

SUMMER 2023

# Lifelong LEARNING

*Make your summer sizzle!*

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REGISTRATION BEGINS MAY 1, 2023

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College of the Mainland's Lifelong Learning classes provide amazing opportunities to explore your passions, learn something new, or even travel the globe.

Love what you learn.

**Sign up today!**



College of the Mainland  
1200 N. Amburn Road  
Texas City, Texas 77591  
409-938-1211  
com.edu

## Lifelong Learning

COM City Centre  
10000 Emmett F. Lowry Expy,  
Suite 4100  
Texas City, TX 77591  
409-933-8461  
com.edu/lifelonglearning

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# 3 Easy Ways to Register for classes!

*(Choose one)*



## Go Online

**com.edu/lifelonglearning**

Visit this link or scan the QR code.



## Call us

**409-933-8461**

Leave a message, and a representative will return your call within 24 business hours (Monday - Friday 8 a.m. - 5 p.m.).



## Visit us in person

Stop by our new facility located at Mainland City Centre.

COM City Centre  
10000 Emmett F. Lowry Expy  
Suite 4100  
Texas City, Texas 77591

View the map on page 27 of this catalog.

## REGISTRATION BEGINS MAY 1, 2023

This schedule is for informational purposes and is subject to change. Changes subsequent to the issuance of the printed schedule will be posted online at [www.com.edu/lifelonglearning](http://www.com.edu/lifelonglearning). The electronic version of the schedule is the official schedule. Please refer to the online schedule to confirm class information.

# Community Education Classes: At a Glance

Non-credit, fee-based personal development classes and workshops offered on weeknight evenings or Saturdays and available to the entire adult (ages 18+) community.

	MONDAY	TUESDAY	WEDNESDAY
WEEK OF:			
JUNE 12		Guitar for Beginners 6/13 - 7/25 5:30 - 7:30 p.m.	History of Gospel Music 6/13 - 8/22 6 - 9 p.m.
JUNE 19	Fused Glass - Create Your Own Birdbath 6/19 5:30 - 8:30 p.m.	Cupcake Craze: Design Your Own Adorable Pupcakes! 6/20, 6 - 9 p.m.	
JUNE 26	Styling Shortcuts for Simple Updos 6/26, 6:30 - 8:30 p.m.	Intro to Bladesmithing 6/26 5:30 - 8:30 p.m.	
JUL. 3		College Closed for Independence Day	
JULY 10		Intro to Soap Making 7/11 6 - 9 p.m.	
JULY 17			
JULY 24		DIY Root Reboot 7/25 6 - 8 p.m.	

Love what you learn  
Sign up for a class today



**THURSDAY**

Tips & Tricks for Smartphone Pics!  
6/15  
6:30 - 8:30 p.m.

Saltwater Night Fishing 6/22 - 7/27  
6:30 - 8:30 p.m.

Smartphone Pics - Edit in a SnApp! 6/22  
6:30 - 8:30 p.m.

Natural Tattoo Artistry  
7/13 - 8/3  
6 - 8 p.m.

Festival Style Hair Braiding  
7/27  
6 - 8 p.m.

**FRIDAY**

**NO WORKSHOPS ON FRIDAYS**

**SATURDAY**

Regenerataive Agriculture for  
the Home Garden  
6/24, 10 a.m. - 12 p.m.

Personal Finances 101  
7/8, 9 a.m. - 1 p.m.

High Noon Tea Party Mystery  
7/15, 11 a.m. - 1 p.m.

Drip & Micro-Irrigation - Design  
& Installation  
7/22, 10 a.m. - 1 p.m.

Personal Finances 102  
7/29, 9 a.m. - 1 p.m.

# Community Education Classes

Non-credit, fee-based personal development classes and workshops offered on weeknight evenings or Saturdays and available to the entire adult (ages 18+) community.

## Guitar from the Beginning

Tuesdays | June 13 - July 25, 2023,  
5:30 PM - 7:30 PM

Registration Deadline: May 30, 2023

COM City Centre – Room 104

\$109

Instructor: James McQuage

Are up ready to move from playing air guitar to the real thing? Then this class is for you! You will learn basic guitar techniques including chords, scales, standard notation and tablatures, tuning, and basic guitar maintenance. Plus, take home your very own copy of Guitar for the Absolute Beginner! All you need for this class is your own 6-string guitar.

## History of Gospel Music in Texas

Tuesdays | June 13 - August 22, 2023,  
6:00 PM - 9:00 PM

Registration Deadline: June 6, 2023

COM City Centre - Room 107

\$99

Instructor: Kimberley Yancy/Jacory Bass

This class will teach the importance of Gospel Music in relation to Texas History. It will explore and examine Gospel Music origins, musicians, singers, and their significance to American History. The class will also learn songs and perform songs in the area to help start interest in a College of the Mainland Gospel Community Choir. No singing experience is needed to register for this class.

## Tips & Tricks for Smartphone Pics!

Thursday | June 15, 2023, 6:30 PM -  
8:30 PM

Registration Deadline: June 8, 2023

COM City Centre - Room 115

\$29

Instructor: Gloria Rabon

Learn how to get the most out of your smartphone camera! In this 2-hour smartphone photography workshop you will learn some photography basics and how to use your smartphone camera to take photos that are well composed and edited. You will also learn about the best apps for editing and storing your images.

## Fused Glass — Create Your Own Birdbath

Monday | June 19, 2023, 5:30 PM -  
8:30 PM

Registration Deadline: June 5, 2023

COM City Centre - Room 117

\$65

Instructor: Deborah Deats

In this fun workshop, you will create a beautiful bird bath which you can hang from a tree or a roof eave. You will choose transparent colors to surround a clear base. The design is made to be easily hung without drilling holes. Please wear closed-toed shoes. The bath will be fired in the kiln and ready for pick up in two weeks.

## Cupcake Craze: Design Your Own Adorable Pupcakes!

Tuesday | June 20, 2023, 6:00 PM -  
9:00 PM

Registration Deadline: June 6, 2023

COM City Centre - Room 118

\$39

Instructor: Debra Seyfang

Do you like both puppies and cupcakes? Then this workshop is for you! Our baking expert will teach you how to create the cutest pupcake designs, including how to pipe their fur and mold their noses, ears,

and tongues from marshmallow fondant. Take home your treats...but be warned that they may be too adorable to eat!

## Smartphone Pics — Edit in a SnApp!

Thursday | June 22, 2023, 6:30 PM -  
8:30 PM

Registration Deadline: June 15, 2023

COM City Centre - Room 115

\$29

Instructor: Gloria Rabon

Come learn all about how to edit pictures right on your smartphone... from the basics in your phone's camera app to editing with 3rd party apps.

## Saltwater Night Fishing

Thursdays | June 22 - July 27, 2023,  
6:30 PM - 8:30 PM

Registration Deadline: June 15, 2023

COM City Centre - Room 119

\$79

Instructor: Thomas La Santa

Enjoy fishing and want to learn more? Join us for a mix of classroom instruction and nighttime fishing excursions guaranteed to improve your chances of catching fish! We will fish from both pier and surf, and fishing spots will include Galveston and Texas City Dike. A valid saltwater fishing license is required. You are also responsible for your own fishing pole, tackle, bait, pier fee, and transportation.

## Regenerative Agriculture for the Home Garden

Saturday | June 24, 2023, 10:00 AM -  
12:00 PM

Registration Deadline: June 18, 2023

COM City Centre - Room 115

Love what you learn  
Sign up for a class today



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A close-up photograph of a person's hands playing an electric guitar. The lighting is dramatic, with strong purple and orange hues. The guitar's body and strings are visible, and the background is blurred with bokeh light effects.

## GUITAR FROM THE BEGINNING

ONLINE: [COM.EDU/LIFELONGLEARNING](https://com.edu/lifelonglearning) | CALL: 409-933-8461 | OR SIGN UP IN-PERSON

# Community Education Classes

Non-credit, fee-based personal development classes and workshops offered on weeknight evenings or Saturdays and available to the entire adult (ages 18+) community.



Love what you learn  
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\$29

Instructor: Angela Chandler

Modern farming practices have resulted in high production, but with a cost - damage to the land. As farming moves to more regenerative practices, home gardens can do the same. You can draw from the research and apply these principles to your garden. Regenerative practices use biologicals instead of chemicals and natural amendments instead of synthetics. The result is a landscape that is more sustainable, healthier, productive and beautiful.

## Intro to Bladesmithing

Monday | June 26, 2023, 5:30 PM - 8:30 PM

Registration Deadline: June 19, 2023

COM City Centre - Room 119

\$39

Instructor: Austin Frakes

Join Austin Frakes, previous contestant on the History Channel's hit show Forged in Fire, for an evening of learning the basics of the art, including tool procurement, workspace considerations, and how to bladesmith safely. This will be followed by a short demonstration period where you will get the opportunity to try your hand at beating hot steel with a real forge and anvil. Close toed shoes required.

## Styling Shortcuts For Simple Updos

Monday | June 26, 2023, 6:30 PM - 8:30 PM

Registration Deadline: June 19, 2023

COM City Centre - Room 138

\$29

Instructor: Ashley Way

Exude confidence with a simple updo or fancy ponytail whether you are at

## INTRO TO SOAP MAKING



home, running errands, or out with friends. In this fun and interactive workshop, our hairstyling expert will demonstrate and teach quick hairstyles that will help you look great in minutes.

## Personal Finances 101

Saturday | July 8, 2023, 9:00 AM - 1:00 PM

Registration Deadline: July 1, 2023

COM City Centre - Room 115

\$35

Instructor: Trennice Jackson

Do you ever feel stressed or overwhelmed when it comes to managing your finances? Join us in this fun and interactive workshop as we walk through simple money management strategies that will help you regain your confidence and take control. You will leave with detailed checklists and numerous resources to help you develop a plan.

## Intro to Soap Making

Tuesday | July 11, 2023, 6:00 PM - 9:00 PM

Registration Deadline: June 27, 2023

COM City Centre - Room 119

\$65

Instructor: Leticia Garrett

Come learn the basics of working with a melt and pour base to create your very own soap. We will cover the different types of soap base, a little soap history, safety precautions, and general techniques of soap making including scenting and coloring of your soap. Bring your imagination and we will provide the soap making ingredients you'll need to create your own soap during class and take three bars home with you to enjoy! Please wear long sleeve shirt for workshop.

# Community Education Classes

Non-credit, fee-based personal development classes and workshops offered on weeknight evenings or Saturdays and available to the entire adult (ages 18+) community.

## Natural Henna Tattoo Artistry

Thursdays | July 13 - August 3, 2023,  
6:00 PM - 8:00 PM

Registration Deadline: June 29, 2023

COM City Centre - Room 118

\$89

Instructor: Rajni Sharan

In this workshop, you will explore henna as an artistry. Henna tattoos can be used for many occasions, including birthday parties, bridal or baby showers, or just for fun! They are safe to apply and enjoyed by all ages. Come and learn how to create letters, symbols, or art, and then add your own personal style.

## High Noon Tea Party Mystery

Saturday | July 15, 2023, 11:00 AM -  
1:00 PM

Registration Deadline: July 1, 2023

COM City Centre - Room 107

\$69

Instructor: Cathy Henson

Calling all Actress/Actor Enthusiasts! Have you ever wanted an opportunity to attend a High Noon Tea Party and participate in a murder mystery? Well now is your opportunity!! The COM Elite Ladies and Gentlemen are hosting a High Noon Tea where each participant will enjoy an authentic tea party with fancy teas and food as well as participate in a scripted play. Roles range from main characters to limited one- or two-line scripts. Come have some fun, enjoy a fabulous tea and help us act out our play. You will also receive a beautiful teacup and saucer to commemorate this event. Props will be provided but if you have that fancy tea party attire, bonnet or accessories, feel free wear them to the event.

## Drip & Micro-Irrigation — Design & Installation

Saturday | July 22, 2023, 10:00 AM -  
1:00 PM

Registration Deadline: July 15, 2023

COM City Centre - Room 115

\$29

Instructor: Angela Chandler

A garden that conserves precious water resources is a rewarding investment. Keeping water on your property is good for your garden and budget, as well as the health of the city's water supply. Through micro or drip irrigation, you can eliminate water runoff into the street and water your plants more deeply for healthier root systems. This workshop will teach the design, installation and maintenance of drip and micro-spray systems.

## DIY Root Reboot

Tuesday | July 25, 2023, 6:00 PM -  
8:00 PM

Registration Deadline: July 12, 2023

COM City Centre - Room 152

\$29

Instructor: Carol Grullon

Want to learn how to cover your natural (or gray!) hair color safely with no mixing and extend time between hair appointments? Our hairstyling expert will discuss the differences between touch-up spray and powder, how to choose the best color hue for your hair, and easy application techniques. Workshop includes demo and practice so you will leave looking like you just met with your stylist!

## Festival Style Hair Braiding

Thursday | July 27, 2023, 6:00 PM -  
8:00 PM

Registration Deadline: July 20, 2023

COM City Centre - Room 152

\$29

Instructor: Carol Grullon

Think braiding is cool but haven't learned how to do it yourself yet? Join our hairstyling expert and learn stylish hair braiding techniques plus how to incorporate tinsel hair extensions for a fun festive look!

## Personal Finances 102

Saturday | July 29, 2023, 9:00 AM -  
1:00 PM

Registration Deadline: July 11, 2023

COM City Centre - Room 115

\$35

Instructor: Trennice Jackson

This workshop is for the person who has a good handle on their finances (i.e. emergency fund in place, debt under control, excess monthly cash flow, etc.) and wants suggestions for next steps. We will discuss various strategies, including components of the F.I.R.E. Movement (Financial Independence, Retire Early) and how many have used this approach to reach their financial goals much faster than traditional methods.

## Introduction to Voiceovers

Online and scheduled individually

\$49

Instructor: Voices for All

Explore the craft of voiceovers! Discover current trends, opportunities, and tools you need to find success in this growing remote working industry. Read a real script and receive coaching from your instructor, a professional voice actor, to improve your delivery. One-time, 90 minute, one-on-one, video-chat class! Learn more: <http://www.voicesforall.com/ooo> Upon registration you will be contacted by VFA to schedule your class for a day and time of your convenience.

# Lifelong Learning

## EXTENDED TRAVEL

### 2024 SNEAK PEEK

More details coming soon.

# Alaska

## INSIDE PASSAGE CRUISE

8 DAYS STARTING

**AUG. 17**  
**2024**

### HIGHLIGHTS

- 7 night Cruise on the Norwegian Bliss
- Sitka
- Ketchikan
- Juneau
- Endicott Arm & Dawes Glacier
- Icy Strait Point
- Victoria, BC, Canada

Extended travel is open to students 18 and older.

\* Advertised tour rate is per person based upon double occupancy and includes a booking discount if final payment is made by check prior to the final due date. Single occupancy has an additional fee. Additional purchase of a Trip Protection Plan is required for international travel. Please note, due to COVID-19 dates may change to be in accordance with any future COM travel restrictions.

All trip rates include roundtrip airfare, local airport transportation, first class hotels, professional tour director, sightseeing and admissions per itinerary, specified meals, motorcoach transportation, baggage handling at hotels, and hotel transfers.

# Montreal

## & Quebec City Christmas Markets

### HIGHLIGHTS

- Montreal City Tour
- Underground City
- Notre Dame Cathedral
- Via Rail Train – Montreal to Quebec
- Quebec City Tour
- Montmorency Falls
- Montreal Christmas Market
- Quartier Petit Champlain
- German Christmas Market
- Gilles Copper Museum

5 DAYS STARTING

**DEC. 7, 2023**

**ONLY \$2,799\***

# Costa Rica

### HIGHLIGHTS

- San Jose
- Poas Volcano National Park
- Coffee Plantation Visit
- Arenal Volcano National Park
- Sarchi Artisan Village
- Monteverde Cloud Forest Reserve
- Jungle Crocodile Safari Cruise
- Selvatura Park/Hanging Bridges
- Butterfly Garden & Hummingbird Gallery
- Manuel Antonio National Park
- Carara National Park
- Orchid Garden Tour

9 DAYS STARTING

**FEB. 7, 2024**

**ONLY \$3,599\***

For extended travel information, call 409-933-8461 or email [lifelonglearning@com.edu](mailto:lifelonglearning@com.edu).

# Lifelong Learning: Local Travel

Day/Evening outings for adults ages 18+ to explore education through trips and travel.

## PLEASE NOTE:

Trip cost includes transportation and admission ticket. Trip tickets have been pre-purchased; therefore, they are non-transferable and non-refundable. A buy-your-own meal will be scheduled for each trip and students will meet in the Lifelong Learning Center lobby to load the bus unless otherwise noted. Prior to registering for a trip, please consider that we must comply with COVID protocols if required at any trip venue.

## Exploring Brenham, Texas

Saturday | June 10, 2023, 6:00 AM - 6:00 PM

\$59

Spend a day exploring the history of Brenham, Texas. We will "Step into the Past" with guided tours by the Washington County Visitor Center. We will visit historic sites in the heart of downtown, including Barnhill Center at Historic Simon Theatre, Brenham Fire Museum, Glissmann's Drug Store Museum, Brenham Heritage Museum, and the historic cistern at Toubin Park.

## Swan Lake (Houston Ballet)

Saturday | June 17, 2023, 10:30 AM - 5:30 PM

\$79

The 2022-2023 ballet season is capped off by one of ballet's greatest love stories, Swan Lake, where the everlasting love between Prince Siegfried and maiden-turned-white-swan Odette is tested by evil knight Rothbart and his black-swan enchantress, Odile. Stanton Welch's Swan Lake features lavish sets and costumes by Kristian Fredrikson and utilizes Tchaikovsky's full score to aplomb for this three-act production.

## Wicked (Broadway Across America)

Saturday | June 24, 2023, 10:30 AM - 5:30 PM

\$99



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Wicked, the Broadway sensation, looks at what happened in the Land of Oz... but from a different angle. Long before Dorothy arrives, there is another girl, born with emerald-green skin—smart, fiery, misunderstood, and possessing an extraordinary talent. When she meets a bubbly blonde who is exceptionally popular, their initial rivalry turns into the unlikeliest of friendships...until the world decides to call one “good,” and the other one “wicked.”

## A Day At The Museums

Wednesday | July 12, 2023, 8:00 AM - 5:30 PM

\$49

Your first stop will be at the **Houston Museum of Natural Science** that was founded in 1909 on the idea that science can enhance everyone's lives. As one of the most heavily attended museums in the U.S. and a favorite thing to do in Houston, HMNS has five floors of permanent exhibits, alongside a slew of rotating special exhibitions. Next stop, you will be in awe of the extensive collections in the **Museum of Fine Arts**. From objects spanning the world and human creative history to the ever-changing schedule of thematic exhibitions, the museum offers a diverse range of tour topics to suit your interests.

## Phenomenal Woman (Ensemble Theatre)

Saturday | July 22, 2023, 10:30 AM - 5:30 PM

\$59

World-renowned poet, author and activist Maya Angelou takes us on an epic journey through her astonishing life story. From the trauma that thrust her into mutism, to the awakening that inspired her to write “I Know Why the Caged Bird Sings,” we will learn how this phenomenal woman developed one of the



most celebrated voices of all time. This is a rolling world premiere collaboration with North Carolina Black Repertory Theatre and The Ensemble Theatre.

## Ain't Too Proud - The Life & Times of The Temptations (Broadway Across America)

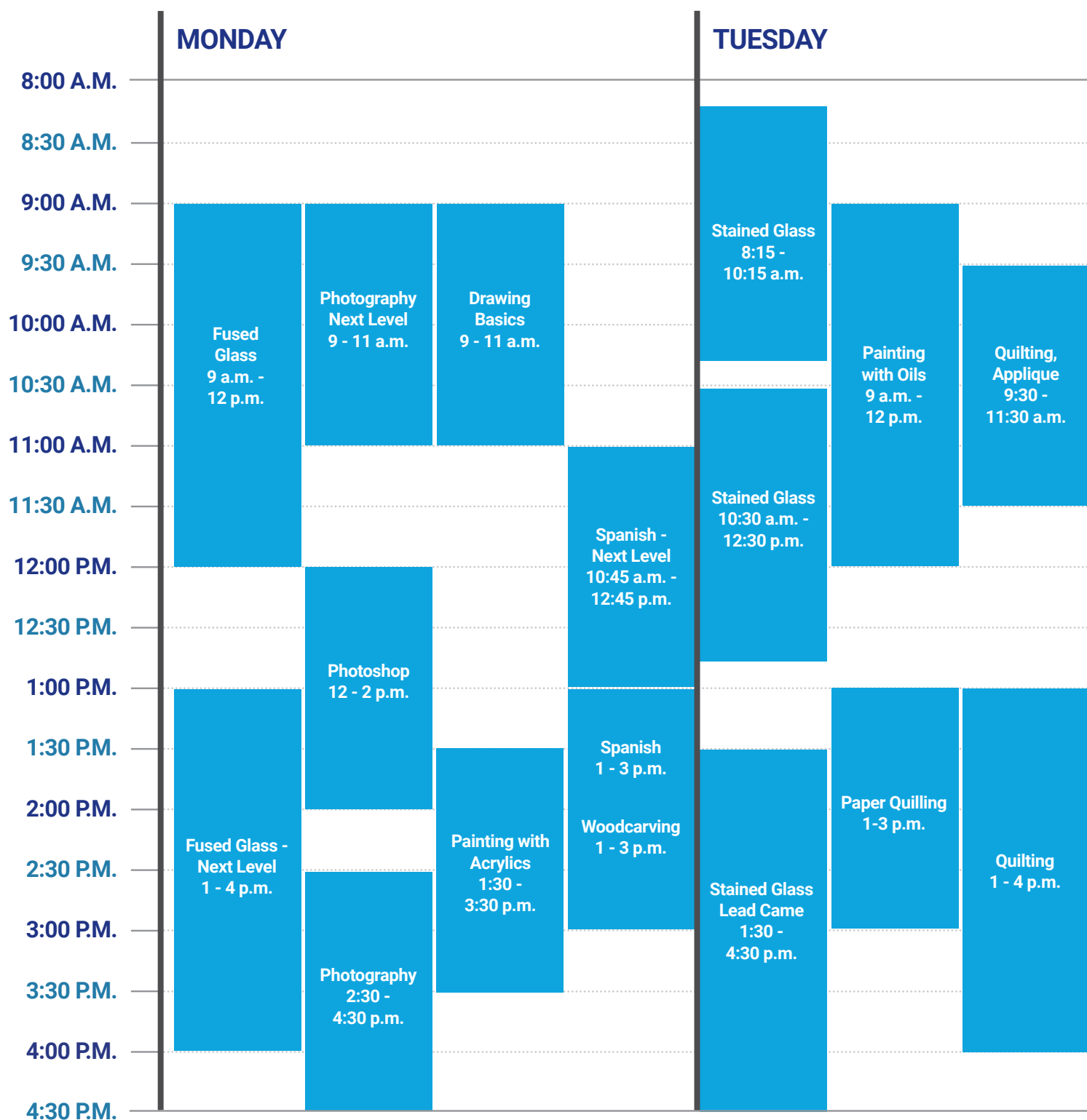
Tuesday | August 8, 2023, 4:30 PM - 11:00 PM

\$89

This electrifying, new smash-hit Broadway musical follows The Temptations' extraordinary journey from the streets of Detroit to the Rock & Roll Hall of Fame. With their signature dance moves and silky-smooth harmonies, they rose to the top of the charts creating an amazing 42 Top Ten Hits with 14 reaching number one.

# 50 Plus Classes: At a Glance

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register. Required supplies listed in online syllabi for each course below.



Love what you learn  
Sign up for a class today



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College of the Mainland

## WEDNESDAY

Saltwater  
Fishing  
9 - 11 a.m.

Painting with  
Watercolors  
9 a.m. -  
12 p.m.

Cricut  
9 a.m. -  
12 p.m.

Beaded  
Fashion  
Jewelry  
10 a.m. -  
1 p.m.

Sign Language  
for Beginners  
1 - 3 p.m.

Drawing with  
Colored  
Pencils  
1 - 3 p.m.

Sublimation  
Printing  
1 - 3 p.m.

Spice Up  
Your Life  
1:30 -  
3:30 p.m.

Microsoft  
Word  
8:30 -  
10:30 a.m.

Saltwater  
Fishing -  
Next Level  
9 - 11 a.m.

## THURSDAY

Mosaics  
9 a.m. -  
12 p.m.

Woodworking  
9 a.m. -  
12 p.m.

Bead  
Stitching  
9 a.m. -  
12 p.m.

Mosaics  
12:30 -  
3:30 p.m.

Computer  
for Absolute  
Beginners  
8:30 -  
10:30 a.m.

Microsoft for  
Beginners  
10:45 a.m. -  
12:45 p.m.

Painting,  
Abstract  
1 - 4 p.m.

Brazilian  
Embroidery  
1 - 4 p.m.

## FRIDAY

NO CLASSES ON FRIDAYS

# 50 Plus Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register. Required supplies listed in online syllabi for each course below.

## Bead Stitching

Thursdays | June 15 - August 3, 2023,  
9:00 AM - 12:00 PM

COM City Centre - Room 118

\$45

Instructor: Patricia Ouellette

So you want to be a beader? Learn a variety of stitches used for beading and finish a project with each stitch technique. (Estimated supply cost \$20-\$40).

## Beaded Fashion Jewelry

Wednesdays | June 14 - August 2, 2023,  
10:00 AM - 1:00 PM

COM City Centre - Room 120

\$45

Instructor: Rhonda Wilcox

Impress your friends with unique and stylish jewelry...made by you! Through lecture, demonstration, and hands-on projects, you will learn beginners' jewelry skills in the techniques of bead stringing and bead stitching. (Estimated supply cost \$60 - \$80).

## Brazilian Embroidery

Thursdays | June 15 - August 3, 2023,  
1:00 PM - 4:00 PM

COM City Centre - Room 119

\$45

Instructor: Charlyn Walker

Create beautiful artwork using needle and thread! Brazilian Embroidery is a three-dimensional embroidery using caston bullions and other commonly used embroidery stitches, but with rayon thread. (Estimated supply cost \$25-\$30).

## Computer for Absolute Beginners

Thursdays | June 15 - August 3, 2023,



8:30 AM - 10:30 AM

COM City Centre - Room 115

\$30

Instructor: Mishelene Baker

Whether you have never worked with or have forgotten what you learned about computers, this class will meet you where you are! We will cover how to get a computer up and running and how to shut it down safely. You will learn to make Microsoft Windows friendlier as well as basic hardware differences. This class includes an introduction to keyboarding, email, and Facebook. The only supplies you need will be a USB flash/jump drive each class.

## Cricut

Wednesdays | June 14 - August 2, 2023,  
9:00 AM - 12:00 PM

COM City Centre - Room 118

\$45

Instructor: Myrle Waller

Learn how to use a Cricut die-cutting machine to make personal t-shirts, stencils, etch on glass, and so much more! Course will start out with basic instructions of machine mechanics and then proceed to Cricut Design Space. You must have a laptop or tablet to access internet and download the Design Space program. A personal Cricut machine is not required. You must have basic computer skills. (Estimated supply cost \$25).

## Drawing Basics

Mondays | June 12 - July 31, 2023,  
9:00 AM - 11:00 AM

COM City Centre - Room 120

\$30

Instructor: Gloria Bertrams

This course is focused on the fundamentals of drawing using observation and drawing techniques. You



will learn to develop a visual language using lines, forms, and depth. The course will progress from basic black and white forms to rendering images with shading and colors. (Estimated supply cost \$100).

## Drawing with Colored Pencils

Wednesdays | June 14 - August 2, 2023,  
1:00 PM - 3:00 PM

COM City Centre - Room 117

\$30

Instructor: Gloria Bertrams

Colored pencils is a powerful medium for expressive art making. Learn techniques for mixing colors, creating light, volume, and capturing skin tone. You will also explore blending, color theory, hatching and solvents. (Estimated supply cost \$75)

## Fused Glass

Mondays | June 12 - July 31, 2023,  
9:00 AM - 12:00 PM

COM City Centre - Room 117

\$125

Instructor: Deborah Deats

At its simplest, glass fusing is a process in which COE 96 glass is assembled and then melted/fused together in a kiln. This course will introduce you to fused glass concepts and techniques. You will use the basic steps required to make colorful creations by cutting, stacking, and melting together pieces of colored glass into small projects such as pendants, yard art, wired bugs, and bowls. You will need your own tools and toolbox per syllabus (due to classroom space limitations).

## Fused Glass – Next Level

Mondays | June 12 - July 31, 2023,  
1:00 PM - 4:00 PM

COM City Centre - Room 117



\$125

Instructor: Deborah Deats

In this advanced class, you will complete several projects which encompass glass painting, different effects on layered glass, draping glass, and working with frit. Some projects will span 1 to 3 classes. We will also explore making molds and how to program a kiln. This class may include an optional field trip. Course pre-requisite: Completion of 3 semesters of beginner Fused Glass class.

## Microsoft for Beginners

Thursdays | June 15 - August 3, 2023,  
10:45 AM - 12:45 PM

COM City Centre - Room 115

\$30

Instructor: Mishelene Baker

Have you just learned how to use your computer and now want to explore the Microsoft software on it? In this class you will learn about Microsoft Word, PowerPoint, Excel, and Outlook, including the basics of each application and the features needed for projects appropriate for the software platform. Additionally, we will also cover the use of the internet for business and internet safety.

## Microsoft Word

Wednesdays | June 14 - August 2, 2023,  
8:30 AM - 10:30 AM

COM City Centre - Room 115

\$30

Instructor: Mishelene Baker

This introductory Microsoft Word course is designed to provide you with the ability to create, edit, format, and print Microsoft Word documents. This course is intended for those who have some familiarity with Microsoft Word or more experienced Word users who want to learn the topics covered in the outline. Prerequisite: Microsoft For Beginners

# 50 Plus Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register. Required supplies listed in online syllabi for each course below.



## Mosaics

Thursdays | June 15 - August 3, 2023,  
9:00 AM - 12:00 PM

COM City Centre - Room 117

Thursdays | June 15 - August 3, 2023,  
12:30 PM - 3:30 PM

COM City Centre - Room 117

\$45

Instructor: Michele Patrick

Learn from an award-winning mosaic artist how to make modern mosaics! The first day of class will be an introduction to the art and instructions on basic tools you will need to purchase. By the end of the semester, you can expect to have at least one completed mosaic project. (Estimated supply cost \$100-\$110).

## Painting with Acrylics

Mondays | June 12 - July 31, 2023,  
1:30 PM - 3:30 PM

COM City Centre - Room 118

\$30

Instructor: Deborah Brady

This beginner class provides the basics of using acrylic paints and the techniques needed to create finished artwork. Different acrylic mediums and styles will be introduced as well. You will have the opportunity to paint various subjects that will incorporate the techniques learned. Please do not buy any of the supply materials until you have attended the first class. (Estimated supply cost \$75+).

## Painting with Oils

Tuesdays | June 13 - August 8, 2023,  
9:00 AM - 12:00 PM

COM City Centre - Room 118

\$45

Instructor: David Wheeler

Learn from the techniques of the great

masters - exploring color and using light and shadow to create drama. This beginner course teaches how to hold a brush, mix paint, and use glazes, while starting with a limited paint palette and expanding as the class progresses. All skill levels welcome. (Estimated supply cost \$120).

## Painting with Watercolors

Wednesdays | June 14 - August 2, 2023,  
9:00 AM - 12:00 PM

COM City Centre - Room 117

\$45

Instructor: Gloria Bertrams

Enjoy exploring watercolor's complexities while learning how to deal confidently with washes and color mixing. You will discover your hidden potential while learning the fundamentals of this art form! (Estimated supply cost \$200).

## Painting, Abstract

Thursdays | June 15 - August 3, 2023,  
1:00 PM - 4:00 PM

COM City Centre - Room 118

\$45

Instructor: Deborah Brady

What is abstract art? Why is abstract art? Abstract is not just throwing paint randomly onto a canvas. Come learn the rules of abstract art. Learn objective versus non-objective. Learn what freeing yourself can do for all your artwork endeavors. Prerequisite: Painting with Acrylics class or some painting experience. (Estimated supply cost \$75+).

## Paper Quilling

Tuesdays | June 13 - August 8, 2023,  
1:00 PM - 3:00 PM

COM City Centre - Room 118

\$30

Instructor: Myrle Waller

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Come learn the papercraft art of quilling, which involves rolling, shaping, and gluing together strips of paper into creative and decorative designs. (Estimated supply cost \$60)

## Photography

Mondays | June 12 - July 31, 2023,  
2:30 PM - 4:30 PM

COM City Centre - Room 115

\$30

Instructor: Trudy Ledoux

Whether your desire is to photograph your family, vacations, or the world around you, this beginner course will introduce you to basic photography skills and camera features that will significantly improve your photographs. While a digital single lens reflecting camera is recommended, whichever camera you have is perfect. You must bring your own camera.

## Photography – Next Level

Mondays | June 12 - July 31, 2023,  
9:00 AM - 11:00 AM

COM City Centre - Room 115

\$30

Instructor: Trudy Ledoux

Have you always wanted to take your photography skills to the next level? Perhaps you have been a photographer for years and just moved to the digital camera? Or, you acquired a camera and are not sure how to use it. Through this course, students can overcome those obstacles and many more that will move them from taking pictures, to taking photographs! You must bring your own camera. Prerequisite: Completion of 2 semesters of beginner Photography or other photography experience.

## Photoshop

Mondays | June 12 - July 31, 2023,

12:00 PM - 2:00 PM

COM City Centre - Room 115

\$30

Instructor: Trudy Ledoux

This course will introduce you to the complexity of Photoshop and simplify the process of using this photo manipulation application. You will be introduced to Photoshop's interface while learning basic editing tools from corrections to exposure, adjustments, and cropping. Furthermore, you will have the opportunity to use edits like text, layers and combining photographs. Prerequisite: Intermediate level computer skills

## Quilting

Tuesdays | June 13 - August 8, 2023,  
1:00 PM - 4:00 PM

COM City Centre - Room 119

\$45

Instructor: Elsa Tutt

Quilting symbolizes family and heritage, the joining of the past with the present. In this class, you can learn how to create your own quilt, or even expand your existing quilting skills, by working on a project of your own choice. The class will cover quilting basics such as choosing fabrics, rotary cutting, piecing, basting, quilting, and binding. (Estimated supply cost \$75-\$350).

## Quilting, Applique

Tuesdays | June 13 - August 8, 2023,  
9:30 AM - 11:30 AM

COM City Centre - Room 119

\$30

Instructor: Elsa Tutt

This class is different from basic quilting as it is concentrating on the applique quilting process of adding decorative fabric shapes to a background fabric to create a quilt block. The class will cover

## PHOTOGRAPHY



# 50 Plus Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register. Required supplies listed in online syllabi for each course below.

the applique quilting process such as preparing the applique shapes, basting and/or gluing shapes, and joining the shapes using hand and/or machine sewing unto a background fabric. Note: This class will not cover basic quilting. (Estimated supply cost \$75-\$250)

## Saltwater Fishing

Tuesdays | June 13 - August 8, 2023,  
9:00 AM - 11:00 AM

COM City Centre - Room 120

\$30

Instructor: Thomas La Santa

This course will teach you how to catch fish and you will discover tricks that will build your confidence to fish anywhere. We will cover the proper tackle and bait to use for different saltwater environments as well as techniques for casting, fighting, landing, and cleaning fish. Learn what to have in your tackle box and how to maintain your fishing gear, plus the rules and regulations of fishing in Texas. Course also includes field fishing trips to Galveston and the Texas City Dike for additional fees (trips will be during class time, but you can stay longer if you choose). Course prerequisite: Valid Texas fishing license for saltwater fishing. (Estimated supply cost \$35-\$100)

## Saltwater Fishing – Next Level

Wednesdays | June 14 - August 2, 2023,  
9:00 AM - 11:00 AM

COM City Centre - Room 119

\$30

Instructor: Thomas La Santa

This advanced class will focus on seasonal fishing in multiple fishing locations including surf, pier, wade, and jetty. We will cover the proper gear for each of the locations we will be fishing and the proper use of lures, live bait, and rigs. We will also discuss some of the newest products on

the market and how they impact fishing. Course includes field fishing trips in the Galveston County area for additional fees (trips will be during class time, but you can stay longer if you choose). This class will adhere to all safety rules and Texas Fishing Laws. Course prerequisites: Valid Texas fishing license for saltwater fishing, plus completion of beginner saltwater fishing class or other saltwater fishing experience.

## Sign Language for Beginners

Wednesdays | June 14 - August 2, 2023,  
1:00 PM - 3:00 PM

COM City Centre - Room 119

\$30

Instructor: Susan Bledsoe

This class will focus on basic conversation in sign language using signs from American Sign Language. You will learn about Deaf culture as well.

## Spanish

Mondays | June 12 - July 31, 2023,  
1:00 PM - 3:00 PM

COM City Centre - Room 119

\$30

Instructor: Alison Johnson Galdamez

¿Quiere aprender el español? Well, come join this class! You will obtain a working



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knowledge of conversational beginning Spanish including common vocabulary, phrases, parts of speech, and sentence construction. The last class will be a conversational class at a local Spanish-speaking restaurant for an additional fee.

### Spanish – Next Level

Mondays | June 12 - July 31, 2023,  
10:45 AM - 12:45 PM

COM City Centre - Room 119

\$30

Instructor: Alison Johnson Galdamez

Have you mastered our beginner Spanish class and are now ready to move to the next level? In this intermediate class, you will further develop your conversational ability by focusing on constructing full sentences, advanced verbs, and increasing vocabulary base. The last class will be a conversational class at a local Spanish-speaking restaurant for an additional fee. Pre-requisite: Completion of 3 semesters of beginner Spanish

### Spice Up Your Life in a Healthy Tasty Way

Wednesdays | June 14 - August 2, 2023,  
1:30 PM - 3:30 PM

COM City Centre - Room 120

\$30

Instructor: Sharon Mitchiner

Mildly spiced or boldly, this hands-on course will introduce spices and tasty dishes from six countries along with some regional dishes from the USA. Come see how spices and seasonings can transform plain meals into exotic and aromatic delights. Dishes will be plant based.

### Stained Glass

Tuesdays | June 13 - August 8, 2023,  
8:15 AM - 10:15 AM

COM City Centre - Room 117

Tuesdays | June 13 - August 8, 2023,  
10:30 AM - 12:30 PM

COM City Centre - Room 117

\$30

Instructor: Patricia Stettler

Come learn the art of stained glass! You will learn to construct a panel from start to finish with the Copper Foil technique which will provide the basis to building additional panels. A small panel will be the class project. (Estimated supply cost \$150-\$300).

### Stained Glass, Lead Came

Tuesdays | June 13 - August 8, 2023,  
1:30 PM - 4:30 PM

COM City Centre - Room 117

\$45

Instructor: Patricia Stettler

If you have experience with glass cutting and now want to learn the lead came method of stained glass, then this class is for you! Lead came is the material that holds separate pieces of glass together in an h-shaped channel so that the pieces of glass slide into either side. The comes are then soldered together at the seams to lend strength to the piece of art. This is the method used when creating large works of glass art, like windows. As the semester progresses, you will have the opportunity to assemble your own panel. (Estimated supply cost \$75-\$100).

### Sublimation Printing

Wednesdays | June 14 - August 2, 2023,  
1:00 PM - 3:00 PM,

COM City Centre - Room 118

\$30

Instructor: Myrle Waller

Learn the basics and discover the joy of making retail quality items without

screen printing or expensive printers and materials. At last crafters can create sublimation products at home! (Estimated supply cost \$100)

### Woodcarving

Mondays | June 12 - July 31, 2023,  
1:00 PM - 3:00 PM

COM City Centre - Room 120

\$30

Instructor: Mike Duhon

Interested in learning woodcarving skills to produce carvings using only a knife blade? Come discover the basics, including knife cuts and techniques, dealing with grain direction when laying out patterns, and tool sharpening/maintenance in this introductory course. (Estimated supply cost \$30-40)

### Woodworking

Thursdays | June 15 - August 3, 2023,  
9:00 AM - 12:00 PM

COM City Centre - Room 119

\$45

Instructor: Richard Goodheart

If you like working with your hands, woodworking may be a great hobby for you! During the semester, you will learn and develop basic woodworking skills all while making your very own project. Discussions will include wood and tool terminology, layout techniques, joinery, and finishes. Proper tool selection, sharpening, and project layout will be taught, with proper technique and safety in mind always. (Estimated supply cost \$200-\$250).

# 50 Plus Exercise Classes: At a Glance

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register.



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## WEDNESDAY

## THURSDAY

## FRIDAY

Pilates / Yoga (Mixed)  
8:15 - 9:15am

Drums Cardio  
9:30 - 10:30 a.m.  
Total Body Fitness  
9:30 - 10:30 a.m.

Sit-N-Fit  
11 a.m. - 12 p.m.

Line Dancing  
4 - 5 p.m.

Pilates, Weights  
and Drums  
9:30 - 10:30 a.m.

Tai Chi for Health  
9:45 - 10:45 a.m.

Balance Training  
11 a.m. - 12 p.m.

Pilates  
4 - 5 p.m.

NO EXERCISE CLASSES ON FRIDAYS

# 50 Plus Exercise Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register.

## PLEASE NOTE:

Equipment is available for all exercise classes unless specified in description. Students are welcome to bring their own equipment if preferable.

*Choose the class that is right for you.*

**Level 1:** Easy, gentle exercise/use of chair for support/exercise modifications provided

**Level 2:** Moderate/slightly intense exercises/standing and floor movements/modifications provided

**Level 3:** Active/higher intensity/aerobic exercises

## Balance Training

Tuesdays/Thursdays | June 13 - August 8, 2023, 11:00 AM - 12:00 PM

COM City Centre – Room 104

\$30

Instructor: Patricia Trevisani

Reduce your fear of falling and increase your activity level with this class, which focuses on stretching and strengthening exercises that improve balance, coordination, and endurance over time. Instructor will use lecture, discussion, and videos to support the training. (Level 1)

## Drums Cardio

Mondays/Wednesdays | June 12 - August 2, 2023, 9:30 AM - 10:30 AM

COM City Centre - Room 104

\$30

Instructor: Patricia Trevisani

This class combines traditional aerobic movements with the powerful beat and rhythms of the drums. You will use a Pilates ball and drumsticks in choreographed routines that will get you moving to the music regardless of your mobility level. Safely move your body to improve circulation and emotional well-being! (All levels)

## Line Dancing

Mondays/Wednesdays | June 12 - August 2, 2023, 4:00 PM - 5:00 PM

COM City Centre - Room 107

\$30

Instructor: Patricia Trevisani

Line dancing involves performing patterned foot movements in a line in unison to music. This is a beginner class, so no experience is necessary. You must wear footwear that slides, swivels easily, and does not stick to the floor. (Level 2/3)

## Pilates

Tuesdays/Thursdays | June 13 - August 8, 2023, 4:00 PM - 5:00 PM

COM City Centre - Room 104

\$30

Instructor: Sharon Deshotel

Pilates strengthens the muscles that support the spine (the neck, shoulders, abs, hips and thighs) to bring balance into the body. Most body aches and pains are due to muscular imbalance. Pilates helps you realign your spine to decrease tension, increase flexibility and strengthen your body from the inside out. (Level 2)

## Pilates, Weights, and Drums

Tuesdays/Thursdays | June 13 - August 8, 2023, 9:30 AM - 10:30 AM

COM City Centre - Room 104

\$30

Instructor: Patricia Trevisani

Get three different exercises in just one class! You will perform different exercises each day to help strengthen and tone different areas of your body: Pilates, resistance bands, balls, hand weights, and drumming on the Pilate balls with drumsticks. (Level 2)

## Pilates/Yoga (Mix)

Mondays/Wednesdays | June 12 - August 2, 2023, 8:15 AM - 9:15 AM

COM City Centre - Room 107

\$30

Instructor: Alison Johnson Galdamez

Join us for Yoga and Pilates exercises with motivating music to stretch, tone and strengthen your entire body. (Level 2)

## Sit-N-Fit

Mondays/Wednesdays | June 12 - August 2, 2023, 11:00 AM - 12:00 PM

COM City Centre - Room 104

\$30

Instructor: Patricia Trevisani

This is a structured exercise program for anyone needing slow gentle movement and may also help to improve the quality of life of physically limited individuals through safe, effective exercises. Using chair exercises set to music, you will tone muscles and increase endurance. (Level 1)

## Tai Chi for Health

Tuesdays/Thursdays | June 13 - August 8, 2023, 9:45 AM - 10:45 AM

COM City Centre - Room 107

\$30

Instructor: Mildred Smith

Perfect for beginners, Tai Chi for Health is a gentle, yet strengthening, low impact form of exercise that can improve balance and flexibility, as well as help manage stress. It

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is safe and effective; beneficial for overall physical health, cardiovascular issues and chronic health conditions. (Level 1)

### Total Body Fitness

Mondays/Wednesdays | June 12 - August 2, 2023, 9:30 AM - 10:30 AM

COM City Centre - Room 107

\$30

Instructor: Alison Johnson Galdamez

Reap cardiovascular and strength benefits while doing fun, slightly intense exercises! We will learn to properly and safely stretch, warm up, and perform abdominal, upper-body and lower-body exercises. Please wear workout clothes and tennis shoes. (Level 3)

### 50 PLUS MINI-SESSION CLASSES

Want to try something new or stay inspired between semesters? Check out these short mini-class options with supplies included.

### Bead Stitching

Thursdays | August 24 - August 31, 2023, 9:00 AM - 12:00 PM

COM City Centre - Room 118

\$10.00

Instructor: Patricia Ouellette

Learn basic beading stitches and make a pair of earrings to enjoy!

### Beaded Fashion Jewelry

Wednesdays | August 23 - August 30, 2023, 10:00 AM - 1:00 PM

COM City Centre - Room 120

\$10.00

Instructor: Rhonda Wilcox

Learn basic bead stringing to create your own bracelet or necklace jewelry.

### Brazilian Embroidery

Thursdays | August 24 - August 31, 2023, 1:00 PM - 4:00 PM

COM City Centre - Room 119

\$10.00

Instructor: Charlyn Walker

Learn the six basic Brazilian embroidery stitches and use them to create a simple, elegant Jasmine flower design.

### Cricut

Wednesdays | August 23 - August 30, 2023, 9:00 AM - 12:00 PM

COM City Centre - Room 118

\$10.00

Instructor: Myrle Waller

Absolute Basics! This is a basic class for beginners who are interested in learning about the art of Cricut. You will learn how to set up Design Space and operate the Cricut die-cutting machine. You must have a laptop or tablet to access internet and download the Design Space program. A personal Cricut machine is not required.

### Pilates/Yoga (Mix)

Mondays/Wednesdays | August 21 - August 30, 2023

8:15 AM - 9:15 AM

COM City Centre - Room 107

\$10.00

Instructor: Alison Johnson Galdamez

Join us for Yoga and Pilates exercises with motivating music to stretch, tone and strengthen your entire body. (Level 2 - Moderate/slightly intense exercises/standing and floor movements/modifications provided)

### Quilting

Tuesdays | August 22 - August 29, 2023, 1:00 PM - 4:00 PM

COM City Centre - Room 119

\$10.00

Instructor: Elsa Tutt

Want to get ahead on your holiday gift creations this year? Learn how to create both quilted Mug Rugs and No-Sew Quilted Ornaments that are perfect for gifting or enjoying for yourself!

### Total Body Fitness

Mondays/Wednesdays | August 21 - August 30, 2023, 9:30 AM - 10:30 AM

COM City Centre - Room 107

\$10.00

Instructor: Alison Johnson Galdamez

Reap cardiovascular and strength benefits while doing fun, slightly intense exercises! We will learn to properly and safely stretch, warm up, and perform abdominal, upper-body and lower-body exercises. Please wear workout clothes and tennis shoes. (Level 3 - Active/higher intensity/aerobic exercises)

### Woodcarving

Mondays | August 21 - August 28, 2023

1:00 PM - 3:00 PM

COM City Centre - Room 120

\$10.00

Instructor: Mike Duhon

Join us for an introductory look at the amazing art of Woodcarving. This workshop will cover various woodcarving disciplines, carving tools and their maintenance, plus costs of getting started as a woodcarver. You will also have the opportunity to try your hand at carving your own small piece to take home with you!

# General Information & Map

## PAYMENT OF FEES AND TUITION

All tuition and fees must be paid at the time of registration. We accept VISA, MasterCard and Discover. No cash, checks, money orders or American Express will be accepted.

## CANCELLATION OF COURSES

Each course has a minimum enrollment. Once that minimum is reached, the course has "made." Find a course you like and encourage a friend to join you! Sometimes two or three people can make a difference between having a course "make" or be canceled. If the college cancels a course an automatic 100 percent refund of tuition and fees is initiated.

## MAKE-UP CLASSES

In the event of a college-wide closure (i.e., inclement weather, power outage, etc.) that results in canceled classes, instructors are not required to reschedule class. However, if an instructor must personally cancel a class, every attempt will be made to reschedule it prior to the end of the semester.

## WAITING LISTS

Want to attend a class that is full? Join the waiting list online or contact the Lifelong Learning Program Office at 409-933-8461 to be added.

## REFUND POLICIES

### Community Education Refund Policy

Community Education classes/workshops will be 100 percent refunded if a student cancels by the registration deadline. Refund requests may be made in person at the Lifelong Learning office or by phone at 409-933-8461. Refund requests must be received during normal business hours.

### 50 Plus Refund Policy

50 Plus classes will be 100 percent refunded if canceled before the first day of class. Refund requests may be made in person at the Lifelong

Learning office or by phone at 409-933-8461. Refund requests must be received during normal business hours at least one business day prior to the calendar start date of the class.

### Trip Refund Policy

Tickets are pre-purchased for trip events; therefore, they are non-transferable and non-refundable.

## COLLEGE CALENDAR

In accordance with the approved College calendar, the college will be closed:

July 4, 2023

## PHOTO AND VIDEO POLICY

COM's Marketing and Communications Department takes photographs (still and video) of students throughout the year. These photographs and videos often include students in classrooms, study areas, at events, etc. COM reserves the right to use these photographs and video as a part of its publicity and marketing efforts. Students who enroll at COM do so with the understanding that these photographs and videos might be used in College publications, both printed and electronic, for recruiting and advertising purposes.

## TOBACCO-FREE ENVIRONMENT

All College of the Mainland campuses are tobacco-free facilities. In addition, COM has a zero-tolerance policy for alcohol on campus.

## STUDENT RECORD PRIVACY POLICY

College of the Mainland complies with the provisions of the Family Educational Rights and Privacy Act (Buckley Amendment of 1974, Public Law 90-247, as amended) and any regulations that may be promulgated therein. The College permits a student to inspect his or her own records and limits disclosure to others if a student has not been granted access by prior written consent. No student record, demographics, or schedule information will be shared with anyone over the phone or with any third party.

## COM ALERT

COM Alert is a way for College of the Mainland to reach you in case of emergencies impacting any of COM's campuses. The COM Alert system uses email, phone, and text messages to notify individuals of emergencies and important news from the College. If you are not already receiving COM Alerts, sign up now by going to [www.com.edu/contact-us/emergency-contact.html](http://www.com.edu/contact-us/emergency-contact.html) and following the prompts on the screen.

## CAMPUS CARRY

As of August 1, 2017, Texas community colleges are required to comply with Senate Bill 11, commonly known as the "campus carry" bill. Individuals holding a license to carry (LTC), formerly concealed handgun license, will have the legal right to carry a concealed handgun onto community college campuses; however, openly carrying a firearm on a college campus is illegal. Please take note that storing handguns in personal vehicles on campus is allowed. A license holder may carry a concealed handgun on or about their person while on College District property or in any buildings or properties owned, leased, or rented by the College District except in areas that have been deemed gun-free zones under this policy. For further information about gun-free zone locations, Campus Carry policy, and campus safety, please see the following link, <http://www.com.edu/campus-safety-and-security>.

This policy applies to faculty, staff, students, visitors, and individuals and organizations doing business on behalf of the College District or while on the College District premises or properties owned, leased, or rented by College District.

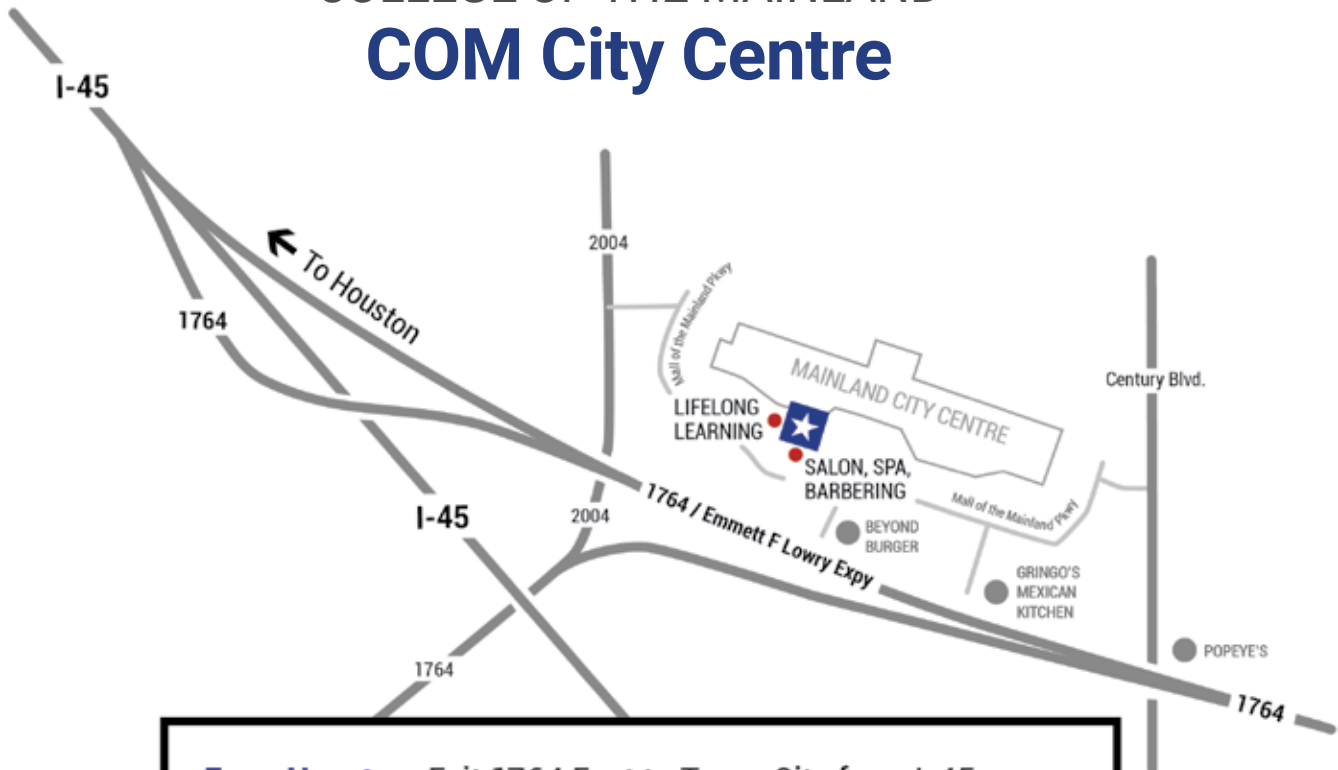
In accordance with the law, this policy shall not apply to commissioned peace officers.

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## COLLEGE OF THE MAINLAND **COM City Centre**



**From Houston:** Exit 1764 East to Texas City from I-45 South. Exit Century Blvd. Make U-turn under bridge. Take feeder to Beyond Burger and turn right towards the mall area. Turn left onto Mall of the Mainland Pkwy.

**From Galveston:** Exit #15 from I-45N. Turn right on 2004, then right after Quality Inn onto Mall of the Mainland Pkwy.

**Interested in teaching a class  
or have an idea for one?**

Please call Lisa Renfroe at  
409-933-8461.



**Have questions? Learn more online at:**  
[com.edu/lifelonglearning](http://com.edu/lifelonglearning)



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# *Natural* **Henna Tattoo** ARTISTRY

Learn more on page 10