
Cost: In District: $185 Out-of-District: $190
SYN: 8168 HART-1091-120CL 03/07/15-03/14/15 S 08:00AM-01:00PM GCSI 113 R Bird

TEXAS LABOR MARKET INFORMATION
Texas Employment 2010.............................. 24,050
Projected Texas Employment 2020 .................. 30,760
Absolute Change 2010 - 2020.......................... 6,710
Percent Change 2010 - 2020.......................... 27.90%
Average Hourly Wage 2012............................ $19.55
Average Openings per year due to Replacement ...... 425
Average Openings per year due to Growth........... 670

http://socrates.cdr.state.tx.us/
COM’s program prepares students for a wide variety of duties, such as preventative maintenance, making machinery adjustments and repairing equipment using blueprints, sketches, diagrams and a variety of tools. Employment can be found in a variety of industrial settings such as petrochemical, energy exploration, manufacturing and productions, machine shop, power plants and construction sites. The need for qualified mechanical maintenance technicians (also referred to as industrial machinery mechanic, maintenance worker or millwright) in the Gulf Coast region is anticipated to grow by 41.5 percent by 2020. The median hourly wage is $23.23, with entry-level positions starting below that rate. (Source: Workforce Solutions, 2014) Financial assistance may be available (see page 6). Textbook not included.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>INMT 1005</td>
<td>Introduction to Industrial Maintenance</td>
<td>65</td>
</tr>
<tr>
<td>TECM 1001</td>
<td>Industrial Mathematics</td>
<td>65</td>
</tr>
<tr>
<td>POFT 1006</td>
<td>Job Search and Employment Skills</td>
<td>40</td>
</tr>
<tr>
<td>MCHN 1002</td>
<td>Print Reading for Machine Trades and Rigging</td>
<td>65</td>
</tr>
<tr>
<td>WLDG 1021</td>
<td>Metallurgy and Welding Fundamentals</td>
<td>65</td>
</tr>
<tr>
<td>MCHN 1038</td>
<td>Basic Machine Shop I</td>
<td>65</td>
</tr>
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**TOTAL HOURS**: 365

**INDUSTRIAL MAINTENANCE, INTRODUCTION – 65 HRS**

<table>
<thead>
<tr>
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<th>Out of district: $480</th>
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<td>01/20/15-03/12/15</td>
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<td>01:00PM-05:00PM</td>
<td>AUD 005</td>
</tr>
<tr>
<td>SYN: 8191 INMT-1005-220CL</td>
<td>01/20/15-03/12/15</td>
</tr>
<tr>
<td>06:00PM-10:00PM</td>
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<tr>
<td>SYN: 8239 INMT-1005-221CL</td>
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</tr>
<tr>
<td>06:00PM-10:00PM</td>
<td>AUD 005</td>
</tr>
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**INDUSTRIAL MATHEMATICS – 65 HRS**

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<td>03/31/15-05/21/15</td>
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<tr>
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<td>AUD 017</td>
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<tr>
<td>SYN: 8241 TECM-1001-221CL</td>
<td>03/31/15-05/21/15</td>
</tr>
<tr>
<td>06:00PM-10:00PM</td>
<td>AUD 007</td>
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**PRINT READING FOR MACHINE TRADES AND RIGGING – 65 HRS**

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<thead>
<tr>
<th>Cost: In district: $475</th>
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<td>SYN: 8186 MCHN-1002-120CL</td>
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<tr>
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**METALLURGY AND WELDING FUNDAMENTALS – 65 HRS**

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<th>Cost: In district: $475</th>
<th>Out of district: $480</th>
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<tr>
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<td>03/31/15-05/21/15</td>
</tr>
<tr>
<td>01:00PM-05:00PM</td>
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<tr>
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<td>03/31/15-05/21/15</td>
</tr>
<tr>
<td>06:00PM-10:00PM</td>
<td>AUD 005</td>
</tr>
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</table>

**MACHINE SHOP, BASIC I – 65 HRS**

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<tr>
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<th>Out of district: $480</th>
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<tr>
<td>SYN: 8184 MCHN-1038-120CL</td>
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<td>01:00PM-05:00PM</td>
<td>AUD 017</td>
</tr>
<tr>
<td>SYN: 8189 MCHN-1038-220CL</td>
<td>01/26/15-03/25/15</td>
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<tr>
<td>06:00PM-10:00PM</td>
<td>AUD 012</td>
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<tr>
<td>SYN: 8245 MCHN-1038-221CL</td>
<td>03/30/15-05/20/15</td>
</tr>
<tr>
<td>06:00PM-10:00PM</td>
<td>AUD 012</td>
</tr>
</tbody>
</table>

**TEXAS LABOR MARKET INFORMATION**

- Texas Employment: 31,020
- Projected Texas Employment 2020: 43,480
- Absolute Change 2010 - 2020: 12,460
- Percent Change 2010 - 2020: 40.20%
- Average Hourly Wage 2012: $23.04
- Average Openings per year due to Replacement: 595
- Average Openings per year due to Growth: 1,245
Mechanical Maintenance Technician, Intermediate Certificate

REQUIRED COURSE SEQUENCE
Prerequisite: Basic Mechanical Maintenance Technician Certificate
Textbook not included

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>MCHN 2005</td>
<td>Millwright III – Bearings, Seals and Couplings</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course is an introduction to bearings and seals. It focuses on the design and installation of seals, bearings and couplings. Prerequisites: Basic MMT Certificate</td>
<td></td>
</tr>
<tr>
<td>MCHN 2007</td>
<td>Millwright IV – Lubrication, Valves and Pumps</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course is a study in the recognition and application of various types of pumps. It will focus on troubleshooting, repairing and installing pumps. Prerequisites: Basic MMT Certificate</td>
<td></td>
</tr>
<tr>
<td>MCHN 2012</td>
<td>Millwright V – Gear Boxes, Chain and Belt Drives</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course teaches the recognition and application of gearboxes, and it reviews drive installations using chain and belt drives. This course will focus on troubleshooting, repairing and installing gearboxes, chain drives and belt drives. Prerequisites: Basic MMT Certificate</td>
<td></td>
</tr>
<tr>
<td>INMT 2003</td>
<td>Pumps, Compressors and Mechanical Drives</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>Students will study the theory and operations of various types of pumps and compressors. Topics include mechanical power transmission systems including gears, v-belts and chain drives. Prerequisites: Basic MMT Certificate</td>
<td></td>
</tr>
</tbody>
</table>

TOTAL HOURS: 260

MILLWRIGHT V – GEARBOXES, CHAIN DRIVES AND BELT DRIVES – 65 HRS

Cost: In district: $475 Out of district: $480
SYN: 8190 MCHN-2012-220CL 01/26/15-03/25/15 MW 06:00PM-10:00PM AUD 017 COM Faculty

MILLWRIGHT III – BEARINGS, SEALS AND COUPLINGS – 65 HRS

Cost: In district: $475 Out-of-District: $480
SYN: 8246 MCHN-2005-220CL 03/31/15-05/21/15 TTH 06:00PM-10:00PM AUD 017 COM Faculty

MILLWRIGHT IV – LUBRICATION, VALVES AND PUMPS – 65 HRS

Cost: In district: $475 Out of district: $480
SYN: 8247 MCHN-2007-220CL 03/30/15-05/20/15 MW 06:00PM-10:00PM AUD 017 COM Faculty

Mechanical Maintenance Technician, Advanced Certificate

REQUIRED COURSE SEQUENCE
Prerequisites: Basic and Intermediate Mechanical Maintenance Technician Certificates
Textbook not included

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>MCHN 2014</td>
<td>Millwright VI – Reciprocating, Centrifugal Compressors and Blowers</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course is a study of the design, operation and application of fans, blowers and compressors. Topics will emphasize the relationships and differences between types of pneumatic equipment as well as troubleshooting, repairing and installing fans, blowers and compressors. Prerequisites: Basic and Intermediate MMT Certificates</td>
<td></td>
</tr>
<tr>
<td>MCHN 2016</td>
<td>Millwright VII – Turbines</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course is a study in the operational principles of turbines, the types of turbines and the troubleshooting and repair of turbine equipment. The course will also review the installation of turbine systems. Prerequisites: Basic and Intermediate MMT Certificates</td>
<td></td>
</tr>
<tr>
<td>MCHN 2018</td>
<td>Millwright VIII – Alignment and Vibration</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course is an introduction to equipment alignment techniques and procedures. The course will focus on skill development in collinear alignment using both the conventional method of alignment and the reverse dial indicator method. This course will also introduce the student to laser shaft alignment. Prerequisites: Basic and Intermediate MMT Certificates</td>
<td></td>
</tr>
</tbody>
</table>

TOTAL HOURS: 195

INEOS HIRES COM STUDENTS BEFORE GRADUATION

Read Lupe Camacho’s story on page 52.
Machinist Certificate

RECOMMENDED COURSE SEQUENCE
Prerequisite: Mechanical Maintenance Technician, Basic Certificate
Textbook not included

COM’s program prepares students for employment utilizing machine tools, such as lathes, milling machines and grinders to produce precision metal parts. Machinist work from blueprints, sketches or computer-aided design (CAD), and computer-aided manufacturing (CAM) files to set up, operate and disassemble manual, automatic and computer-controlled (CNC) machine tools. Employment can be found in a variety of industrial settings such as petrochemical, energy exploration, manufacturing and productions, machine shop, power plants and construction sites. The need for qualified machinists in the Gulf Coast region is anticipated to grow by 25.3 percent by 2020. The median hourly wage is $18.95, with entry-level positions starting below that rate. (Source: Workforce Solutions, 2014) Financial assistance may be available (see page 6). Textbook is not included.

$347,210 in Equipment for Mechanical Program

Lathes, mills, rigging equipment and more add up to $347,210 in new equipment for College of the Mainland students training to become mechanical maintenance technicians. The college purchased the equipment after receiving the Jobs and Education for Texas (JET) Grant, awarded to COM and other community and technical colleges in Texas following a review process.

“We believe in training students on equipment that the students can expect on the job,” said Director of CE Industrial Workforce Programs Laura Baumgartner. “The experience they learn on these pieces of equipment will result in them obtaining three certificates that are in high demand; mechanical maintenance technician basic, intermediate and advance certificates. This high-skill, high-demand jobs have a median pay of $23.23 per hour according to the Texas Workforce Commission data.”

Receiving the JET Grant was possible through the industry support of A&A Machine and Fabrication LLC, Ashland Chemical Inc., BP Chemicals, CB&I, INEOS, Marathon and Universal Plant Services. Each company provided letters of support to the state for this grant. “Our relationships with the industries are valuable; we could not have received this grant without their support,” said Baumgartner.
Prepare to enter a field with growing opportunities with COM’s Welding Technology Program. Area plants are investing billions of dollars in capital improvements, and COM provides training that supports industry demands. Employment can be found in a variety of industrial settings such as the oil and gas industry, energy exploration, power plants and construction. The need for qualified welders in the Gulf Coast region is anticipated to grow by 26.7 percent by 2020. The median hourly wage is $17.53 with entry-level positions starting below that rate. (Source: Workforce Solutions, 2014)

COM’s program prepares a student completing the Welding, Multiple Processes class to be hired as a welder SMAW (shielded metal arc welding) helper/tacker. Students completing three classes may be hired as a structural welder (SMAW), while students completing five classes may be hired as a pipe welder (SMAW). There is a $200 supply fee per class and a one-time investment of approximately $150 for personal equipment. Financial assistance may be available (see page 6).

**WELDING, MULTIPLE PROCESSES – 112 HRS**

**Cost:**
- In district: $500
- Out of district: $505

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Hours</th>
<th>Instructor(s)</th>
</tr>
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<tbody>
<tr>
<td>WLDG-1007-234CL</td>
<td>01/20/15-03/09/15</td>
<td>MTWTH</td>
<td>K Phillips/C Ray</td>
</tr>
<tr>
<td>WLDG-1007-107CL</td>
<td>02/20/15-02/12/15</td>
<td>MTWTH</td>
<td>D Miller/V Woods</td>
</tr>
<tr>
<td>WLDG-1007-200CL</td>
<td>03/23/15-05/07/15</td>
<td>MTWTH</td>
<td>R Brown</td>
</tr>
<tr>
<td>WLDG-1007-130CL</td>
<td>04/20/15-05/13/15</td>
<td>MTWTH</td>
<td>D Miller/V Woods</td>
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<tr>
<td>WLDG-1007-134CL</td>
<td>02/16/15-03/11/15</td>
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<td>WLDG-1007-138CL</td>
<td>05/18/15-06/05/15</td>
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<td>WLDG-1007-255CL</td>
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<td>05/18/15-07/06/15</td>
<td>MTWTH</td>
<td>R Brown/V Woods</td>
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</table>

**ED2GO Online Courses**

**Online Courses Include:**
- **Expert Instructor**
- **24-Hour Access**
- **Online Discussion Areas**
- **6 Weeks of Instruction**
- **Hundreds of courses to choose from**
- **New sessions begin each month**

**Online Courses are:**
- informative, fun, convenient, and highly interactive.
- Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, six-week format, supplementary links, and more.

You can complete any course entirely from your home or office, any time of the day or night.

Courses Start as Low as: **$103**

Call 409-933-8586 for more information about ED2GO classes and to register.
PUBLIC SERVICE CAREERS

EMRS RECERTIFICATION – 48 HRS
Students will review the theory and skills necessary to meet national and/or state requirements for remediation or recertification as an emergency medical technician (EMT). This course meets the current Texas Department of State Health Services (DSHS) requirements for recertification of EMS personnel in adherence with the National EMS Education Standards. Contact Julianne Duncan at 409-933-8198 for prior approval before registering for this course.

The class covers 48 continuing education hours (or one-on-one skills testing for those between one and 90 days late for DSHS recertification).

Cost:
- In district: $150
- Out of district: $155

SYN: 8037 EMSP-1030-201CL
01/20/15-05/08/15
PSC 119 J Duncan

FIRE TECHNOLOGY
All students enrolling in Internet (IN) or hybrid (HY) classes for the first time at College of the Mainland are required to successfully complete the free, two-hour Blackboard Online Learner Workshop prior to the start date of the course. See page 5 of this schedule for registration details. Students will be charged an additional $25 fee for each hybrid course and a $35 fee for each Internet course.

FIRS 2000, TCFP Continuing Education
This Internet course is a customized training program for students who need continuing education hours to maintain certification with the Texas Commission on Fire Protection (TCFP). Curriculum may be designed to include the specific categories of training required by the TCFP for individuals to maintain certification.

Contact Danny McLerran, COM director of fire technology, at 409-933-8378 or dmclerran@com.edu for information.

Cost: $60

FIRE INSTRUCTOR III – 64 HRS
Internet course: This course satisfies curriculum requirements for Texas Commission on Fire Protection Fire Instructor III certification. Student successfully completing the course will be eligible to test for Fire Instructor III certification. Students must attend labs to complete TCFP skills in the presence of a field examiner. Labs are TBA and will be listed in the course schedule. Students must also pay TCFP testing and certification fees. Contact Danny McLerran for more information at 409-933-8378 or dmclerran@com.edu.

Cost:
- In district: $185
- Out of district: $190

SYN: 8031 FIRT-2059-001IN
01/20/15-04/03/15
INTERNET D McLerran

FIREFIGHTER CERTIFICATION I – 98 HRS
This course is part a series of five courses in the Firefighter I Academy. The Firefighter I Academy is a 12-week program that satisfies curriculum requirements for the Texas Commission on Fire Protection Firefighter I. Students successfully completing the program will be eligible to take the TFCP certification examination for Firefighter I. Students will be required to attend class and complete course materials online. Students must enroll in FIRS 1401, FIRS 1407, FIRS 1313, FIRT 1319 and FIRS 1323. Students may enroll in this course only by authorization of the director of fire technology after submitting an application and medical physical form. Download the application from www.com.edu/fire-technology/academy.php or collect it from the administrative assistant at the COM Public Service Careers Building. For more information contact Danny McLerran at 409-933-8378 or dmclerran@com.edu.

Cost:
- In district: $225
- Out of district: $230

SYN: 8032 FIRS-1001-203CL
02/16/15-05/15/15
MW 06:00PM-10:00PM/PSC 120 S Kozowski

08:00AM-05:00PM

FIREFIGHTER CERTIFICATION II – 96 HRS
This course is part a series of five courses in the Firefighter I Academy.

Cost:
- In district: $245
- Out of district: $250

SYN: 8033 FIRS-1007-203CL
02/16/15-05/15/15
MW 06:00PM-10:00PM/PSC 120 S Kozowski

08:00AM-05:00PM

FIREFIGHTER CERTIFICATION III – 80 HRS
This course is part a series of five courses in the Firefighter I Academy.

Cost:
- In district: $200
- Out of district: $205

SYN: 8034 FIRS-1013-203CL
02/16/15-05/15/15
MW 06:00PM-10:00PM/PSC 120 S Kozowski

08:00AM-05:00PM

FIREFIGHTER CERTIFICATION IV – 80 HRS
This course is part a series of five courses in the Firefighter I Academy.

Cost:
- In district: $200
- Out of district: $205

SYN: 8035 FIRS-1019-203CL
02/16/15-05/15/15
MW 06:00PM-10:00PM/PSC 120 S Kozowski

08:00AM-05:00PM

FIREFIGHTER CERTIFICATION V – 96 HRS
This course is part a series of five courses in the Firefighter I Academy.

Cost:
- In district: $480
- Out of district: $485

SYN: 8036 FIRS-1023-203CL
02/16/15-05/15/15
MW 06:00PM-10:00PM/PSC 120 D McLerran

08:00AM-05:00PM
SECURITY AND LOSS PREVENTION

COMMISSIONED SECURITY OFFICER – 40 HRS
This course provides required training to carry firearms for private security employment. Training consists of TCPS Levels II and III, which cover the role of the security officer, legal power and authority for arrest, search, and use of force, professionalism, leadership, ethical conduct, written documentation, emergency situation conflict resolution and Commission rules and regulations. Students must pass written exams and demonstrate proficiency with a handgun and shotgun. Successful completion of the course will provide initial certification through the Texas Commission on Private Security in order to recertify as a commissioned security officer. Training must take place within the last 90 days prior to the expiration date of the commission. Call 409-933-8285 for more information.

Cost:  In district: $260  Out of district: $265
SYN: 8020 SLP 02/16/15-02/20/15 MTWTHF
08:00AM-05:00PM PSC 116 COM Faculty
SYN: 8021 SLP 03/02/15-03/13/15 MTWTHF
06:00PM-10:00PM PSC 116 COM Faculty
SYN: 8022 SLP 04/13/15-04/17/15 MTWTHF
08:00AM-05:00PM PSC 116 COM Faculty

SECURITY CLASSROOM INSTRUCTOR – 40 HRS
This course complies with mandated TCLEO training standards for the issuance of a classroom instructor license. Course curriculum is taken directly from the TCLOE Basic Instructor Course. Topics include the adult learning process, factors affecting adult learning, four phases of teaching/learning process, learning objectives and their proper use, lesson plan preparation, methods of instruction, techniques for developing tests and evaluations, and the use of instructional media.

Cost:  In district: $150  Out of district: $155
SYN: 8028 SLP 03/23/15-03/27/15 MTWTHF
08:00AM-05:00PM PSC 116 R Williamson

SECURITY FIREARMS INSTRUCTOR – 40 HRS
This course complies with mandated TCOLE training standards for the issuance of a firearm instructor license. Topics include instruction methodology, weapons handling, weapons maintenance, course of fire development, range development and exposure to airborne lead dust. Prerequisite: Each student must shoot three courses of fire (revolver/pistol/shotgun) on the first day and obtain a minimum score of 90 percent (two attempts). A student unable to achieve 90 percent will not be allowed to participate in the course at this time, and no refund will be issued. Each student must provide a letter on letterhead confirming current employment or designation by an agency chief administrator or academy coordinator as a firearms instructor. Students must be at least 21. Tuition includes all necessary professional standard ammunition, range fees, target supplies, weapon-cleaning supplies and a notebook.

Cost:  In district: $450  Out of district: $455
SYN: 8029 SLP 05/11/15-05/15/15 MTWTHF
08:00AM-05:00PM FIR 107 COM Faculty

SECURITY FIREARMS REQUALIFICATION – 7 HRS
This course provides training for the every-two-years firearms requalification and continuing education training mandated by the Texas Commission on Private Security in order to recently as a commissioned security officer. Training must take place within the last 90 days prior to the expiration date of the commission. Call 409-933-8285 for more information.

Cost:  In district: $65  Out of district: $70
SYN: 8023 SLP 01/23/15-01/23/15 F
08:00AM-03:00PM FIR 107 COM Faculty
SYN: 8024 SLP 02/27/15-02/27/15 F
08:00AM-03:00PM FIR 107 COM Faculty
SYN: 8025 SLP 03/27/15-03/27/15 F
08:00AM-03:00PM FIR 107 COM Faculty
SYN: 8026 SLP 04/24/15-04/24/15 F
08:00AM-03:00PM FIR 107 COM Faculty
SYN: 8027 SLP 05/22/15-05/22/15 F
08:00AM-03:00PM FIR 107 COM Faculty
LAW ENFORCEMENT

BASIC PEACE OFFICER I – 152 HRS
This course introduces fitness and wellness, the history of the U.S. Constitution and Bill of Rights, criminal justice system, Texas Penal Code, Texas Code of Criminal Procedure, civil process and stress management. This course is taken with Basic Peace Officer II, III, IV and V. Students must complete an application packet from the Public Services Careers Building or at www.com.edu/law-enforcement at least eight weeks prior to the start of the academy.

Cost:  In district: $300  Out of district: $305
SYN: 8038 CJLE-1006-201CL  02/02/15-10/21/15  MTWTHF
06:00PM-10:00PM  PSC 117  COM Faculty

BASIC PEACE OFFICER II – 165 HRS
This course covers field note taking, report writing, use of force, problem solving, multiculturalism, professionalism, patrol procedures, victims of crimes, family violence, MHMR, crowd control, HazMat and criminal investigation. This course is taken with Basic Peace Officer I, III, IV and V.

Cost:  In district: $300  Out of district: $305
SYN: 8040 CJLE-1012-201CL  02/02/15-10/21/15  MTWTHF
06:00PM-10:00PM  PSC 117  R Williamson

BASIC PEACE OFFICER III – 165 HRS
This course covers laws pertaining to controlled substances, crowd control, personal property and crime scene investigation. This course is taken with Basic Peace Officer I, II, IV and V.

Cost:  In district: $300  Out of district: $305
SYN: 8041 CJLE-1018-201CL  02/02/15-10/21/15  MTWTHF
06:00PM-10:00PM  PSC 117  R Williamson

BASIC PEACE OFFICER IV – 168 HRS
This course covers laws related to police fieldwork. Topics include the Texas Transportation Code, Texas Penal Code, Texas Family Code, TABC Civil Liability, elements of crimes and intoxicated drivers. It also includes techniques and procedures police officers use on patrol. This course is taken with Basic Peace Officer I, II, III and V.

Cost:  In district: $300  Out of district: $305
SYN: 8042 CJLE-1024-201CL  02/02/15-10/21/15  MTWTHF
06:00PM-10:00PM  PSC 117  COM Faculty

BASIC PEACE OFFICER V – 120 HRS
This course requires the demonstration and practice peace officer skills, including patrol, driving, traffic stops, use of force, mechanics of arrest, firearm safety and emergency medical care. It also includes techniques and procedures used by police officers on patrol. This course is taken in conjunction with Basic Peace Officer I, II, III and IV.

Cost:  In district: $300  Out of district: $305
SYN: 8043 CJLE-1029-201CL  02/02/15-10/21/15  MTWTHF
06:00PM-10:00PM  PSC 117  COM Faculty

BASIC POLICE OFFICER

The Basic Peace Officer Academy (769 hours) provides graduates the necessary basic training to obtain a position as a police officer, constable, deputy sheriff or any other licensed peace officer position within the state of Texas.

The night academy is designed for students who are employed full-time. All courses must be taken together and successfully passed for the graduate to test for state licensure.

Potential cadets must be fingerprinted no later than Jan. 10, 2015, and completed packets must be turned in by the same date.


For more information, call Susan Meadows at 409-933-8285 or BJ Whitburn at 409-933-8299.

CRISIS INTERVENTION TRAINING – 16 HRS
This course presents behavioral analysis interview techniques. It includes interviewing basics and strategies, profiling, statement analysis, submodality triggers and specific questioning formulas. The class describes basic behavioral analysis interview techniques and applying techniques for interviewing victims and witnesses.

Cost:  In district: $40  Out of district: $45
SYN: 8044 CJLE-1001-101CL  03/02/15-03/03/15  MT
08:00AM-05:00PM  PSC 117  C Robacker

INTERMEDIATE SPANISH – 32 HRS
This class teaches practical Spanish communication skills for law enforcement. Students learn cultural variations and common perceptions of Spanish-speaking individuals, Spanish phrases including greetings and common expressions, and how to speak Spanish phrases and commands. It meets the requirements of the Texas Commission on Law Enforcement (TCOLE) Course #2109.

Cost:  In district: $80  Out of district: $85
SYN: 8047 CJLE-1059-101CL  03/23/15-03/25/15  MTW
08:00AM-05:00PM  PSC 117  C Robinson
NEW SUPERVISORS COURSE – 24 HRS
This course prepares new supervisors for their supervisory role. Topics include values, ethics, principles, communication, leadership styles, cultural diversity, racial sensitivity, planning and organizing. It meets the requirements of Section 415.034 Texas Government Code, continuing education for new supervisors.

Cost:  In district: $65  Out of district: $70
SYN: 8045 CJLE-1030-101CL  03/04/15-03/06/15  WTHF
08:00AM-05:00PM  PSC 116  R Williamson

POLICE FIREARMS INSTRUCTOR – 40 HRS
This course is designed to comply with mandated TCOLE training standards for the issuance of a firearms instructor license. Topics include instruction methodology, weapons handling, weapons maintenance, course of fire development, range development and exposure to airborne lead dust. Prerequisite: Each student must shoot three courses of fire (revolver/pistol/ shotgun) on the first day and obtain a minimum score of 90 percent (two attempts). A student unable to achieve 90 percent will not be allowed to participate in the course at this time, and no refunds will be issued. Each student must provide a letter on letterhead confirming current employment or designation by an agency chief administrator or academy coordinator as a firearms instructor. The minimum age is 21. Tuition includes all necessary professional-standard ammunition, range fees, target supplies, weapon-cleaning supplies and a notebook.

Cost:  In district: $450  Out of district: $455
SYN: 8049 CJLE-2038-101CL  05/11/15-05/15/15  MTWTHF
08:00AM-05:00PM  FIR 107  COM Faculty

TCOLE INSTRUCTOR – 40 HRS
Topics include the adult learning process and the differences between adult and child learning, the role of the instructor and the three domains of learning and their impact on the learning process. Other topics include factors that affect learning, the four phases of the teaching/learning process, learning objectives and their proper use, lesson plan preparation, methods of instruction, techniques of developing tests and evaluations and using instructional media.

Cost:  In district: $150  Out of district: $155
SYN: 8046 CJLE-2049-101CL  03/23/15-03/27/15  MTWTHF
08:00AM-05:00PM  PSC 116  R Williamson

NCIC/TCIC LESS THAN FULL ACCESS – 8 HRS
Intensive training in an identified area(s) to meet continuing education and/or review/update requirements associated with professional licensure or certification. This course can be repeated multiple times to improve student proficiency.

Cost:  In district: $25  Out of district: $30
SYN: 8048 LE-1006-101CL  04/03/15-04/03/15  F
08:00AM-05:00PM  PSC 117  COM Faculty

PROFESSIONAL DEVELOPMENT

When Should I Register?

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<thead>
<tr>
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Need Your TCOLE Mandated Training?

Is your department looking for more training for its officers? Contact College of the Mainland Law Enforcement Training for all of your education. COM can accommodate nearly any training request you may have, from Basic Peace Officer to Master Instructor.

Call us, and we will be happy to work with you.

For more information, call 409-933-8299.

Continuing Education Office

Located in the Technical-Vocational Building, Room T-1475

Business Hours:
Monday through Friday, 8 a.m. – 5 p.m.

Phone: 409-933-8586
Fax: 409-933-8026
www.com.edu/ce

Visit us online at www.com.edu/ce.
Interested in working in an in-demand field? The job outlook for network administrators and computer support specialists is on the Texas Workforce hot job list. The Bureau of Labor Statistics expects rapid growth in computer systems design between 2012 and 2022 and projects a 30 percent increase in jobs between 2010 and 2020 (Source: Texas Gulf Coast Workforce Solutions, 2014).

College of the Mainland offers hands-on classes that prepare students to pass industry certification tests through the worldwide certifying organizations COMPTIA and Microsoft. Each course prepares students for an industry certification, recognized by companies worldwide. The chart below identifies the courses that prepare students for certification exams.

<table>
<thead>
<tr>
<th>Course#</th>
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<tbody>
<tr>
<td>ITNW 1008</td>
<td>Implementing and Supporting Client Operating Systems</td>
<td>Microsoft Technology Associate MTA 98-439, Windows Operating System Fundamentals</td>
</tr>
<tr>
<td>ITNW 1054</td>
<td>Implementing and Supporting Servers</td>
<td>Microsoft Technology Associate MTA 98-365, Windows Server Administration Fundamentals</td>
</tr>
<tr>
<td>ITSC 1005</td>
<td>Intro to PC Operating Systems</td>
<td>COMPTIA</td>
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<tr>
<td>ITSC 1025</td>
<td>Personal Computer Hardware</td>
<td>COMPTIA</td>
</tr>
<tr>
<td>ITSC 1016</td>
<td>Linux Installation and Configuration</td>
<td>COMPTIA</td>
</tr>
<tr>
<td>ITSY 1000</td>
<td>Fundamentals of Information Security</td>
<td>COMPTIA Security +</td>
</tr>
<tr>
<td>ITSC 2025</td>
<td>Advanced Linux</td>
<td>COMPTIA</td>
</tr>
<tr>
<td>ITNW 1025</td>
<td>Foundations of Network Technology</td>
<td>COMPTIA</td>
</tr>
</tbody>
</table>

See class sections on page 16, Computers and Networking.
For more information, contact Fay Alexander at 409-933-8334 or fbryan@com.edu.

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**CE Registration Date**

Registration begins Dec. 1, 2014, for Spring 2015 Continuing Education and 50 Plus Program (formerly Senior Adult Program) classes.

**When Should I Register?**

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Quality early care and education programs play a vital role in the community. These programs must be staffed by individuals who possess the knowledge and skills appropriate to the field, and standards for the quality of these programs will continue to be upgraded in the coming years.

As a child care provider or director, you will have responsibility for the wellbeing and development of today’s children who will be tomorrow’s leaders. Salary per hour varies from $8 to $25 per hour, and individuals’ salaries are typically influenced by their education level.

Several career options are available to those interested in becoming a child care provider or a child care administrator. One can complete the Child Development Associate or Child Care Administration Certificate in approximately one year, with courses scheduled in the evenings and on Saturdays. All course work completed for either certificate will apply toward the completion of an Associate of Applied Science degree. See the College of the Mainland Catalog online at www.com.edu.

For more information, call 409-933-8390.
PROFESSIONALISM IN THE WORKPLACE – 7 HRS
Participants will learn how to turn everyday experiences into opportunities to engage in lifelong learning. They will explore how interactions with colleagues, families and children can increase professionalism in the workplace. This class meets the Core Competency Area for Professionalism and Ethics.

Cost: In district: $25 Out of district: $30
SYN: 8011 CDEC-1032-112CL 02/28/15-02/28/15 S
08:30AM-04:30PM TVB 1310 U Flores

ADMINISTRATION 101 – 7 HRS
Participants will explore how to manage people, places and things; build a team; foster positive employer-employee relations (Can we all just get along?); and develop organizational skills. This class meets the Core Knowledge Area for Administration.

Cost: In district: $25 Out of district: $30
SYN: 8012 CDEC-1096-113CL 03/07/15-03/07/15 S
08:30AM-04:30PM TVB 1335 A Raumaker

CHILD DEVELOPMENT – 2 HRS
Explore the basics of the developmental stages of children, from birth to age 5. This class meets the Core Competency Area for Child Growth and Development.

Cost: In district: $10 Out of district: $15
SYN: 8286 CDECX-1032-109CL 03/20/15-03/20/15 F
11:00AM-01:00PM TVB 1647 COM Faculty

ASSESSMENT – USE IT OR LOSE IT – 7 HRS
Learn practical techniques for putting assessment into practice and explore how to use what you learn from assessment to make your classroom a child-centered learning place. This class meets the Core Competency Area for Observation and Assessment.

Cost: In district: $25 Out of district: $30
SYN: 8013 CDEC-1096-123CL 03/28/15-03/28/15 S
08:30AM-04:30PM TVB 1310 COM Faculty

GETTING FAMILIES INVOLVED – 7 HRS
Participants will explore ways to address some of the challenges associated with fostering family involvement in early childhood programs. This class meets the Core Competency Area for Family and Community Relationships.

Cost: In district: $25 Out of district: $30
SYN: 8014 CDEC-1032-117CL 04/11/15-04/11/15 S
08:30AM-04:30PM TVB 1310 T McGinty-Grimes

INFANT/TODDLER SENSORY LEARNING – 7 HRS
Participants will explore developmentally appropriate lesson plans and activities for infants and young toddlers. This class meets the Core Knowledge Area for Learning Environments, Planning Framework, Curriculum and Standards.

Cost: In district: $25 Out of district: $30
SYN: 8016 CDEC-1032-110CL 04/18/15-04/18/15 S
08:30AM-04:30PM TVB 1335 E Plasek

PRESERVICE TRAINING I – 8 HRS
This is the first eight-hour, preservice session that is required of all new employees in regulated child care facilities. Topics include positive guidance and discipline concepts, age-appropriate activities for children, health and safety practices, developmental stages, SIDS, shaken baby syndrome, early brain development and other pertinent child care topics. This class meets the Core Competency Area for Supporting Skill Development.

Cost: In district: $25 Out of district: $30
SYN: 8015 CDEC-1032-120CL 04/18/15-04/18/15 S
08:00AM-05:00PM TVB 1310 R Castro

GUIDANCE NOT DISCIPLINE – 7 HRS
Participants will explore various techniques and strategies to help young children become more independent learners. This class meets the Core Knowledge Area for Responsive Interactions and Guidance.

Cost: In district: $25 Out of district: $30
SYN: 8017 CDEC-1032-111CL 04/25/15-04/25/15 S
08:30AM-04:30PM TVB 1310 T Bledsoe

CE Registration Date
Registration begins Dec. 1, 2014, for Spring 2015 Continuing Education and 50 Plus Program (formerly Senior Adult Program) classes.

Open Enrollment in Lifelong Learning & 50 Plus Program
SENR (Senior) trips are only available to students age 50 and older.

Internet or Hybrid Courses
Students taking Internet (IN) courses will be charged a $35 distance education fee per course.

Students in hybrid (HY) courses will be charged a $25 distance education fee per course.
GULF COAST SAFETY INSTITUTE
Gulf Coast Safety Institute
Center for Risk Management

The Center for Risk Management provides safety and health training courses at no charge through a generous grant from the Texas Mutual Insurance Company.

All courses are taught at the Gulf Coast Safety Institute, unless otherwise listed.

Visit www.com.edu/rmi for the current list of class offerings.

For more information, call 409-933-8365.

GENDER, CULTURE AND COMMUNICATION – 8 HRS
We strive daily at work and home to communicate effectively. Many times cultural and gender issues come into play, and we forget that there are differences in the way we talk to each other. This class looks at how to close the communication gaps between genders and cultures. The instructor explains the difference between “report” vs. “rapport” conversations, the best time to talk about cultural hot-button issues, whether multitasking is only for one gender and much more. This class is appropriate for any employee—especially those in safety who communicate with diverse people daily.

Cost: In district: FREE Out of district: FREE
SYN: 8052 OSHT-1071-103CL 02/06/15-02/06/15  F
08:00AM-05:00PM GCSI 112 P Harrell

CREATE AND MAINTAIN AN EFFECTIVE FALL-PROTECTION PROGRAM – 8 HRS
Learning how to minimize the risk of potentially dangerous or fatal fall hazards allows an organization to take a proactive approach to worker safety. This workshop provides an overview of effective fall-protection programs, giving participants proven strategies for identifying, evaluating and controlling fall hazards. Beginning with background on current fall-protection standards, regulations, statistics and trends, the workshop will provide information about all critical elements of a fall-protection program. The instructor will also provide general information about fall-protection equipment, including equipment components, system development, anchorages and clearance requirements. All information is in accordance with the ANSI Z359 family of fall-protection standards.

Cost: In district: FREE Out of district: FREE
SYN: 8053 OSHT-1071-104CL 02/20/15-02/20/15  F
08:00AM-05:00PM GCSI 112 N Miller

ISO 45001: OCCUPATIONAL SAFETY AND HEALTH MANAGEMENT SYSTEMS – 8 HRS
This course describes the ISO 45001 (Occupational Safety and Health Management Systems) standard that an international committee is developing (PC-283). The course is a preview of the standard’s early drafts and how it might compare to existing international standards and U.S. consensus standards. The instructor will explain the ISO standards-development process and the projected schedule for the completion of the ISO 45001.

Cost: In district: FREE Out of district: FREE
SYN: 8057 OSHT-1071-108CL 03/06/15-03/06/15  F
08:00AM-05:00PM GCSI 112 M Seymour

NFPA 70E – 2015 UPDATES – 8 HRS
This class will walk learners through an overview of the recent changes in NFPA-70E 2015 and how they affect employers and employees. The instructor will explain the recent changes in OSHA 29CFR1910.269 and discuss the relationship between the two. Learners can expect to leave this class with a better understanding of their responsibilities and how they can apply each standard in their environment.

Cost: In district: FREE Out of district: FREE
SYN: 8058 OSHT-1071-109CL 03/27/15-03/27/15  F
08:00AM-05:00PM GCSI 112 K Kirkpatrick
SAFETY AND HEALTH IDEA EXCHANGE – 8 HRS
The best ideas for improving your safety and health management system, getting employees involved and improving your training usually come from those who have done it themselves. This class gives you the chance to brag on your company by discussing a best practice with other attendees. Share at the meeting or simply listen to gain new ideas. Those who want to explain their best practices and ideas should contact SeAlice Hemphill at shemphill@com.edu to sign up.

Cost: In district: FREE Out of district: FREE
SYN: 8055 OSHT-1071-106CL 04/24/15-04/24/15 F
08:00AM-05:00PM GCSI 112 C Lewis

IMPROVING YOUR RESPIRATORY PROTECTION PROGRAM – 8 HRS
Respiratory protection programs do not have to be complicated. This class covers OSHA standard requirements, how to develop your respirator cartridge change-out schedule, and how to avoid typical pitfalls that could result in an OSHA citation.

Cost: In district: FREE Out of district: FREE
SYN: 8054 OSHT-1071-105CL 05/08/15-05/08/15 F
08:00AM-05:00PM GCSI 112 E Parsons

HAZARD COMMUNICATION – HOW DOES YOUR PROGRAM MEASURE UP? – 8 HRS
The Globally Harmonized System of Classification and Labeling of Chemicals has been in effect for more than a year now in the revised Hazardous Communications (HazCom) standard. Does your HazCom program meet the new OSHA standard and are your employees trained to meet the new requirements? Learn how your program measures up to the new GHS.

Cost: In district: FREE Out of district: FREE
SYN: 8059 OSHT-1071-110CL 05/29/15-05/29/15 F
08:00AM-05:00PM GCSI 112 T Holowaty

CENTER FOR EMERGENCY MANAGEMENT AND PREPAREDNESS

G191 – INCIDENT COMMAND SYSTEM/EMERGENCY OPERATIONS CENTER INTERFACE – 8 HRS
This course enables participants to develop effective communication between an Incident Command and the Emergency Operations Center (EOC) by applying Incident Command System (ICS) principles. This course has recommended prerequisite courses of ICS-100 and ICS-200. Additional registration is required through www.preparingtexas.org.

Cost: In district: FREE Out of district: FREE
SYN: 8060 OSHT-1091-309CL 12/16/14-12/16/14 T
08:00AM-05:00PM GCSI 112 N Bender

G270.4 – RECOVERY FROM DISASTER – 16 HRS
This course explains the issues involved in disaster recovery, discusses lessons learned in local disaster recovery and promotes the development of a pre-disaster recovery plan. Additional registration is required through www.preparingtexas.org.

Cost: In district: FREE Out of district: FREE
SYN: 8248 OSHT-1091-305CL 03/12/15-03/13/15 THF
08:00AM-05:00PM GCSI 112 N Bender

NATIONAL INCIDENT MANAGEMENT SYSTEM (NIMS) AND INCIDENT COMMAND SYSTEM (ICS) OVERVIEW – 8 HRS
This course provides a basic introduction to the National Incident Management System (NIMS) and the Incident Command System (ICS). Participants will explore key concepts and principles of NIMS and the history, features, principles and organizational structure of ICS. This course will cover elements of ICS-100, ICS-200 and IS-700.

Cost: In district: FREE Out of district: FREE
SYN: 8061 OSHT-1091-301CL 01/22/15-01/22/15 TH
08:00AM-05:00PM GCSI 112 N Bender

G557 - RAPID ASSESSMENT WORKSHOP – 4 HRS
This course provides information and resources to enable participants to plan an effective damage-assessment program. An effective program saves lives, protects property and the environment, and swiftly begins the recovery and mitigation process.

Cost: In district: FREE Out of district: FREE
SYN: 8064 OSHT-1091-304CL 03/11/15-03/11/15 W
08:00AM-12:00PM GCSI 112 N Bender

GULF COAST SAFETY INSTITUTE CENTER FOR EMERGENCY MANAGEMENT AND PREPAREDNESS

The Center for Emergency Management and Preparedness at the Gulf Coast Safety Institute can assist your company or institution in the following areas:

• Incident Command System and Emergency Operations Center Training
• Emergency Operations Plan Reviews and Mentoring
• Exercise Development, Delivery, Corrective Action Planning and Improvement Planning
• Fire Extinguisher Training

For more information, call 409-933-8582.
ICS300 – INTERMEDIATE INCIDENT COMMAND SYSTEM FOR EXPANDING INCIDENTS – 18 HRS
This course provides training on the use of multiple resources for personnel who require the application of the Incident Command System (ICS) during expanding incidents. This course expands on information covered in the ICS-100 and ICS-200 courses. Additional registration is required through www.preparingtexas.org. Required prerequisites: ICS-100, ICS-200, IS-700 and IS-800.
Cost: In district: FREE Out of district: FREE
SYN: 8062 OSHT-1091-302CL 02/16/15-02/17/15 MT
08:00AM-06:00PM GCSI 112 N Bender
SYN: 8065 OSHT-1091-306CL 04/06/15-04/09/15 MTWTH
06:00PM-10:30PM GCSI 112 N Bender

ICS400 – ADVANCED INCIDENT COMMAND SYSTEM, COMMAND AND GENERAL STAFF – 14 HRS
This course provides training and resources for personnel who require advanced application of the Incident Command System (ICS). The course expands on information covered in the ICS-100 through ICS-300 courses. Additional registration required through www.preparingtexas.org. Required prerequisites: ICS-100, ICS-200, ICS-300 and IS-700, IS-800.
Cost: In district: FREE Out of district: FREE
SYN: 8063 OSHT-1091-303CL 02/18/15-02/19/15 MTW
08:00AM-05:00PM GCSI 112 N Bender

SMALL BUSINESS SAFETY AND HEALTH CENTER

WORKPLACE SAFETY FOR SMALL BUSINESS OWNERS, MANAGERS AND SUPERVISORS – 24 HRS
Do you know which OSHA regulations apply to your business or which OSHA requirements may impact your organization? The Gulf Coast Safety Institute’s Small Business Safety and Health Center is now offering a no-cost online curriculum to help small business owners and managers understand the requirements that apply to any small business. Those who complete this course will have the fundamental knowledge required to develop, implement and manage the safety processes related to their organization. They will also prepare a few of the minimum documents that their organization needs for OSHA compliance.

All students enrolling in their first Internet course at College of the Mainland must complete the New Student Orientation and Online Learner Workshop before beginning this course. Students should email the instructor at gsharpe@com.edu to register and schedule their orientation.

Cost: In district: $276 Out of district: $281
SYN: 7975 ARTSL-2000-120CL 01/20/15-05/15/15 FAB 130
Gulf Coast Safety Institute
Small Business Safety and Health Center

The Small Business Safety and Health Center at the Gulf Coast Safety Institute is your resource to stay up-to-date on the latest information and trends in occupational safety and health that impact small business.

Establishing a safe and healthful working environment requires every employer and worker to make safety and health a core value. The Small Business Safety and Health Center can be your resource to figure out which changes in regulations you are accountable for, what compliance means to your business and how to deal with OSHA should they arrive. Register for our online course, Workplace Safety and Health for Small Business Owners, Managers and Supervisors.

For more information, call 409-933-8338 or email gsharpe@com.edu.

PERSONAL ENRICHMENT

STUDIO ARTS – 96 HRS
This course allows beginning to advanced noncredit students to participate in any of the three 2-D studio art courses taught by professor Mark Greenwalt. Students are expected to actively participate within the collaborative studio environment and pursue course objectives along with their credit student peers. Students can choose to attend Design on Tuesday and Thursday from 9:30 a.m. to 12:20 p.m., Drawing on Monday and Wednesday from 9:30 a.m. to 12:20 p.m., or Painting on Monday and Wednesday from 2-4:50 p.m. For more information contact Mark at 409-933-8673 or mgreenwalt@com.edu. The lab fee is $20.

Cost: In district: $276 Out of district: $281
SYN: 7975 ARTSL-2000-120CL 01/20/15-05/15/15 M Greenwalt
MEMBERSHIPS AND RECREATION

CONTINUING EDUCATION • SPRING 2015 SCHEDULE

OBTAINING MEMBERSHIPS
Fitness memberships are available for an entire semester (Fall, Spring or Summer). You must have a current ID card to be admitted into the gym facility. Memberships may be purchased at the Continuing Education Office in the Technical-Vocational Building, Room TVB-1475 or by calling 409-933-8586. New members must take the paid receipt to the gym front lobby to obtain a membership ID card. Renewing members must take the paid receipt and expired ID card to the gym front lobby to renew the ID card.

ADULT FITNESS MEMBERSHIPS
Cost: In district: $40 Out of district: $45
SYN: 8144 FIT-CARD-ADSM (Semester Membership)
01/02/15-05/31/15
MTWTH 06:00AM-10:00PM
F 06:00AM-07:00PM
SSU 09:00AM-03:00PM

YOUTH FITNESS MEMBERSHIPS
Cost: In district: $30 Out of district: $35
SYN: 8145 FIT-CARD-YOUSM (Semester Membership)
01/02/15-05/31/15
MTWTH 06:00AM-10:00PM
F 06:00AM-07:00PM
SSU 09:00AM-03:00PM

50 PLUS FITNESS MEMBERSHIPS (AGE 50 OR OLDER)
Cost: In district: $30 Out of district: $35
SYN: 8146 FIT-CARD-SRSM (Semester Membership)
01/02/15-05/31/15
MTWTH 06:00AM-10:00PM
F 06:00AM-07:00PM
SSU 09:00AM-03:00PM

VOLLEYBALL A-LEAGUE – 24 HRS
This all-skills volleyball camp will excite students about the fun, competitive sport of volleyball. Players will develop fundamental skills including serving, passing, setting and hitting. Skills-based drills, as well as wave-competition drills with three and six-player teams, will help students develop quickly. Participation is co-ed. Boys and girls ages 8-13 are welcome. The first practice night is Thursday, Jan. 22, 2015. Price is per team registration.

Cost: In district: $225 Out of district: $230
SYN: 8141 WELL-5088-204CL 01/29/15-05/07/15 TH 06:00PM-08:00PM GYM 122

VOLLEYBALL B-LEAGUE – 24 HRS
This all-skills volleyball camp will excite students about the fun, competitive sport of volleyball. Players will develop fundamental skills including serving, passing, setting and hitting. Skills-based drills, as well as wave-competition drills with three and six-player teams, will help students develop quickly. Participation is co-ed. Boys and girls ages 8-13 are welcome. The first practice night is Thursday, Jan. 22, 2015. Price is per team registration.

Cost: In district: $225 Out of district: $230
SYN: 8142 WELL-5088-205CL 01/29/15-05/07/15 TH 08:00PM-10:00PM GYM 122

When Should I Register?

<table>
<thead>
<tr>
<th>If a class starts on a...</th>
<th>Register by noon on the following days.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday, Monday, Tuesday</td>
<td>Wednesday (the week before it starts)</td>
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<tr>
<td>Wednesday, Thursday</td>
<td>Thursday (the week before it starts)</td>
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<tr>
<td>Friday</td>
<td>Monday (of the same week)</td>
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<tr>
<td>Saturday</td>
<td>Tuesday (of the same week)</td>
</tr>
</tbody>
</table>
LIFELONG LEARNING
FITNESS CLASSES

BODY SCULPTING – 24 HRS
This class demonstrates how to tone and stretch all three major muscle
groups using a variety of strength-training techniques and equipment. A
student ID will be required.
Cost:  In district: $42  Out of district: $47
SYN: 8195 EXER-7051-101CL  01/26/15-04/22/15  MW
10:30AM-11:30AM  GYM WEST 005  G Devona
SYN: 8196 EXER-7051-201CL  01/26/15-04/22/15  MW
06:15PM-07:15PM  GYM WEST 005  G Devona

TEXAS TWO-STEP – 14 HRS
This fast-paced, high-energy dance style is fun and exciting. Participants
will learn dance moves, including turns, sweetheart wraps, spins and
more. Individuals may join this class at any time during the semester. A
student ID will be required.
Cost:  In district: $32  Out of district: $37
SYN: 8197 EXER-7008-201CL  01/26/15-04/20/15  M
06:45PM-07:45PM  GYM 112B  B Whistler

DANCE: SALSA AND MERENGUE – 12 HRS
These popular Latin dances are easy to learn and fast-paced exercise.
With the merengue students will learn how to move to the beat of the
Latin music and will learn basic footwork and hip movement. The salsa is
an energetic dance where students will learn additional footwork along
with flashy turns, wraps and spins.
Cost:  In district: $32  Out of district: $37
SYN: 8194 EXER-7010-201CL  01/20/15-04/14/15  T
08:00PM-09:00PM  GYM 112B  B Whistler

DANCE: SWING – 12 HRS
Students will learn a variety of swing dance styles, including the triple-
step and single-step jitterbug. Participants will swing to a variety of
musical genres including up-tempo rock and roll, big band and country
rock. Progressive classes allow individuals to build skills each week.
Cost:  In district: $32  Out of district: $37
SYN: 8229 EXER-7007-201CL  01/26/15-04/20/15  M
08:00PM-09:00PM  GYM 112B  B Whistler

KEISER SPIN CLASS – 24 HRS
Indoor cycling on Keiser spin bikes offers a fun and effective way to burn
fat and improve cardiovascular endurance to music. Participants learn
cycling techniques and tips. Individuals may join this class at any time
during the semester. The class is limited to 12 students, and a student ID
will be required.
Cost:  In district: $48  Out of district: $53
SYN: 8200 EXER-7053-101CL  01/26/15-04/22/15  MW
05:30PM-06:30PM  GYM 112A  B Wright

KEISER SPIN CLASS – 24 HRS
Indoor cycling on Keiser spin bikes offers a fun and effective way to burn
fat and improve cardiovascular endurance to music. Participants learn
cycling techniques and tips. Individuals may join this class at any time
during the semester. The class is limited to 12 students, and a student ID
will be required.
Cost:  In district: $48  Out of district: $53
SYN: 8200 EXER-7053-101CL  01/26/15-04/22/15  MW
05:30PM-06:30PM  GYM 112A  B Wright

KEISER SPIN CLASS – 24 HRS
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fat and improve cardiovascular endurance to music. Participants learn
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during the semester. The class is limited to 12 students, and a student ID
will be required.
Cost:  In district: $48  Out of district: $53
SYN: 8200 EXER-7053-101CL  01/26/15-04/22/15  MW
05:30PM-06:30PM  GYM 112A  B Wright

KEISER SPIN CLASS – 24 HRS
Indoor cycling on Keiser spin bikes offers a fun and effective way to burn
fat and improve cardiovascular endurance to music. Participants learn
cycling techniques and tips. Individuals may join this class at any time
during the semester. The class is limited to 12 students, and a student ID
will be required.
Cost:  In district: $48  Out of district: $53
SYN: 8200 EXER-7053-101CL  01/26/15-04/22/15  MW
05:30PM-06:30PM  GYM 112A  B Wright

DAILY PASS
$5 (Purchased at the gym front desk)

GYM FLOOR (BASKETBALL COURTS)
Check on availability at the front desk.

RACQUETBALL
Check at the front desk; courts available by reservation only.

POOL HOURS
The pool will be closed until further notice.
We are sorry for the inconvenience.

WEIGHT ROOM AND CARDIO ROOMS
Must be 16 or older to enter and work out in strength and cardio rooms.
Rooms 132, 135, 120 and 119
Monday – Thursday  6 a.m. – 10 p.m.
Friday  6 a.m. – 7 p.m.
Saturday – Sunday  9 a.m. – 3 p.m.

SAUNA
(18 years and older)
Monday – Thursday  6 a.m. – 10 p.m.
Friday  6 a.m. – 7 p.m.
Saturday – Sunday  9 a.m. – 3 p.m.

ZUMBA – 27 HRS
Join the revolution that’s spreading like wildfire. The Zumba program
fuses Latin rhythms and easy-to-follow moves to create a one-of-a-kind
fitness program that will tone and sculpt participant's bodies while
burning unwanted fat. Participants may join this class at any time during
the semester. The class is limited to 12 students, and a student ID will be
required.
Cost:  In district: $50  Out of district: $55
SYN: 8199 EXER-7082-101CL  01/20/15-04/16/15  TTH
12:30PM-01:30PM  GYM 112B  L Moore

FENCING I: BEGINNER’S FOIL – 24 HRS
From the duel of honor in the time of Cyrano and D’Artagnan to the
modern Olympics, foil fencing has been a cornerstone in training stu-
dents in the art of the swordsmanship. This class will focus on the funda-
mentals of fencing with the foil. The course will also touch on the history
of fencing with students handling some fencing antiques to put the
modern sport in perspective. Each class will end with time spent fencing
and applying techniques learned. Instructions will be given at the first
session regarding proper attire. Students are required to provide a glove
of any kind for their dominant hand. Students are required to join the
United States Fencing Association at the noncompetitive rate of $10 an-
nually. Most equipment for this course is provided by the instructor.
Cost:  In district: $50  Out of district: $55
SYN: 8235 LLCE-7001-101CL  01/26/15-04/22/15  W
04:30PM-06:00PM  GYM West 005  L Moore
COM Lifelong Learning proudly announces the return of extended travel trips.

Upcoming destinations:

**Canadian Rockies via Rail**
departs June 17, 2015.
(Valid passport required.)

**New England Rails and Trails**

Both trips are eight days. Tours include airfare, some meals, daily sightseeing and admission fees, professional tour director, baggage handling and cancellation waiver, and a post-departure plan.

We will host

**Travel Presentations**
Dec. 9, 2014
3:30 p.m. and 5:30 p.m.
1130 Delmar, La Marque
RSVP for either time to 409-933-8912.

See pages 37 and 38 for details and pricing for each trip.

These trips are *not* limited to adults over 50.

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**CE Registration Date**
Registration begins Dec. 1, 2014, for Spring 2015 Continuing Education and 50 Plus Program (formerly Senior Adult Program) classes.

**Continuing Education Office**
Located in the Technical-Vocational Building, Room T-1475
Business Hours:
Monday through Friday, 8 a.m. – 5 p.m.
Phone: 409-933-8586
Fax: 409-933-8026
www.com.edu/ce
Visit us online at www.com.edu/ce.

**Open Enrollment in Lifelong Learning & 50 Plus Program**
SENR (Senior) trips are only available to students age 50 and older.
Extended travel trips are not limited to 50 or older.

**Internet or Hybrid Courses**
Students taking Internet (IN) courses will be charged a $35 distance education fee per course.
Students in hybrid (HY) courses will be charged a $25 distance education fee per course.

**Save This Schedule**
CE offers hundreds of classes.
*One is just right for you!*
College of the Mainland Lifelong Learning Program, CE

presents

Canadian Rockies VIA Rail
featuring Victoria & the Canadian Train

8 Days   June 17, 2015

Day 1:  Arrive Vancouver
Arrive in Vancouver and meet your Tour Director.
One of the most beautiful and cosmopolitan cities
in North America, Vancouver dazzles with views of the
Pacific Ocean, majestic mountains and a glittering
skyline. Tonight enjoy a Welcome Dinner.
Meal: (D)    Overnight: Vancouver

Day 2:  Vancouver Island - Victoria
Today ferry through the scenic Gulf Islands to Van-
couver Island. Upon arrival visit the world famous
Butchart Gardens to stroll among fifty acres of flora
and fountains, and wandering paths. Then visit
Victoria, British Columbia’s beautiful capital.
Enjoy a Victoria City Tour featuring the Inner Har-
bor, the imposing Parliament Building constructed
in 1897 and views of the famous Empress Hotel.
Enjoy a bit of leisure time to take in city’s) turn of the
century Victorian charm or shop in the downtown
heritage district. Later return to Vancouver by ferry.
Meal: (B)    Overnight: Vancouver

Day 3:  Vancouver - Board VIA Rail - Overnight on Train
This morning enjoy a bit of leisure time. Later en-
joy a Vancouver City Tour including Stanley Park,
its colorful gardens, to the sumptuous Fairmont✅
Chateau Victoria.
and tours to Victoria's inner harbor. You will see
the impressive Parliament building, designed by
Eugene O’Keefe, and visit the Empress Hotel.
Later enjoy a leisurely dinner at the Fairmont
Chateau Victoria. Overnight: Train.

Day 4:  Canadian Rockies By VIA Rail - Jasper
The Canadian winds along the North Thompson
River passing towering peaks and glacial lakes in
a vast wilderness once only accessible by rail. Enjoy
the views of the incredible passing scenery like Mt.
Robson, the highest peak in the Canadian Rockies.
Cross the Continental Divide into Alberta, arriving
in Jasper in the late afternoon for a two-night stay.
Meal: (B,L)   Overnight: Jasper

Day 5:  Jasper National Park - Maligne Lake
Today discover Jasper National Park, whose incred-
ible scenery is comprised of carefully protected
ecosystems, and is a photographer’s paradise. The
day begins with a visit to Maligne Canyon, a Jasper
landmark. Next, catch the Maligne Lake tour boat
to explore the crystal clear waters of Maligne Lake,
the largest natural lake in the Canadian Rockies.
The rest of the day is at leisure to relax or explore Jasper.
An optional cruise to Spirit Island will be available.
Meal: (B)    Overnight: Jasper

Day 6:  Jasper - Icefields Parkway - Banff
Today travel south along the Icefields Parkway, link-
ing Jasper and Lake Louise, one of North America’s
most spectacular drives. Travel the road as it winds
between snow-dusted peaks and immense hanging
glaciers. You may see elk, deer, bighorn sheep or
bear. Stop to see the raw power of the Athabasca
Falls. Later ride in a specially designed Ice Explorer
on the 1,000-foot thick Athabasca Glacier, one of the
largest ice masses outside of the Arctic Circle. Later scale
Bow Pass and stop to see turquoise blue Peyto Lake.
Next travel into Banff National Park & enjoy a brief
Banff Area Tour including Mt. Rundle, Bow Falls,
Tunnel Mountain & the Hoodoos. Then arrive at your
hotel in the quaint town of Banff for a two-night stay.
Meal: (B,D)   Overnight: Banff

Day 7:  Banff - Yoho National Park - Lake Louise
Today view two of the crown jewels of the Canadian
Rockies. Stop to view spectacular Yoho Lake and
the Valley of the Ten Peaks before visiting the Chate-
auque Lake Louise, located within a UNESCO World
Heritage Site. Capture spectacular views and pho-
tos of Lake Louise and Victoria Glacier. Then travel
through Kicking Horse Pass into Yoho National Park
to see the Natural Bridge, the remarkable Spiral
Tunnels, and cross the Continental Divide before re-
turning to Banff. This evening enjoy a Farewell Dinn-
er with your fellow travelers.
Meal: (B,D)   Overnight: Banff

Day 8:  Banff - Calgary - Flight Home
Transfer to Calgary and fly home filled with wonder-
ful memories of your Canadian Rockies Via Rail Tour.
Meal: (B)
College of the Mainland Lifelong Learning Program, CE presents

New England Rails & Trails
featuring Boston, Vermont, New Hampshire & Maine

8 Days  October 3, 2015

Day 1: Arrive Boston
Upon arrival in Boston meet your Tour Director and transfer to your Boston Area hotel. Tonight enjoy a Welcome Dinner.

Meals: (D)  Overnight - Boston Area

Day 2: Boston - North Conway
This morning enjoy a Boston City Tour featuring Boston Commons, the Old State House, the Old North Church from where Paul Revere got the signal to start his famous ride, the Old South Meeting House, Beacon Hill, Old Ironsides and more. Enjoy a bit of leisure time for lunch in the Fanueil Hall and Quincy Market area. Later leave Boston and travel into New Hampshire’s scenic White Mountains & arrive in picturesque North Conway for a two night stay.

Meals: (B, D)  Overnight - North Conway, NH

Day 3: Mt. Washington Cog & Conway Scenic Rails
This morning motorcoach to board the historic Mount Washington Cog Railway. Enjoy breathtaking vistas during your three-hour rail experience aboard the world’s first (1869) mountain-climbing cog railway to the top of the highest peak in the Northeast, Mount Washington. Then return to North Conway and board the Conway Scenic Railroad for a nostalgic ride through the scenic Mt. Washington Valley countryside. The restored historic railcars are powered by diesel & electric locomotives. Enjoy the evening at your own pace.

Meals: (B)  Overnight - North Conway, NH

Day 4: North Conway - Stowe/Burlington
This morning motorcoach along one of New England’s most popular scenic drives, the Kancamagus Highway. The drive connects North Conway with Lincoln and offers spectacular views of rushing rivers and covered bridges. Continue to Quechee Gorge, “Vermont’s Little Grand Canyon.” Later arrive in the scenic town of Woodstock to visit the Billings Farm Museum, a modern working dairy farm and museum of Vermont life in the 1890s. This afternoon pass through quaint villages and mountain scenery before arriving in Stowe or Burlington for a two night stay in a famous and historic Vermont mountain town.

Meals: (B, D)  Overnight - Stowe or Burlington, VT

Day 5: Vermont Sightseeing
Visit the Shelburne Museum, located in Vermont’s scenic Lake Champlain Valley & one of the nation’s finest, most diverse and unconventional museums of art and Americana. Later visit Cold Hollow Cider Mill, one of the largest apple cider mills in New England and known for their cold-pressed cider. Also visit the home of Ben & Jerry’s Ice Cream, founded in 1978 in a renovated gas station. Enjoy a brief factory tour and a scoop of one of the creative flavors. Late afternoon return to your hotel for an evening at leisure.

Meals: (B)  Overnight - Stowe or Burlington, VT

Day 6: Stowe/Burlington - Portland, Maine
This morning visit a Maple Sugar Farm to sample some authentic Vermont Maple sweets and learn about the sugaring process. Late relax and enjoy the spectacular New England scenery enroute to the Maine Coast. Arrive in scenic Portland, Maine for a two-night stay. Portland is Maine’s largest city and sits on a peninsula, jutting out into island filled Casco Bay.

Meals: (B)  Overnight - Portland

Day 7: Portland
Today enjoy a scenic Casco Bay Cruise past lovely Victorian cottages on the shorelines of Little & Great Diamond Island. Then enjoy some leisure time in Old Port, Portland’s historic waterfront. Later visit the Portland Head Lighthouse & Museum in Cape Elizabeth, one of America’s oldest and most photographed. Tonight enjoy a Lobster Farewell Dinner with your fellow travelers.

Meals: (B, D)  Overnight - Portland

Day 8: Portland - Boston - Flight Home
Travel to Boston & fly home filled with fond memories of New England’s Rails & Trails.

Meals: (B)
Welcome to the College of the Mainland Lifelong Learning Program. As you read through the pages of the Spring 2015 Schedule, you will discover some exciting changes. We are proud to announce that we are lowering the age for involvement in our Senior Adult Program. You will also notice that beginning this semester, we will refer to this program as the 50 Plus Program. Our program has continued to grow and we consistently have over 1,000 students each fall and spring semester. Look for more exciting changes coming soon!

We hope you will read through the schedule and register for classes, lectures and trips. Inside these pages you will discover ways to express your creative side, learn new skills, connect with others, stay current on technology, have fun and explore a world of opportunity. College of the Mainland prides itself on having instructors who are passionate about their subjects and innovative in their teaching.

Mark your calendar for these important dates:

- Dec. 1: Spring registration begins
- Jan. 20: Spring classes begin
- March 16-21: COM closed for Spring Break
- March 3-5: COM closed for Easter holiday
- May 4: Summer registration begins
- June 1: Summer classes begin

Have you taken a trip with us yet? This is a great way to get to know other seniors and stay involved in your community. Most trips fill up quickly, so register soon.

You asked. We listened. Back by popular demand. College of the Mainland Lifelong Learning proudly announces the return of extended travel trips. Upcoming tours include Canadian Rockies Via Rail and New England Rails and Trails. Make plans to attend a travel presentation on Dec. 9. Two sessions are offered for your convenience at 3:30 p.m. and 5:30 p.m. See the trip details and pricing on pages 38 and 39 of this schedule. You do not need to wait until the travel presentation to place your trip deposit. Call 409-933-8912 to register or for more information.

As our program expands, I challenge you to check out a new class that piques your curiosity or that you have always wanted to try. Invite your friends and neighbors to explore something with you!

If you have a suggestion for new courses, please call the Office of Lifelong Learning at 409-933-8226.

If you have not yet met our new administration assistant, Maegan Guzman, come by the office to welcome her or say hello. Maegan’s wealth of experience has already been a great asset to our program.

Alesha Vardeman Aulds
aaulds@com.edu, 409-933-8432
50 PLUS PROGRAM VISION
The College of the Mainland 50 Plus Program will be respected regionally and nationally for excellence in the development and delivery of innovative educational opportunities for adults age 50 and older.

50 PLUS PROGRAM MISSION
The College of the Mainland Lifelong Learning Program’s mission is to provide learning opportunities for adult students 50 years of age and older by offering personal enrichment classes in a positive, accepting and intergenerational environment. The Lifelong Learning Program staff collaborates with academic departments and the community to develop programs that meet existing and emerging educational needs for this population.

50 PLUS PROGRAM ID CARD INFORMATION
50 Plus Program students who register for a (SENR) class or 50 Plus Fitness Membership to use the gym on the main campus will be provided a free ID card to gain access into the gym facility.

All other students who want an ID to receive the benefits below must pay a one-time $5 fee. If the ID card is lost or stolen, the replacement cost is $5. Cash payments can be made at the gym front desk. Debit or credit card payments must be made at the cashier’s desk located in the Enrollment Center, and members must take the receipt to the gym front desk to have an ID made. Please bring a valid photo ID when having your senior ID made.

After registering each semester (Fall, Spring, Summer) for a 50 Plus Fitness Membership, you must take the ID card to the gym front desk for activation.

Seniors possessing a valid 50 Plus Program ID card are entitled to the following COM benefits:

- Use of the COM Library
- Use of the Innovations Computer Lab in TVB-1324
- Discount on COM Cosmetology services at The Salon at College of the Mainland; call 409-933-8480 for more information.
- Discount on tickets for COM Community Theatre productions and $10 tickets for preview shows. Call 409-933-8345 for more information.
- An automated monitor measuring blood pressure is available daily in the Lifelong Learning Office (LMCR).

REGISTRATION FOR 50 PLUS PROGRAM (FORMERLY SENIOR ADULT PROGRAM)
Registration for the Spring 2015 semester will run Monday, Dec. 1, to Wednesday, Dec. 17, (except Friday, Dec. 12, during the Annual Christmas Luncheon) and continue on Jan. 5. You may register on the computers at the COM Learning Center-Delmar from Dec. 1-17 and Jan. 5-16. For additional methods of registration, including by phone, please see page 3 of this schedule. Please note that if you pay by cash, check or money order, or if this is your first time to register as a student age 50 or older, you must register at the Enrollment Center on the main campus and show proof of age.

CLASS CANCELLATION
If the college cancels a class, an automatic 100 percent refund of tuition and fees is given. To drop, you must notify the Continuing Education Office (409-933-8586) no later than one business day prior to the class start date to receive a refund.

TRIP CANCELLATION
If for any reason you cannot attend a trip for which you registered, you must call the Office of Lifelong Learning at 409-933-8226 or 409-933-8912 at least 48 hours prior to departure. Refunds are given on a case-by-case basis, according to the refund dates listed in each trip description. Extended travel trip refunds follow the procedures printed on each trip’s flier.

WAITING LISTS
Want to attend a class or trip that is full? Contact the Office of Lifelong Learning at 409-933-8226 or 409-933-8912 to place your name on a waiting list.

PARKING AT THE COM LEARNING CENTER-DELMAR
(1130 Delmar, La Marque)
There is parking in front of and behind the COM Learning Center-Delmar. The entrance and exit is located in the front of the building.

HANDICAPPED-ACCESSIBLE PARKING
Need a handicapped-parking permit? Contact Campus Police at 409-933-8403.

COURTESY RIDE
Need a ride from COM’s parking lot to any building on the main campus? Call Campus Police at 409-933-8403. A police officer or employee will pick you up and take you to the building.

OTHER FACILITY HOURS
- COM Cosmetology Lab – Gulfway Plaza Outlet Mall in La Marque Call 409-933-8480 to make an appointment.
  Open Thursday and Friday 8:30 a.m. – 5 p.m.
- Innovations Lab, TVB-1324, 409-933-8370
  Monday 7 a.m. – 8:30 p.m.
  Tuesday, Wednesday, Thursday 7 a.m. – 9:30 p.m.
  Friday 8 a.m. – noon
- Library, 409-933-8205
  Monday–Thursday 8 a.m. – 9 p.m.
  Friday 8 a.m. – 5 p.m.
  Saturday 9 a.m. – 1 p.m.
  Present a 50 Plus Program ID card at the Library circulation desk to obtain a library card at no cost.
### ART: DRAWING FROM PHOTOGRAPHS – 36 HRS
This class combines the Drawing From Photographs and Basic Colored Pencils classes. When participants have completed a value (black and white) drawing, they may advance to colored pencils. New students should buy supplies before the first class. For a supply list, stop by or call the Lifelong Learning Office at 409-933-8226. The class will not meet on March 19.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Dates</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>LMCR 107</td>
<td>01/26/15-04/20/15</td>
<td>LMCR 111</td>
<td>B Vollmer</td>
</tr>
<tr>
<td>LMCR 108</td>
<td>01/26/15-04/20/15</td>
<td>LMCR 112</td>
<td>C Walker</td>
</tr>
</tbody>
</table>

### ART: BEADED FASHION JEWELRY – 36 HRS
Do you have retro jewelry or one mismatched earring after losing the other? Sign up to give old jewelry a makeover. Bring jewelry, jewelry tools, glues for metal and glass, beading wire, Tiger Tails, crimps and finishing ends. Students will learn wire wrapping and can even make jewelry for children. The class will not meet March 18.

<table>
<thead>
<tr>
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<th>Dates</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>SENR-7022-101CL</td>
<td>01/22/15-04/15/15</td>
<td>LMCR 111</td>
<td>B Vollmer</td>
</tr>
<tr>
<td>SENR-7023-101CL</td>
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### ART: BRAZILIAN EMBROIDERY (BEGINNER TO ADVANCED) – 36 HRS
Students may choose to learn the art of crochet or of Brazilian embroidery, which uses high-sheen thread. The instructor will provide supplies for Brazilian embroidery, but participants should bring a #5 and #6 hoop. To complete a crochet project, participants will need a size G or H crochet hook and yarn. The class will not meet March 19.

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<tbody>
<tr>
<td>SENR-7046-101CL</td>
<td>01/22/15-04/15/15</td>
<td>LMCR 112</td>
<td>C Walker</td>
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### ART: BRAZILIAN EMBROIDERY (INTERMEDIATE TO ADVANCED) – 36 HRS
Students may choose to learn the art of Brazilian embroidery, chicken scratch embroidery or crochet. The instructor will have the supplies for Brazilian embroidery, but participants will need a #5 and #6 hoop. For chicken scratch embroidery, participants will need their choice of four-count-per-inch cotton gingham fabric and DMC embroidery thread in white and in a color that will contrast with their fabric choice. For crochet, participants will need a size G or H crochet hook and yarn. The class will not meet March 19.

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### ART: MOSAIC – 36 HRS
Participants will learn from a mosaic artist how to make modern projects. This class is for beginners and more advanced students. Participants will leave with a completed project. The first day of class will be an introduction to the art, and the instructor will provide a list of supplies to purchase. A $5 supply fee is due to the instructor the first class day. Due to limited space, students may take only one Fusion Glass Jewelry class per semester. The class will not meet March 16.

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<tr>
<td>SENR-7018-101CL</td>
<td>01/26/15-04/20/15</td>
<td>LMCR 111</td>
<td>B Vollmer</td>
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### ART: FUSION GLASS JEWELRY (BEGINNER TO ADVANCED) – 36 HRS
This course is a return to the fun of glass fusion techniques. Participants will create at least six pieces of jewelry, pictures, etc. No experience is required. This class works on design and new invention. The instructor will teach wire wrapping, so participants should bring jewelry tools. Information from outside advanced classes will be provided. Students must pay a $15 consumables fee to the instructor the first class day. Due to limited space, students may take only one Fusion Glass Jewelry class per semester. The class will not meet March 16.

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<td>LMCR 111</td>
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### ART: FUSION GLASS JEWELRY (ADVANCED) – 36 HRS
This course is a return to the fun of glass fusion techniques. Participants will focus on inventive designs and make at least six pieces of jewelry, art or pictures. The instructor will teach wire wrapping, so participants should bring jewelry tools. Due to limited space, students may take only one fusion glass jewelry class per semester. Students must pay a $10 consumables fee to the instructor the first class day. Prerequisite: Three semesters of Fusion Glass Jewelry, Beginner are suggested before taking the advanced class. The class will not meet March 16.

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<td>SENR-7019-101CL</td>
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<td>LMCR 112</td>
<td>B Holmes</td>
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### ART: PAINTING GOURDS – 36 HRS
Participants will cut designs and make birdhouses, fall gourds and much more. No painting talent is needed. This class does a lot of wood burning. Reference materials, saws, paint, brushes, cleaning tools, wood burning tools and drills are provided. Gourds are provided at a cost. The class will not meet March 17.

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<tr>
<td>SENR-7048-101CL</td>
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### ART: MOSAIC – 36 HRS
Participants will learn from a mosaic artist how to make modern projects. This class is for beginners and more advanced students. Participants will leave with a completed project. The first day of class will be an introduction to the art, and the instructor will provide a list of supplies to purchase. A $5 supply fee is due to the instructor the first class day. Due to limited space, students may take only one Fusion Glass Jewelry class per semester. The class will not meet March 16.

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### ART: FUSION GLASS JEWELRY (ADVANCED) – 36 HRS
This course is a return to the fun of glass fusion techniques. Participants will focus on inventive designs and make at least six pieces of jewelry, art or pictures. The instructor will teach wire wrapping, so participants should bring jewelry tools. Due to limited space, students may take only one fusion glass jewelry class per semester. Students must pay a $10 consumables fee to the instructor the first class day. Prerequisite: Three semesters of Fusion Glass Jewelry, Beginner are suggested before taking the advanced class. The class will not meet March 16.

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### ART: PAINTING GOURDS – 36 HRS
Participants will cut designs and make birdhouses, fall gourds and much more. No painting talent is needed. This class does a lot of wood burning. Reference materials, saws, paint, brushes, cleaning tools, wood burning tools and drills are provided. Gourds are provided at a cost. The class will not meet March 17.

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### ART: MOSAIC – 36 HRS
Participants will learn from a mosaic artist how to make modern projects. This class is for beginners and more advanced students. Participants will leave with a completed project. The first day of class will be an introduction to the art, and the instructor will provide a list of supplies to purchase. A $5 supply fee is due to the instructor the first class day. Due to limited space, students may take only one Fusion Glass Jewelry class per semester. The class will not meet March 16.

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ART: PAINTING WITH ACRYLICS – 36 HRS
This class is for beginner and intermediate students. The first two class sessions will focus on techniques. The remaining classes will cover a study in painting birds, palm trees, tropical flowers, seascapes and rural landscapes. During the first class, the instructor will provide a list of supplies, which may be purchased from craft stores. The instructor will provide supplies during the first class for beginners. The class will not meet on March 18.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8075 SENR-7037-101CL  01/21/15-04/15/15  W
09:00AM-12:00PM  LMCR 112  P Lingo

ART: PHOTOGRAPHY AS HOBBY (EXPERIENCED) – 36 HRS
This course will teach photography for the hobbyist or artist, not for the professional. Intended for students with more than a little experience, this practical, hands-on course will teach them how to operate their digital cameras and save images at a level somewhat higher than in the other photography course. Students will also discover how to print, frame and exhibit their prints at a more advanced level. Students are required to bring an SLR or point-and-shoot camera with its manual to each class. The class will not meet March 16.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8082 SENR-7047-101CL  01/26/15-04/20/15  M
01:00PM-04:00PM  LMCR 106  P Bowman

ART: STAINED GLASS (BEGINNER) – 24 HRS
Participants will use the copper foil technique of making stained glass projects. All supplies needed for this class may be purchased from the instructor. Students may rent equipment for $5 per week or purchase equipment. Due to limited space, students may be limited to one stained glass class per semester.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8083 SENR-7003-101CL  01/20/15-04/14/15  T
09:00AM-10:00AM  HPL  P Stettler

ART: STAINED GLASS (ADVANCED) – 24 HRS
This class is for students with experience in working with stained glass. Due to limited space, students may be limited to one stained glass class per semester. The class will not meet March 17.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8084 SENR-7004-101CL  01/20/15-04/14/15  T
10:30AM-12:30PM  HPL  P Stettler

ART: STAINED GLASS (ADVANCED, LEAD CAME METHOD) – 24 HRS
Students with experience working with stained glass will learn the advanced lead came method, in which the glass is supported by metal channeling (cames). Cames come in various shapes and metals, and they are soldered together at the seams to lend strength to the art. This is the method used in creating large works of glass art such as windows. The class will not meet March 17.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8085 SENR-7044-101CL  01/20/15-04/14/15  T
02:00PM-04:00PM  HPL  P Stettler
COMPUTER: ABSOLUTE BEGINNERS – 24 HRS
This class is perfect for those who have rarely used computers or have forgotten what they once knew about them. The class will cover how to get a computer up and running and how to shut it down safely. Students will learn to make Microsoft Windows “friendlier,” or personalized, and basic hardware differences. This class includes an introduction to key- boarding, email and Facebook. Students should bring a USB flash/jump drive to class. The class will not meet March 20 and April 3.

Cost: Senior: $15  In district: $74  Out of district: $79
SYN: 8086 SENR-7011-101CL 01/23/15-04/24/15  F
10:00AM-12:00PM  LMCR 106  C Mickens

COMPUTER: APPLICATION FOR BEGINNERS – 24 HRS
In this course students will learn the potential of Microsoft Office. Using Microsoft Office applications, participants can create letters, reports, presentations, worksheets and databases. This class will cover how to use the document wizards of Microsoft Word, PowerPoint, Excel and Access. Students will need to bring a USB flash/jump drive to class. The class will not meet on March 20 and April 3.

Cost: Senior: $15  In district: $74  Out of district: $79
SYN: 8088 SENR-7036-101CL 01/23/15-04/24/15  F
01:00PM-03:00PM  LMCR 106  C Mickens

COMPUTER: DIGITAL STORYBOOKING – 24 HRS
This class offers a fantastic alternative to hiding precious family photos in boxes or on the computer. Students will learn to use the Heritage Makers System on a computer to build a photo project. The basics are the same for all Heritage Maker projects. Students will need to bring their precious photos. The class will not meet March 18.

Cost: Senior: $15  In district: $74  Out of district: $79
SYN: 8096 SENR-7034-101CL 01/21/15-04/15/15  W
09:00AM-11:00AM  LMCR 106  J Hoggatt

COMPUTER: IPAD/IPHONE BEGINNER – 25 HRS
Are you thrilled to have a new iPad but not sure exactly how to use it? Unlock the full potential of this technology with this information-packed course. Students will learn how to upload apps, send emails, take photos/screenshots, make videos, organize photo albums, upload iTunes cards, update a calendar and address book, use maps and create documents with Pages. It will also demonstrate how to use FaceTime, iMessage, Skype, Facebook and Twitter. Students will also have time to ask the instructor those hard-to-answer questions. Please note: Students must bring their iPad/iPhone to class. This course is 10 sessions.

Cost: Senior: $15  In district: $130  Out of district: $135
SYN: 8090 SENR-7045-101CL 01/20/15-04/14/15  T
09:30AM-12:00PM  LMCR 106  C Grim
SYN: 8091 SENR-7045-102CL 01/20/15-04/14/15  T
12:30PM-03:00PM  LMCR 106  C Grim
SYN: 8094 SENR-7045-104CL 01/22/15-04/16/15  TH
12:30PM-03:00PM  LMCR 106  P Polensky
SYN: 8093 SENR-7045-103CL 01/22/15-04/16/15  TH
09:30AM-12:00PM  LMCR 106  P Polensky

EXERCISE: RHYTHMIC STRENGTHENING AND STRETCHING – 24 HRS
This class will combine yoga, Pilates and low-impact interval exercises set to music. This class is designed for students needing a slower-paced exercise class. The instructor will work with the student for exercise modification if needed.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8097 SENR-7001-101CL 01/20/15-04/16/15  TTH
10:45AM-11:45AM  GYM 112B  B Whistler

EXERCISE: DANCE FOR HEALTH – 24 HRS
Participants will get in shape in a fun and relaxing atmosphere. They will learn the basic steps for line dancing, group dancing and square dancing. This is the perfect way to get moving and stay young. No partner is required. Students may register at any time if the class is not full. The class will not meet March 17 and 19.

Cost: Senior: $15  In district: $15  Out of district: $15
SYN: 8098 SENR-7059-101CL 01/20/15-04/16/15  TTH
08:15AM-09:15AM  GYM West 005  T Belcher

EXERCISE: LINE DANCING – 24 HRS
Line dancing not only blends exercise and recreation, it is also a fun way to meet people and improve coordination. This class is for those who have never had a line dancing class. The only equipment needed is footwear that slides and swivels easily and does not stick to the floor. The class will not meet March 17 and 19.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8100 SENR-7006-201CL 1/20/15-04/16/15  TTH
05:30PM-06:30PM  GYM 112B  P Horton
SYN: 8101 SENR-7006-202CL 01/20/15-04/16/15  TTH
06:45PM-07:45PM  GYM 112B  P Horton

EXERCISE: DYNA-BANDS – 24 HRS
Dyna-Bands are a tool to safely improve muscle strength, endurance, range of motion and flexibility through resistance exercise, which makes everyday activities easier and fatigue less of a problem. This tool is gentle enough for nearly everyone and can be safely done with an instructor. The class will not meet March 17 and 19.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8097 SENR-7001-101CL 01/20/15-04/16/15  TTH
10:45AM-11:45AM  GYM 112B  B Whistler

EXERCISE: PILATES – 24 HRS
Pilates strengthens the muscles that support the spine (the neck, shoulders, abs, hips and thighs) to bring balance to the body. Most body aches and pains are due to muscular imbalance, and Pilates helps to realign the spine to decrease tension, increase flexibility and strengthen the body from the inside out. The class will not meet March 17 and 19.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8102 SENR-7075-101CL 01/20/15-04/16/15  TTH
04:15PM-05:15PM  GYM West 005  S Deshotel

EXERCISE: DANCE FOR HEALTH – 24 HRS
Participants will get in shape in a fun and relaxing atmosphere. They will learn the basic steps for line dancing, group dancing and square dancing. This is the perfect way to get moving and stay young. No partner is required. Students may register at any time if the class is not full. The class will not meet March 17 and 19.

Cost: Senior: $15  In district: $15  Out of district: $15
SYN: 8098 SENR-7059-101CL 01/20/15-04/16/15  TTH
08:15AM-09:15AM  GYM West 005  T Belcher

EXERCISE: LINE DANCING – 24 HRS
Line dancing not only blends exercise and recreation, it is also a fun way to meet people and improve coordination. This class is for those who have never had a line dancing class. The only equipment needed is footwear that slides and swivels easily and does not stick to the floor. The class will not meet March 17 and 19.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8100 SENR-7006-201CL 1/20/15-04/16/15  TTH
05:30PM-06:30PM  GYM 112B  P Horton
SYN: 8101 SENR-7006-202CL 01/20/15-04/16/15  TTH
06:45PM-07:45PM  GYM 112B  P Horton

EXERCISE: PILATES – 24 HRS
Pilates strengthens the muscles that support the spine (the neck, shoulders, abs, hips and thighs) to bring balance to the body. Most body aches and pains are due to muscular imbalance, and Pilates helps to realign the spine to decrease tension, increase flexibility and strengthen the body from the inside out. The class will not meet March 17 and 19.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8102 SENR-7075-101CL 01/20/15-04/16/15  TTH
04:15PM-05:15PM  GYM West 005  S Deshotel

EXERCISE: RHYTHMIC STRENGTHENING AND STRETCHING – 24 HRS
This class will combine yoga, Pilates and low-impact interval exercises set to music. This class is designed for students needing a slower-paced exercise class. The instructor will work with the student for exercise modification if needed.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8103 SENR-7080-101CL 01/26/15-04/22/15  MW
12:30PM-01:30PM  GYM West 005  J Asmussen
The class will not meet March 16 and 18.

SYN: 8104 SENR-7080-102CL 01/22/15-04/16/15  TTH
10:45AM-11:45AM  GYM West 005  J Asmussen
The class will not meet March 17 and 19.
EXERCISE: SIT-N-FIT (INTERMEDIATE) – 24 HRS
This is an enjoyable, structured, rhythmic exercise class that will tone muscles and increase endurance. This class includes chair and floor exercises set to music. The class will not meet March 17 and 19.
Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8099 SENR-7002-101CL 01/20/15-04/16/15  TTH
09:30AM-10:30AM  GYM 112B  R Kennedy

EXERCISE: TOTAL BODY FITNESS – 25 HRS
Participants will learn to properly and safely stretch, warm up, perform abdominal exercises and execute upper and lower-body exercises. They will reap cardiovascular benefits while doing fun, low-impact dance aerobics. The class also provides health and nutrition updates. This class is appropriate for participants who never exercise as well as those who frequent the gym. Participants should wear comfortable, loose-fitting clothes. They should bring a towel or blanket for comfort in lying down. The class will not meet March 16 and 18.
Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8249 SENR-7070-101CL 01/26/15-04/22/15  MW
02:00PM-03:00PM  GYM West 005  T Belcher
SYN: 8105 SENR-7070-102CL 01/26/15-04/22/15  MW
09:15AM-10:15AM  GYM West 005  T Belcher

EXERCISE: WEIGHT TRAINING – 24 HRS
Participants will learn to safely and properly perform a circuit weight-training program, which should result in reduced resting blood pressure, increased muscle and decreased fat. Participants do not have to be strong in order to do weight training exercises; participants will get stronger by performing weight-training exercises. Participants will need a clipboard, pencil, water bottle, hand towel and weight gloves with wraparound wrist support. They should wear comfortable, loose-fitting clothes.
Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8106 SENR-7076-101CL 01/26/15-04/22/15  MW
08:00AM-09:00AM  GYM 132  T Belcher
The class will not meet March 16 and 18.
SYN: 8107 SENR-7076-102CL 01/20/15-04/16/15  TTH
09:30AM-10:30AM  GYM 132  T Belcher
The class will not meet March 17 and 19.

EXERCISE: YOGA – 36 HRS
Participants will learn the art of slow, measured movements to help develop strong muscles, increase agility and flexibility and reduce the effects of the aging process. Through the art of breathing, relaxation and self-awareness, participants will experience increased energy levels and decreased aches and pains. Yoga positions are done in the chair and on the floor. Participants should bring a towel or blanket for comfort in lying down. The class will not meet March 16, 17 and 18.
Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8108 SENR-7071-101CL 01/26/15-04/22/15  MTW
11:30AM-12:30PM  WJCC  B Lambert
SYN: 8109 SENR-7071-102CL 01/26/15-04/22/15  MTW
01:00PM-02:00PM  WJCC  B Lambert

LIFE STORY WRITING – 24 HRS
Everyone has a story to tell. All of our stories matter, and our children and great-grandchildren will enjoy them for years to come. The instructor will offer creative writing tips and editing help in recording personal stories. The class will not meet March 17.
Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8110 SENR-7013-101CL 01/20/15-04/14/15  T
01:00PM-03:00PM  LMCR 111  J Payne

PIANO I – 12 HRS
Students will learn to read music and play familiar tunes. The required texts are “Older Beginner Piano” (Level 1) by James Bastien and “Schaum Note Speller” (Level 1).
Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8111 SENR-7042-101CL 01/23/15-02/27/15  F
10:00AM-12:00PM  FAB 111  S Walker

PIANO II – 12 HRS
Students will be introduced to more advanced concepts, which will further their skills in reading music and playing the piano. The required texts are “Older Beginner Piano” (Level 2) by James Bastien and “Schaum Note Speller” (Level 2). The class will not meet March 20 and April 3.
Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8112 SENR-7005-101CL 03/06/15-04/17/15  F
10:00AM-12:00PM  FAB 111  S Walker

SEWING: BASIC AND BEYOND QUILTING (BEGINNER) – 36 HRS
This class is designed for beginners with little or no experience with sewing machines or quilting. Those who need help with a sewing project or who want to start a new one can join this class to learn how. Participants will work on projects for their home or wardrobe. A supply list will be provided the first class day; quilting students may bring their own projects or supplies. The class will not meet March 17.
Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8114 SENR-7041-101CL 01/20/15-04/14/15  T
09:00AM-12:00PM  LMCR 112  C Walker

SEWING: BASIC AND BEYOND QUILTING (ADVANCED) – 36 HRS
Those who need help with a current sewing or quilting project or who want to begin a new project for their home or wardrobe are welcome in this class. A supply list will be provided the first class day; quilting students should bring their own supplies. The class will not meet March 17.
Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8113 SENR-7028-101CL 01/20/15-04/14/15  T
01:00PM-04:00PM  LMCR 112  C Walker
SPANISH – 24 HRS
Students will gain a working knowledge of beginning Spanish, learn common nouns and phrases, and then proceed to verbs and sentence construction. The last class will be a conversational class revolving around food. The class will not meet March 21 and April 4.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 8115 SENR-7015-101CL  01/24/15-04/25/15  S
10:00AM-12:00PM  TVB 1559  M Romero

LECTURE: PERSONAL SAFETY AND SECURITY AWARENESS
This session will familiarize senior adults with their surroundings through a common-sense approach to security at home and in public. The discussion will include everyday activities such as Internet usage and safety, receiving invited and uninvited guests at the door, lighting inside and outside the home, self-protection, roadside assistance and awareness of the latest scams targeting seniors. Frank Walker, CEO of All For One Absolute Kheir Services, teaches this class.

Cost: Senior: FREE
SYN: 8120 SENR-7098-105CL  02/18/15-02/18/15  W
01:00PM-02:30PM  LMCR 106

LECTURE: GENEALOGY OVERVIEW AND LIBRARY RESEARCH OPPORTUNITIES
Students will learn about upcoming trips to various libraries, the basic methods and systems for studying genealogy and the thrill of finding ancestors they never knew they had. During upcoming library trips students may discover birth, marriage or death records; probate records; and perhaps wills. Students will learn how to dig a little deeper and develop persistence and research techniques along the way. Debbie Cothern teaches this class.

Cost: Senior: FREE
SYN: 8116 SENR-7098-101CL  01/21/15-01/21/15  W
01:00PM-03:00PM  LMCR 106  D Cothern

LECTURE: RETIREMENT SUCCESS WORKSHOP
This workshop is designed for those approaching retirement or wanting to learn more about retirement finances. Students will learn how the economy, taxes and inflation affect their retirement nest eggs. Instructors Paul Shaffer and Bob Groux show how simple strategies can ensure that you do not outlive your retirement savings.

Cost: Senior: FREE
SYN: 8117 SENR-7098-102CL  01/28/15-01/28/15  W
01:00PM-03:00PM  LMCR 106

LECTURE: GENEALOGY – THE LDS FAMILY HISTORY CENTER
Students will learn about the LDS Family History Center, the world’s largest online family history resource. Participants will learn how to use this tool to find census, taxes, land, property and probate records and wills. Nancy Rogers, a 20-year volunteer with the Family History Center, teaches this class.

Cost: Senior: FREE
SYN: 8119 SENR-7098-104CL  02/11/15-02/11/15  W
02:00PM-03:00PM  LMCR 106

LECTURE: COPD AND RESPIRATORY ISSUES
This session will familiarize senior adults with their surroundings through a common-sense approach to security at home and in public. The discussion will include everyday activities such as Internet usage and safety, receiving invited and uninvited guests at the door, lighting inside and outside the home, self-protection, roadside assistance and awareness of the latest scams targeting seniors. Frank Walker, CEO of All For One

Cost: Senior: FREE
SYN: 8123 SENR-7098-108CL  03/25/15-03/25/15  W
01:00PM-02:00PM  LMCR 106

LECTURE: THE END OF AN ERA: HOW TO SURVIVE IN A WORLD WITHOUT ANTIBIOTICS
Students will learn how to prevent infection and how to use alternative medicine to treat antibiotic-resistant bacteria such as MRSA and to treat viral infections such as Ebola. Alternative medicine practitioners share the philosophy that almost all disease is caused by nutritional deficiencies, toxins in the body and stress. Only by getting to the root cause of the disease process can true healing take place. Dr. Wayne Browne, DC, ACN, of the Center for Alternative Medicine, teaches this class.

Cost: Senior: FREE
SYN: 8121 SENR-7098-106CL  03/04/15-03/04/15  W
01:00PM-02:30PM  LMCR 106

LECTURE: GENEALOGY – HERITAGE QUEST AND MORE
Students will learn about the Daughters and Sons of the American Republic as well as Daughters and Sons of the Republic of Texas, including requirements for membership and the documents required for each generation to become members. Students will also learn how to use Heritage Quest Online. Linda Johnson Cooper teaches this class.

Cost: Senior: FREE
SYN: 8122 SENR-7098-107CL  03/11/15-03/11/15  W
01:00PM-02:30PM  LMCR 106

LECTURE: AARP DRIVER SAFETY COURSE
The AARP sponsors this one-day safety course that gives seniors tools for safer driving techniques to compensate for age-related problems. This is a certified course recognized by most major insurance companies for discounted rates. Check with your insurance agent to see if the completion certificate will qualify you for a discount. Note: This is not a ticket dismissal class. The certificate fee is $15 for students with AARP membership cards and $20 for non-members. Instructor Barbara Cook will collect this at the beginning of class.

Cost: Senior: FREE
SYN: 8118 SENR-7098-103CL  02/05/15-02/05/15  TH
08:30AM-12:30PM  LMCR 107
SYN: 8127 SENR-7098-113CL  04/30/15-04/30/15  TH
08:30AM-12:30PM  LMCR 107

LECTURE: WORLD WITHOUT ANTIBIOTICS
Students will learn how to prevent infection and how to use alternative medicine to treat antibiotic-resistant bacteria such as MRSA and to treat viral infections such as Ebola. Alternative medicine practitioners share the philosophy that almost all disease is caused by nutritional deficiencies, toxins in the body and stress. Only by getting to the root cause of the disease process can true healing take place. Dr. Wayne Browne, DC, ACN, of the Center for Alternative Medicine, teaches this class.

Cost: Senior: FREE
SYN: 8121 SENR-7098-106CL  03/04/15-03/04/15  W
01:00PM-02:30PM  LMCR 106

LECTURE: COPD AND RESPIRATORY ISSUES
This session will familiarize senior adults with their surroundings through a common-sense approach to security at home and in public. The discussion will include everyday activities such as Internet usage and safety, receiving invited and uninvited guests at the door, lighting inside and outside the home, self-protection, roadside assistance and awareness of the latest scams targeting seniors. Frank Walker, CEO of All For One

Cost: Senior: FREE
SYN: 8123 SENR-7098-108CL  03/25/15-03/25/15  W
01:00PM-02:00PM  LMCR 106
LECTURE: PERSONAL SAFETY AND BODY LANGUAGE
This follow-up lecture to Personal Safety and Body Language will provide a review and hands-on exercises in using and reading body language for personal safety. In addition, the student will also have the opportunity to practice verbal commands and learn basic self-defense techniques. Chief Sylvia Chapa from the COM Police Department teaches this class.
Cost: Senior: FREE
SYN: 8124 SENR-7098-109CL 03/27/15-03/27/15  F
10:00AM-11:00AM GYM West 005

LECTURE: DEALING WITH GRIEF AND LOSS
Learn the who, what, when, where and why of caring for the terminally ill and navigating through the loss of a loved one. A representative of Hallmark Hospice teaches this class.
Cost: Senior: FREE
SYN: 8125 SENR-7098-110CL 04/08/15-04/08/15  W
01:00PM-02:00PM LMCR 106

LECTURE: DIE-CUTTING MACHINES
Students will learn about several popular die-cutting machines such as the CriCut and the Silhouette. The student will watch demonstrations of the functions and projects that these machines can accomplish. Some examples include T-shirt and cloth bag designs, scrapbooking and card making. Barbara Oberholtzer teaches this class. (This session is designed to see whether there is interest in this type of course in the future.)
Cost: Senior: FREE
SYN: 8126 SENR-7098-111CL 04/15/15-04/15/15  W
01:00PM-03:00PM LMCR 106

TRIP: GENEALOGY – CLAYTON LIBRARY
Students will travel to the Clayton Library for Genealogical Research, one of the top genealogical research libraries in the United States. Instructor Debbie Cothern will assist beginner and advanced students in tracing their family history using research techniques and library resources. This library houses over 70,000 reels of microfilm and other electronic databases. This session will include a tour of the second floor, which houses a family histories collection, including published and nonpublished documents. Lunch is Dutch treat at Bodgas Mexican Restaurant, or participants may bring a sack lunch and eat at the library. The cost covers transportation and instruction. This trip is open to seniors 50 and older. Refund deadline: Jan. 20
Cost: Senior: $28
SYN: 8128 SENR-7099-101CL 01/27/15-01/27/15  T
09:00AM-05:00PM D Cothern

TRIP: ALLEY THEATRE’S “AS YOU LIKE IT”
This trip begins with a Dutch treat supper followed by the Alley Theatre’s classic production of “As You Like It.” The theatre calls it “one of Shakespeare’s greatest comedies. This play traces the separate and intertwining journeys of Rosalind and Orlando, who have each been banned from their homes and families. Independently, they both set out with a faithful and loyal servant and make their way through the dark Forest of Arden, where Rosalind’s father had previously been banished. Rosalind is disguised as the boy Ganymede when she meets up with Orlando deep in the forest. Lovers discover lovers, fathers find daughters, brothers reclaim brothers, people are changed and evil is converted in this delightful story of love.” The cost includes transportation and an admission ticket. This trip is open to seniors 50 or older. Refund deadline: Jan. 16
Cost: Senior: $40
SYN: 8129 SENR-7099-102CL 01/30/15-01/30/15  F
04:30PM-11:00PM

TRIP: BIRDWATCHING – BRAZORIA WILDLIFE REFUGE
Richard Mayfield hosts this trip to Brazoria National Wildlife Refuge to see many species of waterfowl, followed by driving tours of Quintana Neotropical Sanctuary and a drive along the beach to look for gulls, plovers and sandpipers. Students should wear comfortable clothes, hiking or closed-toed shoes and be prepared to walk. Bringing bottled water, snacks, binoculars and a camera is recommended. The cost of this trip includes transportation and the guided tour. Lunch will be Dutch treat. This trip is open to seniors 50 or older. Refund deadline: Feb. 3
Cost: Senior: $15
SYN: 8131 SENR-7099-104CL 02/17/15-02/17/15  T
09:00AM-03:00PM R Mayfield

TRIP: GENEALOGY – MONTGOMERY COUNTY LIBRARY, CONROE
Participants will travel to the Montgomery County Library in Conroe, Texas. Instructor Debbie Cothern will assist beginner and advanced students in tracing their family history using research techniques and library resources. This library houses many resources including special collections, the Dawes Rolls (Native American), south Louisiana records by Hebert and 19th-century military records. The cost covers transportation and instruction. Lunch is Dutch treat at Cracker Barrel, or participants may bring a sack lunch and eat at the library. This trip is open to seniors 50 and older. Refund deadline: Feb. 10
Cost: Senior: $28
SYN:8132 SENR-7099-105CL 02/24/15-02/24/15  T
08:00AM-05:00PM D Cothern
TRIP: BROOKDALE SENIOR LIVING COMMUNITY
Just as there’s more than one way to win at bingo, there are a number of possible solutions to one’s senior living lifestyle and accommodations. On this trip students will experience a taste of the Brookdale Plaza Clear Lake Retirement Community. Brookdale will host our group for a tour, bingo and a light lunch. This trip is open to seniors 50 and older. Refund deadline: Feb. 4
Cost: Senior: $13
SYN: 8134 SENR-7099-106CL 02/25/15-02/25/15 W 10:00AM-02:00PM

TRIP: GENEALOGY – GEORGE MEMORIAL LIBRARY, RICHMOND
Students will travel to the George Memorial Library in Richmond, Texas. Instructor Debbie Cothern will assist beginner and advanced students in tracing their family history using research techniques and library resources. This library houses resources that focus on the southeastern United States, including pension records, federal censuses and documents relating to Texans in the Mexican and Civil War. Collections include books and microfilm. The cost covers transportation and instruction. Lunch is Dutch treat, or participants may bring a sack lunch and eat at the library. This trip is open to seniors 50 and older. Refund deadline: March 10
Cost: Senior: $28
SYN: 8133 SENR-7099-107CL 03/24/15-03/24/15 T 08:30AM-05:00PM D Cothern

TRIP: ALLEY THEATRE’S “ALL MY SONS”
This trip begins with a Dutch treat supper followed by the Alley Theatre’s production of Arthur Miller’s first commercial success, “All My Sons.” View the play "inspired by a true story about a successful businessman who sold the government defective airplane parts during WWII. After the war, the Keller family desperately hopes that their son Larry, who was MIA three years earlier, returns home. As the other son prepares to propose to the woman he loves, who was Larry’s girlfriend when he went missing, the Kellers confront realities as family secrets are revealed. Contains mature themes." This trip is open to seniors 50 and older. Cost includes transportation and an admission ticket. Refund deadline: March 20
Cost: Senior: $40
SYN: 8135 SENR-7099-108CL 03/31/15-03/31/15 T 03:30PM-11:00PM

TRIP: BIRDWATCHING – GALVESTON
Richard Mayfield hosts this trip to Galveston to see migrant traps and migrating birds. Students should wear comfortable clothes, hiking or closed-toed shoes and be prepared to walk. Bringing bottled water, snacks, binoculars and a camera is recommended. The cost of this trip includes transportation and the guided tour. Lunch will be Dutch treat at a local restaurant. This trip is open to seniors 50 and older. Refund deadline: March 24
Cost: Senior: $28
SYN: 8136 SENR-7099-109CL 04/07/15-04/07/15 T 09:00AM-04:00PM R Mayfield

TRIP: SCHULENBURG PAINTED CHURCHES
Back by popular demand, this trip takes students to Schulenburg for the official state of Texas Painted Churches Tour, which includes Ascension of Our Lord Catholic Church in Moravia and St. John the Baptist Catholic Church. These two churches are only available on the guided tour. The other painted churches are located in the communities of Dubina, High Hill and Ammannsville. While unassuming from the outside, these churches take visitors’ breath away with their beauty inside. Midway through the tour, there will be a stop for Dutch treat lunch. The cost includes transportation, admission and docent fees. This trip is open to seniors 50 and older. Refund deadline: March 27
Cost: Senior: $40
SYN: 8137 SENR-7099-110CL 04/10/15-04/10/15 F 07:30AM-05:00PM

TRIP: GENEALOGY – CLAYTON LIBRARY
Students will travel to the Clayton Library for Genealogical Research, one of the top genealogical research libraries in the United States. Instructor Debbie Cothern will assist beginner and advanced students in tracing their family history using research techniques and library resources. This library houses over 70,000 reels of microfilm and other electronic databases. This session will include a tour of the second floor, which houses a family histories collection, including published and nonpublished documents. Lunch is Dutch treat at Bodgas Mexican Restaurant, or participants may bring a sack lunch and eat at the library. The cost covers transportation and instruction. This trip is open to seniors 50 or older. Refund deadline: March 31
Cost: Senior: $28
SYN: 8138 SENR-7099-111CL 04/14/15-04/14/15 T 09:00AM-05:00PM D Cothern

TRIP: TUTS – “MAMMA MIA, THE MUSICAL”
A Dutch treat supper will be followed by Broadway Across America’s production of “Mamma Mia, The Musical.” As the website suggests, “it’s your turn to have the time of your life at this smash-hit musical that combines ABBA’s greatest hits, including ‘Dancing Queen,’ ‘SOS,’ ‘Super Trouper,’ ‘Take a Chance on Me’ and ‘The Winner Takes It All,’ with an enchanting tale of love, laughter and friendship. Touted by critics as the ultimate feel-good show, this performance has audiences returning again and again to relive the adventure.” This trip is open to seniors 50 and older. The cost includes transportation and admission ticket. Refund deadline: Feb. 2
Cost: Senior: $50
SYN: 8139 SENR-7099-112CL 04/15/15-04/15/15 W 04:00PM-11:00PM
TRIP: MFAH AND CULINARY ART INSTITUTE
Students will travel to the Culinary Art Institute of Houston, where a Dutch treat lunch will be prepared by culinary art students in their final lab before graduation under the direction of chef instructors. Next, students will tour "The Florence," a special exhibit at the Museum of Fine Arts, Houston, where they will view fresh flower arrangements alongside the artworks that inspired the flower arrangements in the permanent art collection. The cost includes transportation and admission. This trip is open to seniors 50 and older. Refund deadline: April 7
Cost: Senior: $24
SYN: 8140 SENR-7099-113CL 04/28/15-04/28/15  T
10:00AM-04:30PM

SPACE-AVAILABLE CLASSES
Space-available classes are academic credit classes in which continuing education students may enroll for personal enrichment. These classes are available to a limited number of noncredit students who must complete all course objectives, take exams, and meet attendance requirements. Students will receive a grade of either pass or fail; however, they do not earn college credit. Noncredit students do not have to take college placement tests or apply to the College to take these classes. Space-available classes follow the Spring credit class semester: Jan. 20 to May 15. Full course descriptions are available in the College catalog, and more information is in the credit schedule at www.com.edu/schedule.

ACTING I – 48 HRS
Cost: In district: $270 Out of district: $275
SYN: ARTSL-2007-140CL 01/20/15-05/14/15 TTH
11:00AM-12:20PM FAB 117 M Adams

PHOTOGRAPHY I – 96 HRS
Cost: In district: $270 Out of district: $275
SYN: ARTSL-2002-121CL 01/20/15-05/14/15 TTH
09:30AM-12:20PM TVB 1139 C Peet
SYN: ARTSL-2002-120CL 01/21/15-05/13/15 MW
02:00PM-04:50PM TVB 1572 C Peet

CERAMICS – 96 HRS
Cost: In district: $270 Out of district: $275
SYN: ARTSL-2047-233CL 01/21/15-05/13/15 MW
06:00PM-08:50PM FAB 138 G Bowes

CERAMICS – 96 HRS
Cost: In district: $270 Out of district: $275
SYN: ARTSL-2047-133CL 01/20/15-05/14/15 TTH
01:30PM-04:20PM FAB 138 G Bowes

CLASS GUITAR – 48 HRS
Cost: In district: $90 Out of district: $95
SYN: MUSIL-2002-160CL 01/26/15-05/11/15 M
03:30PM-06:20PM FAB 117 J Kiefer

CLASS PIANO I – 48 HRS
Cost: In district: $90 Out of district: $95
SYN: MUSIL-2001-160CL 01/20/15-05/14/15 TTH
09:30AM-10:50AM FAB 111 TBA

CLASS PIANO II – 48 HRS
Cost: In district: $90 Out of district: $95
SYN: MUSIL-2001-161CL 01/21/15-05/13/15 TTH
04:30PM-05:50PM FAB 111 TBA

CONCERT BAND – 48 HRS
Cost: In district: $90 Out of district: $95
SYN: MUSIL-2003-270CL 01/26/15-05/11/15 M
07:30PM-10:20PM FAB 117 H Koerner

GUITAR ENSEMBLE – 48 HRS
Cost: In district: $90 Out of district: $95
SYN: MUSIL-2002-170CL 01/21/15-05/13/15 W
03:30PM-06:20PM FAB 117 J Kiefer

JAZZ COMBO – 48 HRS
Cost: In district: $90 Out of district: $95
SYN: MUSIL-2004-170CL 01/20/15-05/14/15 TTH
03:00PM-04:20PM FAB 117 H Koerner

JAZZ COMBO – 48 HRS
Cost: In district: $90 Out of district: $95
SYN: MUSIL-2004-270CL 01/22/15-05/14/15 TH
07:00PM-09:40PM FAB 111 H Koerner

JAZZ ENSEMBLE – 48 HRS
Cost: In district: $90 Out of district: $95
SYN: MUSIL-2005-270CL 01/20/15-05/12/15 T
07:30PM-10:20PM FAB 117 H Koerner

MAINLAND CHORALE – 48 HRS
Cost: In district: $90 Out of district: $95
SYN: MUSIL-2007-270CL 01/20/15-05/12/15 T
07:30PM-10:20PM FAB 110 J Heffel

MAINLAND SINGERS – 48 HRS
Cost: In district: $90 Out of district: $95
SYN: MUSIL-2006-270CL 01/26/15-05/11/15 M
07:30PM-10:20PM FAB 110 J Heffel

WOODWIND ENSEMBLE: CLARINET, SAXOPHONE – 48 HRS
Cost: In district: $90 Out of district: $95
SYN: MUSIL-2008-270CL 01/22/15-05/14/15 W
07:00PM-09:40PM FAB 117 J Gonzales
COLLEGE MISSION
College of the Mainland is a learning-centered, comprehensive community college dedicated to student success and the intellectual and economic prosperity of the diverse communities we serve.

COLLEGE VISION
College of the Mainland will be a valued and vital community partner by striving to enrich our expanding community and preparing our students to learn, work and live in a diverse, dynamic and global environment.

COLLEGE OF THE MAINLAND BOARD OF TRUSTEES
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ACCREDITATION
College of the Mainland is accredited by:
The Commission on Colleges of the Southern Association of Colleges and Schools to award associate degrees and certificates. Contact the Commission on Colleges at 1866 Southern Ln., Decatur, GA 30033-4097 or call 404-679-4500 for questions about the accreditation of College of the Mainland. The Commission is to be contacted only if there is evidence that appears to support the institution’s significant non-compliance with a requirement or standard.

DISCLAIMER STATEMENT
College of the Mainland reserves the right to withdraw a student due to any inability to maintain the prescribed rate of progress or for behavior detrimental to the learning process of the student or class. College of the Mainland also reserves the right to make changes in regulations, courses, fees and other matters of policy and procedure when deemed necessary. These provisions are not to be regarded as an irrevocable contract between the student and the college.

NOTICE OF NONDISCRIMINATION
College of the Mainland does not discriminate in its education programs and activities on the basis of sex. Inquiries concerning application of Title IX of the Education Amendments of 1972, as amended, may be referred to the College’s Title IX Coordinator or the U.S. Department of Education’s Office of Civil Rights. The College District designates the following person to coordinate its efforts to comply with Title IX of Education Amendments: Monica Bush, ibush@com.edu, 1200 Amburn Road, Texas City, TX 77591, 409-933-8413.

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College of the Mainland offers credit academic and vocational programs published in the current college catalog. Admission into these programs is based on graduation from an accredited high school, a GED certificate or individual approval. It is the policy of College of the Mainland not to discriminate on the basis of sex, handicap, race, color, age or national origin in its education and vocational programs, activities or employment as required by Title IX, section 504 and Title VI. College of the Mainland will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all educational and vocational programs. For more information about your rights or grievance procedures, contact the Vice President for Instruction, 1200 Amburn Road, Texas City, TX 77591-2499, or call 409-933-8229, (local) or 1-888-258-8859, ext. 8229. College of the Mainland is an equal opportunity/affirmative action educational institution and does not discriminate on the basis of race, sex, age, religion, veteran status or national origin.

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El College of the Mainland ofrece programas vocacionales y académicos publicados en el presente catalogo. La admisión a estos programas se efectúa a base de la graduación de una escuela secundaria acreditada o por medio de un certificado de GED o aprobación individual. Es la política del College of the Mainland no discriminar a base de sexo, desventaja física, raza, color, edad u origen nacional en sus programas educativos y vocacionales, ni en las actividades y el empleo, de acuerdo con los requisitos del Titulo IX, Sección 504, y del Titulo VI. El College of the Mainland tomará medidas para asegurar que el desconocimiento del idioma inglés no sea obstaculo a la admisión y participación en todos los programas educativos y vocacionales.

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Located in the Technical-Vocational Building, Room T-1475
Business Hours:
Monday through Friday, 8 a.m. – 5 p.m.

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Lupe Camacho is at the top of his class – and hired.

Recommended by instructors in the College of the Mainland Mechanical Maintenance Technician Program, Camacho, of Seabrook, was hired by INEOS Olefins and Polymers USA for its two-year apprenticeship program.

“College of the Mainland has a strong working relationship with INEOS. In June INEOS called and said that they had an opening for their apprenticeship program for a mechanical maintenance technician. They asked that our students apply and that the instructors provide a recommendation letter on each applicant,” said Laura Baumgartner, director of COM continuing education industrial workforce programs.

“Our instructors came from industry; therefore, they know what employers are looking for, good work ethic, desire to learn and ability to work well with their peers. Camacho is an outstanding student and is just one of many who have been hired from COM.”

Now in addition to hands-on instruction in classes two evenings per week, Camacho works full-time at the INEOS Battleground Manufacturing Complex in La Porte to learn the trade. He completed beginner and intermediate mechanical maintenance technician certificate programs at COM before beginning the apprenticeship two weeks ago.

“The benefits are really good as an apprentice. I get all the benefits, bonuses, overtime,” said Camacho.

Camacho is in the final stage of a three-certificate program and entering the field at an opportune time. As industry facilities expand along the Gulf Coast and new facilities are planned, demand for workers with mechanical maintenance technician skills will only increase.

“Jobs are here and will be increasing over the next three to 10 years based on a meeting I attended with the Texas Workforce Commission. The focus will be on new construction projects in the petrochemical field which could generate between 15,000 plus jobs in the Texas Gulf Coast area,” said Baumgartner. “Our goal is to build a strong workforce to support what is at our door step.”

Mechanical maintenance technicians and millwrights are currently high-demand, high-skills jobs, according to Workforce Solutions. The organization projects that by 2020 the need for mechanical maintenance technicians (also called industrial maintenance technicians) will grow 41.5 percent. Its data shows the median hourly wage to be $23.

In COM’s hands-on program students learn a wide range of skills, such as preventative maintenance, making machinery adjustments and repairing equipment.

“What makes COM unique is the ability for students to work on actual industrial equipment, which in some cases has been donated by local industry, such as turbines, gearboxes and compressors,” said Baumgartner. “Industry partnerships have made this program successful, not only by supporting us with equipment but by providing a strong team of knowledgeable instructors and career opportunities like this apprenticeship program through INEOS.”

To prepare for a career troubleshooting and repairing equipment, students spend hours in the lab.

“We get a lot of time to come out to the shop and get our hands on it,” said Camacho. “We learn all of the basic concepts of welding. Compressors we took apart and learned all the parts and put it back together.”

While many classes take place in the lab, students also explore principles in the classroom.

“I focus on a lot on terminology. We show them to look for why it failed,” said instructor Rick Lopez, who spent 40 years as a machinist and supervisor at Eastman Chemical Co. and Monsanto Co. “I’ve got a lot of pictures that I brought from plants that I show them so that they will know what to expect in the field. We cover safety and our experiences in the plants.”

Evening classes offer students like Camacho an opportunity to train while working full-time.

After completing the apprenticeship program, if his work and grades are satisfactory, he expects a job at INEOS as a full-fledged mechanical maintenance technician.

However, he said the greatest reward of the field is tangible - “to actually put your hands on something and see (that) I did this.”

The COM Mechanical Maintenance Program is open for registration for the fall semester, and students may qualify for financial aid through Texas Public Education Grants and the Workforce Investment Act.

For more information, call 409-933-8406 or visit www.com.edu/ce.
The Continuing Education office is located in the Technical-Vocational Building, Room TVB-1475, on the main campus.

Phone: 409-933-8586  Fax: 409-933-8026
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This is to certify that I
❑ AM
❑ AM NOT a legal resident of the College of the Mainland District. To be a legal resident of College of the Mainland District, you must reside in one of the following school districts: Hitchcock, Santa Fe (including Algoa, Arcadia, Alta Loma), Texas City, La Marque and Dickinson.

Signature______________________________________________ Date______________________________

CHECK ONE:
1. Do you consider yourself to be Hispanic/Latino?
   ❑ Yes ❑ No
2. In addition, please select one or more of the following racial categories to describe yourself:
   ❑ American Indian or Alaskan Native
   ❑ Asian
   ❑ Black or African American
   ❑ Native Hawaiian or Pacific Islander
   ❑ White

COURSES TO ADD

Term
Synonym
Course Abbreviation
Course #
Section #
Cost

What is your primary educational goal?
❑ Personal enrichment
❑ New/better/improved job
❑ One-year certificate
❑ Other __________________________

Reason for taking this course:
❑ Need for my current job
❑ For my/my family’s health
❑ For future job skills
❑ Just for fun
❑ To explore new interests
❑ Other __________________________

How you learned about this class:
❑ Newspaper ad
❑ Radio ad
❑ TV ad
❑ Brochure or flier
❑ Friend recommended
❑ Found on the Web
❑ Previous classes here
❑ Other __________________________

Refund policy: NO REFUNDS will be made after a class begins. We will be happy to issue a full refund if cancellation is received before the class start date. This policy is based on the fact that CE classes are self-supporting. Registration fees are used to pay salaries for our instructors as well as for supplies.

Register in person:
COM Continuing Education
Technical-Vocational Building, Rm T-1475
1200 Amburn Road, Texas City
(pay by credit card)

Register by mailing to:
COM Admissions
1200 Amburn Road
Texas City, TX 77590-2499
(pay by check or money order)

Register by calling:
409-933-8586 or 1-888-258-8859, ext. 8586
(pay by credit card)

Register online:
Use WebAdvisor
https://webadvisor.com.edu

7/2013/MCT
COM Lifelong Learning proudly announces the return of

Extended Travel Trips

Canadian Rockies Via Rail departs June 17, 2015. (Valid Passport Required)


Both trips are eight days. Tours include airfare, some meals, daily sightseeing and admission fees, professional tour director, baggage handling and cancellation waiver and post-departure plan.

Travel Presentations

Tuesday, Dec. 9, 2014
3:30 p.m. and 5:30 p.m.
(RSVP for either to 409-933-8912.)
1130 Delmar, La Marque

See pages 38 and 39 for all of the details and pricing for each trip. These trips are open to all age groups and not limited to 50+ age group.

For more information or to register for these trips, call 409-933-8912.