

# LIFELONG LEARNING

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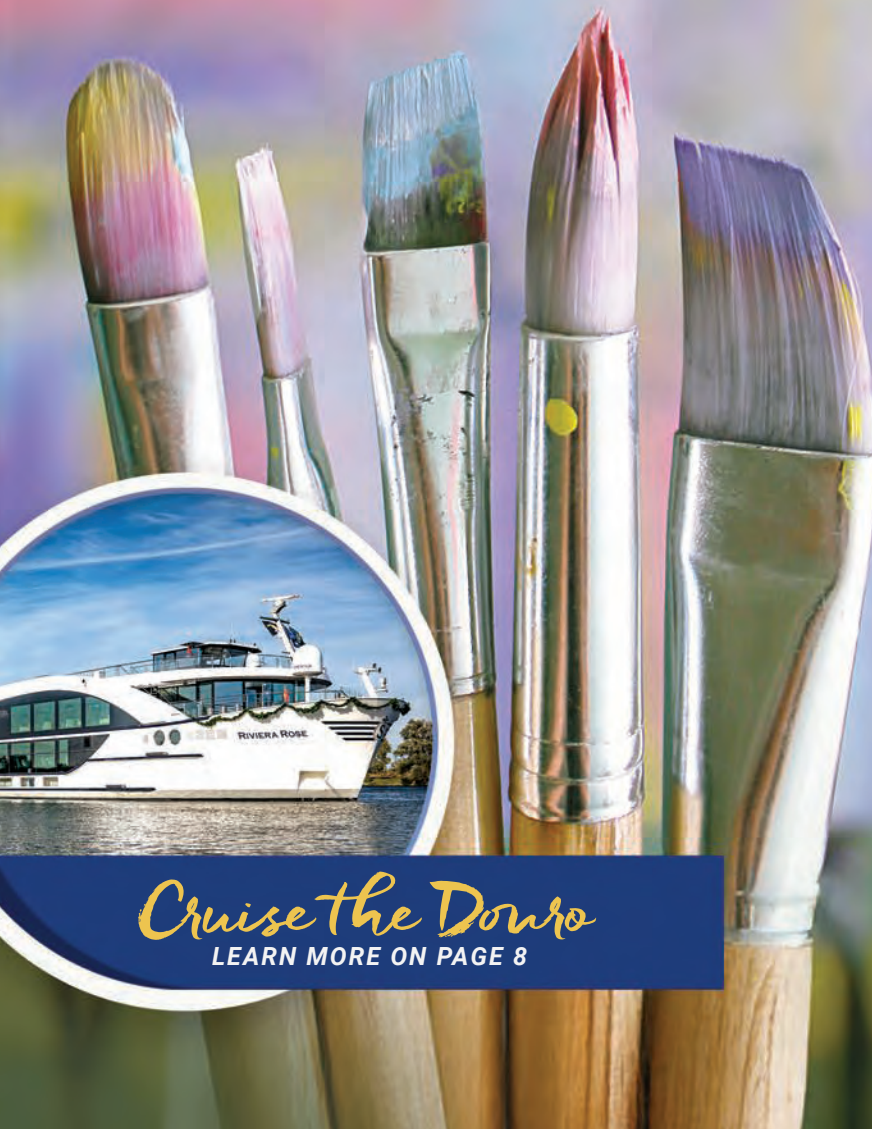
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**NEW!**

CLASSES IN  
**LEAGUE CITY**

LOVE WHAT YOU LEARN THIS SUMMER!

REGISTRATION BEGINS MAY 5, 2025

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## Love what you learn.™

College of the Mainland's Lifelong Learning classes provide amazing opportunities to explore your passions, learn something new, or even travel the globe.

### Sign up today!



College of the Mainland  
1200 N. Amburn Road  
Texas City, Texas 77591  
409-938-1211  
[com.edu](http://com.edu)

### Lifelong Learning

COM City Centre  
10000 Emmett F. Lowry Expy,  
Texas City, TX 77591  
409-933-8461  
[com.edu/lifelonglearning](http://com.edu/lifelonglearning)

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# 3 Easy Ways to Register for classes!

*(Choose one)*



## Go online

**com.edu/lifelonglearning**

Visit this link or scan the QR code.



## Call us

**409-933-8461**

Leave a message, and a representative will return your call within 24 business hours (Monday - Friday, 8 a.m. - 5 p.m.).



## Visit us in person

Stop by our facility located at Mainland City Centre.

COM City Centre  
10000 Emmett F. Lowry Expy  
Texas City, Texas 77591

View the map on page 19 of this catalog.

## Registration begins May 5, 2025

This schedule is for informational purposes and is subject to change. Changes subsequent to the issuance of the printed schedule will be posted online at [www.com.edu/lifelonglearning](http://www.com.edu/lifelonglearning). The electronic version of the schedule is the official schedule. Please refer to the online schedule to confirm class information.

# Community Education Classes

Non-credit, fee-based personal development classes and workshops offered on weeknight evenings or Saturdays and available to the entire adult (ages 18+) community.

## FUNdamentals of Modern Dance

Mondays/Wednesdays | June 2 - 25, 2025,  
5:30 PM - 6:45 PM

Registration Deadline: May 26, 2025

COM City Centre – Room 107

\$59

Instructor: Crista Melancon

Explore introductory principles of modern and contemporary dance, with alignment as the basic premise of technique while experiencing the joy of movement. Warm-up exercises and movement progressions will include axial (movements while in a stationary position) and travelling movements from modern and ballet dance vocabulary incorporated within center exercises.

## Art of Yoga

Tuesdays/Thursdays | June 10 - August 5,  
2025, 5:30 PM - 6:30 PM

Registration Deadline: June 3, 2025

COM City Centre – Room 107

\$79

Instructor: Tammi Blalack

Work stressing you to your limits? Come join us then before you head home. We promise you will be glad you did! Experience the art of yoga which will help you relax and find your inner peace. You will explore different techniques such as meditation, yin, Hatha, and animal movements in this class.

## Producing & Editing Your Family History

Tuesdays | June 10 - July 15, 2025,  
6:00 PM - 8:00 PM

Registration Deadline: June 3, 2025

COM League City – Room 116

\$79



DESIGN YOUR  
OWN ADORABLE  
PUPCAKES!

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Instructor: Reynaldo Muniz

This beginner-friendly workshop is designed for anyone eager to transform cherished family memories into compelling video narratives. You'll learn production and editing techniques to tell your family's story in a modern, dynamic way that resonates with all generations.

## Cupcake Craze: Design Your Own Adorable PUPcakes!

Monday | June 16, 2025, 5:30 PM -  
8:30 PM

Registration Deadline: June 2, 2025

COM City Centre – Room 120

\$49

Instructor: Debbie Seyfang

Do you like both puppies and cupcakes? Then this workshop is for you! Our baking expert will teach you how to create the cutest pupcake designs, including how to pipe their fur and mold their noses, ears, and tongues from marshmallow fondant. Take home your treats...but be warned that they may be too adorable to eat! All supplies are included in the fee.

## Create Your Own Summertime Doorhanger

Wednesday | June 18, 2025, 5:30 PM -  
8:00 PM

Registration Deadline: June 4, 2025

COM City Centre – Room 118

\$69

Instructor: Judy Regini

Gather your friends and join the fun as you craft a stunning, hand-painted wooden summertime doorhanger—perfect for hanging right away! Learn easy yet creative painting techniques while leaving plenty of room for your personal touch. Whether a beginner or a pro, you'll walk away with a



Love what you learn™  
Sign up for a class today



COM  
College of the Mainland

beautiful, high-quality doorhanger ready to showcase at home.

## Oil Painting on Mini Canvas – Unlock Your Inner Artist!

Monday | June 23, 2025, 5:30 PM - 7:30 PM

Registration Deadline: June 9, 2025

COM City Centre – Room 118

\$39

Instructor: David Wheeler

Dive into the world of oil painting in a fast, fun, and engaging workshop! Learn the key techniques of this timeless medium through a simple and exciting step-by-step process. By the end of the session, you'll take home your very own vibrant masterpiece. Don't miss out on the creative fun—your canvas awaits!

## Guitar from the Beginning

Thursdays | June 26 - July 31, 2025,  
5:30 PM - 7:30 PM

Registration Deadline: June 12, 2025

COM City Centre – Room 104

\$109

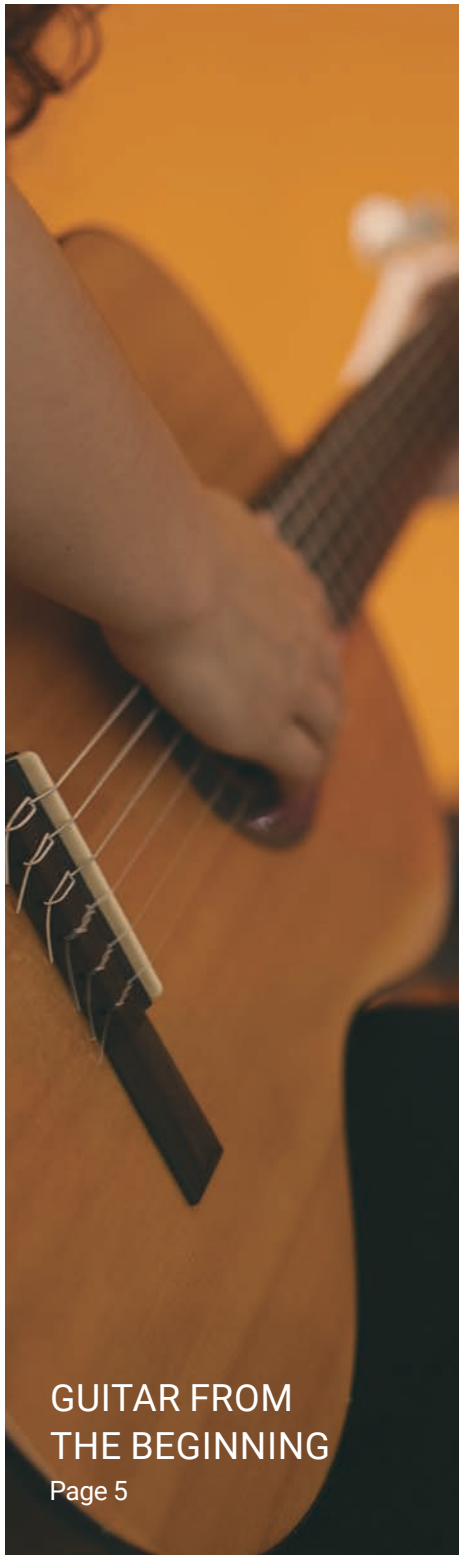
Instructor: James McQuage

Are up ready to move from playing air guitar to the real thing? Then this class is for you! You will learn basic guitar techniques including chords, scales, standard notation and tablatures, tuning, and basic guitar maintenance. Plus, take home your very own copy of Guitar for the Absolute Beginner! All you need for this class is your own 6-string guitar.

## Mosaic Flip Flop Fun!

Thursday/Monday | June 26 & 30, 2025,  
5:30 PM - 8:30 PM

Registration Deadline: June 12, 2025



COM City Centre – Room 117

\$49

Instructor: Michele Patrick

The sun is shining, and it's time to add some vibrant flair to your home this summer! Join us for a hands-on workshop where you'll create a pair of fun and fabulous 8" Mosaic Flip Flops. We'll provide all the materials you need, plus a rainbow of colorful glass tiles for you to design your own unique masterpiece. No art experience needed.

## Heat Proofing Your Garden

Saturday | June 28, 2025, 10:00 AM - 12:00 PM

Registration Deadline: June 21, 2025

COM City Centre – Room 115

\$29

Instructor: Angela Chandler

We are so fortunate to be able to garden year-round. But summer heat can be tough on both the garden and the gardener. Learn how to manage the stresses of late summer's heat and humidity to keep your garden healthier, happier, and more productive in our toughest season.

## Be a Better Writer: 10 Easy Tips to Improve your Writing NOW

Thursday | July 10, 2025, 6:00 PM - 9:00 PM

Registration Deadline: July 3, 2025

Internet

\$49

Instructor: LeeAnne Krusemark

We write everyday: emails, social media posts, work projects, and even non-fiction or creative writing. Improving is just a matter of knowing some simple tricks to make your writing more impactful and readable, and may help get you a promotion at work

# Community Education Classes

Non-credit, fee-based personal development classes and workshops offered on weeknight evenings or Saturdays and available to the entire adult (ages 18+) community.

or avoid rejection from a publisher. In this hands-on session, there will be writing/editing examples and exercises so you can see in real time how to make sentences flow properly while still maintaining reader interest, and you will leave with a workbook full of writing tips and tricks. The webinar login information will be emailed the day before class.

## Square Foot Gardening – Not by the Book!

Saturday | July 12, 2025, 10:00 AM - 12:00 PM

Registration Deadline: July 5, 2025

COM City Centre – Room 115

\$29

Instructor: Angela Chandler

Square Foot Gardening is a modular gardening system that is completely scalable to suit any size family or garden space. The management system is excellent, however the bed preparation, soils, water management and fertilization described in the books are not suitable for the Gulf Coast climate. Changes must be made to achieve excellent results. This program will address the modifications required for success in our Gulf Coast gardens.

## Mastering iPhone Photography

Mondays | July 14 -28, 2025, 5:30 PM - 7:00 PM

Registration Deadline: July 7, 2025

COM League City – Room 116

\$39

Instructor: Trudy Ledoux

Unlock the secrets to stunning iPhone photos with expert tips and tricks! In this hands-on workshop, you'll learn how to capture amazing shots using only your iPhone. Discover techniques that will boost your confidence and help you see the world



## SQUARE FOOT GARDENING

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through a photographer's lens, making every photo extraordinary. Get ready to elevate your photography skills to the next level!

## Beginner's Guide to Getting Published

Wednesday | July 16, 2025, 6:00 PM - 8:00 PM

Registration Deadline: July 9, 2025

Internet

\$39

Instructor: LeeAnne Krusemark

If your goal is to become a published freelance writer by selling a magazine article, short story, poem, or even a novel to a traditional publisher, this comprehensive workshop will guide you to, then past, the editor's desk. You will discover how to become a "published" writer overnight, submit manuscripts the correct way, find the right publisher for your work, write irresistible query letters, determine when and how to get an agent, plus 100 ways to make money as a freelance writer. If you really want to succeed, this step-by-step workshop is a must! Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

## 3-D Pebble Art: Create Your Own Charming Scene!

Wednesday | July 23, 2025, 6:00 PM - 9:00 PM

Registration Deadline: July 9, 2025

COM League City – Room 116

\$39

Instructor: Michele Patrick

Don't miss out on this hands-on workshop where you'll transform simple pebbles and found objects into adorable, personalized 3-D art! With endless possibilities, you'll





use the unique shapes, sizes, and colors of pebbles to create everything from family portraits to outdoor landscapes and beyond. The best part? You'll walk away with a one-of-a-kind piece to proudly hang on your wall.

LEAGUE CITY

## Monetize Websites, Blogs, and Social Media with Affiliate Marketing

Thursday | July 24, 2025, 6:00 PM - 8:00 PM

Registration Deadline: July 17, 2025

Internet

\$39

Instructor: LeeAnne Krusemark

Earn a passive monthly income from selling other people's products by placing a merchant-provided advertisement link on your site and get a commission for every sale, click or lead. Learn where to find 1000+ free and low-cost opportunities and how to avoid scams or links that won't offer a beneficial ROI (return on investment). Learn how to find high, recurring, and second-tier commissions. You'll also learn SEO secrets to increase your site's ranking and visibility on search engines like Google. Informative handouts for future use are included. The webinar login information will be emailed the day before class.

## Acrylics – Vibrant Dragons

Saturday | July 26, 2025, 10:00 AM - 1:00 PM

Registration Deadline: July 12, 2025

COM City Centre – Room 118

\$39

Instructor: Darcy Truehan

Don't miss out on this fun, fiery experience! Whether you're a seasoned artist or just getting started, this is your chance to bring a dragon to life in vibrant acrylics. Choose from several dragon molds, then

## INTRODUCTION TO VOICEOVERS

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let your imagination run wild as you paint and personalize your very own mythical creature. All supplies are included, but feel free to bring your favorite brushes if you prefer.

## How to Start Any Home Business + 250 Home Business Ideas!

Wednesday | July 30, 2025, 6:00 PM - 8:00 PM

Registration Deadline: July 23, 2025

Internet

\$39

Instructor: LeeAnne Krusemark

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. Discover more than 250 legitimate home business ideas, mandatory legal documentation, many ways to market your product/service, and how to take tax deductions (this workshop included!) Informative handouts for future use are included. The webinar login information will be emailed the day before class.

## Introduction to Voiceovers

Online and scheduled individually

\$49

Instructor: Voices For All

Receive a comprehensive introduction into the voice over industry from a working voice actor. Read a script and receive coaching while your instructor creates a professional voiceover evaluation. Learn more: <http://www.voicesforall.com/ooo> 18 and over. Upon registration you will be contacted by VFA to schedule your class for a time of your convenience.



# Lifelong Learning: Extended Travel

Extended travel is open to students 18 and older.

## Interested in exploring with us?

Sign up for one of our upcoming travel presentations and learn more about our upcoming trips!

### Pick a Tuesday Date:

**Jun. 24 or Sep. 23, 2025**

Note: Presentations are held from 1-2 p.m. at the COM City Centre in Room 115.

### Pick a Sign-up Option:

- 1 Call our office at **409-933-8461**.
- 2 **OR** sign-up online. Scan the QR code below and then scroll down to the presentation you want to attend. Click to add the presentation to your cart and click register.



Please note that each trip is subject to cancellation 180 days out (to ensure full refunds) if the minimum 10 person requirement is not met by that time.

## Also in 2026...

- West Virginia Rails & Williamsburg – October 2026
- Smoky Mountains & Pigeon Forge Holiday – December 2026

Advertised tour rate is per person based upon double occupancy and includes a booking discount if final payment is made by check prior to the final due date. Single occupancy has an additional fee. Additional purchase of a Trip Protection Plan is required for international travel. All trip rates include roundtrip airfare, local airport transportation, first class hotels, professional tour director, sightseeing and admissions per itinerary, specified meals, motorcoach transportation, baggage handling at hotels, and hotel transfers.

## NOVEMBER 2025

HIGHLIGHTS OF THE  
DOURO WITH SPAIN

*Cruise the Douro*

9 DAYS STARTING  
**NOV. 3, 2025**

**ONLY \$4,995 to \$7,195\***  
(Depending on stateroom choice)

### HIGHLIGHTS

- 7 Night Cruise - Outside Cabin aboard the NEW MS Riviera Rose
- 20 meals, plus onboard drinks
- Porto City Tour
- Quinta da Pacheca Dinner
- Salamanca, Spain Walking Tour/ Lunch with Flamenco Show
- Quinta da Avesada with Lunch/ Wine Tasting
- Lamego Tour
- Mateus Palace Gardens Visit
- Guimarães Tour or Port Wine Tasting
- Onboard Folklore Music Show

## APRIL 2026

*Athens & Greek Islands*

9 DAYS STARTING  
**APRIL 21, 2026**

**ONLY \$4,899\***

### HIGHLIGHTS

- 3 Nights - Athens
- 2 Nights - Mykonos
- 2 Nights - Santorini
- Athens City Tour
- The Acropolis & Parthenon
- The Acropolis Museum
- The Plaka & Syntagma Square
- Ancient Olympic Stadium
- Mykonos
- Delos Tour
- Santorini Tour
- Santorini Winery Visit & Tasting
- Oia Village Walking Tour
- Greek Island Ferry Rides

## JULY 2026

*Landscapes & Lighthouses of Coastal Maine*

7 DAYS STARTING  
**JULY 18, 2026**

**ONLY \$4,175\***

### HIGHLIGHTS

- 5 Nights at One Hotel in Maine
- 1 Night Boston
- Boston City Tour with Fenway Park
- Casco Bay Cruise
- Portland Head Lighthouse
- Seashore Trolley Museum
- Walkers Point
- Lobster Boat Cruise
- Cape Neddick Lighthouse
- Boothbay Harbor
- Coastal Maine Botanical Gardens
- Lobster Clambake



# Lifelong Learning: Local Travel

Day/Evening outings for adults ages 18+ to explore education through trips and travel.

Offering Pick-Up & Drop-Off at League City site this summer!

## PLEASE NOTE:

Trip cost includes transportation and admission ticket. Trip tickets have been pre-purchased; therefore, they are non-refundable. A buy-your-own meal will be scheduled for each trip and students will meet in lobby to load the bus unless otherwise noted. A pick-up and drop-off option will be available at the COM League City site this summer for select trips. If a trip is full, be sure to join the waiting list so we can contact you if a spot becomes available!

## Houston Astros vs Chicago White Sox Game

Thursday | June 12, 2025, 5:00 PM - 10:30 PM

\$79

Learn a bit about baseball while taking a self-guided tour at the center field Hall of Fame Alley and the Home Run Pump. Your ticket includes a \$15 food/drink credit if you download the app. Make your way to Field Level seats to enjoy the game and cheer on the Astros!

## Galveston Naval Museum, Historic Harbor Tour & Dolphin Watch

Friday | June 20, 2025, 8:00 AM - 4:30 PM

\$89

Travel to Galveston's Pelican Island Seawolf Park to enjoy docent led tours of the WWII USS Cavalla submarine and the USS Stewart destroyer. Enjoy lunch at a local restaurant before boarding the Seagull II for an up-close tour of Galveston Harbor with the possibility of seeing dolphins! Next, we board the 1877 Tall Ship ELISSA floating museum to explore the historic ship. Please be aware that there are steps/ramps required to board these attractions.

## A Day at the Museums

Wednesday | June 25, 2025, 9:00 AM - 4:00 PM

\$69

The Buffalo Soldiers National Museum exists to tell the real unapologetic truth of the sacrifices that African Americans made to build the United States of America. African Americans have served proudly in every great American war. These fighting men represented the first Black professional soldiers in a peacetime army. After lunch, take a larger-than-life walking tour of the Amazing Body Pavilion to get an up-close look at the human body and how it works at The Health Museum, then explore the traveling exhibit – Body Worlds 101: The Core of Life & Reclaimed Creations.

## The Addams Family (The Grand 1894 Opera House)

Sunday | June 29, 2025, 12:30 PM - 6:30 PM

\$109

A comical feast that embraces the wackiness in every family. Wednesday Addams, the ultimate princess of darkness, has grown up and fallen in love with a sweet, smart young man from a respectable family. Everything will change for the whole family on the fateful night they host a dinner for Wednesday's 'normal' boyfriend and his parents.

## The Tap Dance Kid (Ensemble Theatre)

Thursday | July 10, 2025, 4:30 PM - 11:00 PM

\$89

The Tap Dance Kid concerns a ten-year-

old African American kid who doesn't want to be a lawyer like the well-to-do strict father and dreams of becoming a dancer like the talented Uncle Dipsey, an aspiring Broadway choreographer.

## Visiting Rosenberg, Texas

Wednesday | July 16, 2025, 9:00 AM - 4:00 PM

\$79

The day in Rosenberg will start at the Rosenberg Railroad Museum with a guided tour of unique and interactive displays including a real train crew's living quarters and a glimpse into historic luxury rail travel. After lunch at a local favorite restaurant, travel to the Black Cowboy Museum where Larry Callies aims to showcase the lifestyle of the American cowboy and preserve the legacy of the Black cowboys' influence on Western culture.

## Agatha Christie's The Mirror Crack'd (Alley Theatre)

Tuesday | July 22, 2025, 4:00 PM - 11:00 PM

\$89

Miss Marple, Agatha Christie's iconic sleuth, takes center stage in this gripping, glamorous mystery. When the filming of a star-studded movie in a quaint village leads to a chilling murder, everyone becomes a suspect. Miss Marple untangles a web of jealousy, ambition, and hidden truths. Can you solve who is behind it all?

# 50 Plus Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register. Required supplies listed in online syllabi for each course below.

## Bead Stitching

Thursdays | June 12 - August 7, 2025,  
1:00 PM - 4:00 PM

COM City Centre – Room 120

\$45

Instructor: Patricia Ouellette

So you want to be a beader? Learn a variety of stitches used for beading and finish a project with each stitch technique. (Estimated supply cost \$20-\$40)

## Beaded Fashion Jewelry

Wednesdays | June 11 - July 30, 2025,  
10:00 AM - 1:00 PM

COM City Centre – Room 120

\$45

Instructor: Rhonda Wilcox

Impress your friends with unique and stylish jewelry...made by you! Through lectures, demonstrations, and hands-on projects, you will learn beginners' jewelry skills in the techniques of bead stringing and bead stitching. (Estimated supply cost \$60- \$80)

## Brazilian Embroidery

Thursdays | June 12 - August 7, 2025,  
1:00 PM - 4:00 PM

COM City Centre – Room 119

\$45

Instructor: Charlyn Walker

Create beautiful artwork using needle and thread! Brazilian Embroidery is a three-dimensional embroidery using caston bullions and other commonly used embroidery stitches but with rayon thread.

(Estimated supply cost \$25-\$30)

## Computer for Absolute Beginners

Wednesdays | June 11 – July 30, 2025,  
8:30 AM - 10:30 AM

## DRAWING WITH COLORED PENCILS

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COM City Centre – Room 115

\$30

Instructor: Mishelene Baker

Whether you have never worked with or have forgotten what you learned about computers, this class will meet you where you are! You will learn basic hardware differences and how to make Microsoft Windows friendlier, plus get an introduction to keyboarding, email, and Facebook. All you will need for class is a USB flash/jump drive.

## Cricut

Wednesdays | June 11 - July 30, 2025,  
9:00 AM - 12:00 PM

COM City Centre – Room 118

\$45

Instructor: Myrle Waller

No need to own a Cricut die-cutting machine to learn how to use a Cricut, although it is so fun you might decide to purchase one! You will make personal T-shirts, stencils, etch on glass, and more! We will start out with basic instructions in machine mechanics and then proceed to Cricut Design Space. A personal Cricut machine is not required but you must have a laptop or tablet to access the college's internet and download the Design Space program. Basic computer skills required. (Estimated supply cost \$25-\$50)

## Drawing Basics

Mondays | June 9 - July 28, 2025, 9:00 AM  
- 11:00 AM

COM City Centre – Room 120

\$30

Instructor: Myrle Waller

Can I really learn to draw? I can't draw. I have no talent to draw. Yes, you can learn. If you can write your name, you can learn to draw. Whether you have a natural talent or must work at it a bit, come join us and we





will all learn the basics together. (Estimated supply cost \$60-\$100)

## Drawing with Colored Pencils

Tuesdays | June 10 - July 29, 2025,  
1:00 PM - 3:00 PM

COM City Centre – Room 118

\$30

Instructor: Myrle Waller

Let's put pencils to paper and create art to be proud of! Discover how to blend colors using different techniques, including the use of paint thinner, layering colors, effective use of lifting colors and the dramatic use of light and shadow. Explore different pencil types and quality, as well as what is the best paper to use with each type of pencil. (Estimated supply cost \$75)

## Keep It Simple – Living A Healthy Life

Wednesdays | June 11 - July 30, 2025,  
1:30 PM - 3:30 PM

COM City Centre – Room 120

\$30

Instructor: Sharon Mitchiner

Come learn about the benefits of a healthy lifestyle, eating fresh foods, and incorporating super foods into your diet. This class will include information on whole foods and a plant-based diet.

## Life Story Writing

Tuesdays | June 10 - July 29, 2025,  
10:00 AM - 12:00 PM

COM City Centre – Room 115

\$30

Instructor: Courtney Pugh

Do you have a life full of stories? Stories that can teach others or you can pass along



## LIFE STORY WRITING

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to your children or family? This class will teach you how to write your story! Creative writing tips will be presented and editing offered. This course will walk students through the process so they can focus on writing their story.

## Microsoft for Beginners

Wednesdays | June 11 – July 30, 2025,  
10:45 AM – 12:45 PM

COM City Centre – Room 115

\$30

Instructor: Mishelene Baker

Have you just learned how to use your computer and now want to explore the Microsoft software on it? In this class you will learn about Microsoft Word, PowerPoint, Excel, and Outlook, including the basics of each application and the features needed for projects appropriate for the software platform. Additionally, we will also cover the use of the internet for business and internet safety.

## Mosaics

Mondays | June 9 – July 28, 2025,  
1:00 PM - 4:00 PM

COM City Centre – Room 117

Thursdays | June 12 - August 7, 2025,  
9:00 AM - 12:00 PM

COM City Centre – Room 117

Thursdays | June 12 - August 7, 2025,  
12:30 PM - 3:30 PM

COM City Centre – Room 117

\$45

Instructor: Michele Patrick

Learn from an award-winning mosaic artist how to make modern mosaics. Teaching will include getting familiar with the tools, cutting techniques, grouting, hanging/displaying options, etc. You will complete at least one project, plus gain the ability to create a mosaic on your own. (Estimated supply cost \$100-\$110)

# 50 Plus Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register. Required supplies listed in online syllabi for each course below.

## Needle Felting with Wool

Mondays | June 9 - July 28, 2025,  
1:00 PM - 3:00 PM

COM City Centre – Room 119

\$30

Instructor: Jane Ebone

Discover the magic of needle felting in this hands-on class! Learn the basics of transforming soft wool into adorable creations using just a felting needle. We'll cover fundamental techniques, safety tips, and shaping methods as you craft your own small projects. Perfect for beginners, this relaxing and creative craft is a great way to unwind while making something unique. Join us for a fun-filled session of stabbing, shaping, and sculpting wool into art! (Estimated supply cost \$60)

## Painting with Acrylics

Mondays | June 9 - July 28, 2025, 1:30 PM  
- 4:30 PM

COM City Centre – Room 118

\$45

Instructor: Deborah Brady

This beginner class provides the basics of using acrylic paints and the techniques needed to create finished artwork. Different acrylic mediums and styles will be introduced as well. You will paint various subjects incorporating the techniques learned. Please do not buy any of the supply materials until you have attended the first class. (Estimated supply cost \$75+)

## Painting with Oils

Tuesdays | June 10 - July 29, 2025,  
9:00 AM - 12:00 PM

COM City Centre – Room 118

\$45

Instructor: David Wheeler

Learn from the techniques of the great

## NEEDLE FELTING WITH WOOL

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masters - exploring color and using light and shadow to create drama. This course teaches how to hold a brush, mix paint and use glazes while starting with a limited paint pallet and expanding as the class progresses. All skill levels welcome. (Estimated supply cost \$120)

## Painting with Watercolors

Wednesdays | June 11 - July 30, 2025,  
9:00 AM - 12:00 PM

COM City Centre – Room 117

\$45

Instructor: Durelle Brown

Enjoy exploring watercolor's complexities while learning how to deal confidently with washes and color mixing. You will discover your hidden potential while learning the fundamentals of this art form! (Estimated supply cost \$200)

## Paper Mache

Mondays | June 9 - July 28, 2025, 9:00 AM  
- 12:00 PM

COM City Centre – Room 118

\$45

Instructor: Durelle Brown

Not only is paper mâché a way to explore your creativity, it is also a rewarding "green art" medium. You will design and construct your own project, choosing from recycled and repurposed materials. (Estimated supply cost \$15-\$20)

## Paper Quilling

Tuesdays | June 10 - July 29, 2025,  
10:00 AM - 12:00 PM

COM City Centre – Room 118

\$30

Instructor: Myrle Waller

Come learn the papercraft art of quilling, which involves rolling, shaping, and gluing



# Love what you learn™

## Sign up for a class today



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together strips of paper into creative and decorative designs. (Estimated supply cost \$30)

## Photography

Mondays | June 9 - July 28, 2025,  
12:30 PM - 2:30 PM

COM City Centre – Room 115

\$30

Instructor: Trudy Ledoux

Whether your desire is to photograph your family, vacations, or the world around you, this course will introduce you to basic photography skills and camera features that will significantly improve your photographs. While a digital single lens reflecting camera is recommended, whichever camera you have is perfect.

## Photography – Next Level

Mondays | June 9 - July 28, 2025,  
9:00 AM - 11:00 AM

COM City Centre – Room 115

\$30

Instructor: Trudy Ledoux

Have you always wanted to take your photography skills to the next level? Perhaps you have been a photographer for years and just moved to the digital camera? Or you acquired a camera and are not sure how to use it. Overcome these obstacles and move from taking pictures to taking photographs! Prerequisite: Completion of 2 semesters of beginner Photography or other photography experience

## Quilting

Tuesdays | June 10 - July 29, 2025,  
1:30 PM - 4:30 PM

COM City Centre – Room 119

\$45

Instructor: Elsa Tutt

Quilting symbolizes family and heritage, the joining of the past with the present. Learn how to create your own quilt, or even expand your existing quilting skills, by working on a project of your own choice. The class will cover quilting basics such as choosing fabrics, rotary cutting, piecing, basting, quilting, and binding. Prerequisite: Own and know how to operate a sewing machine (Estimated supply cost \$75-\$350)

## Quilting, Mixed Techniques

Tuesdays | June 10 - July 29, 2025,  
9:30 AM - 12:30 PM

COM City Centre – Room 119

\$45

Instructor: Elsa Tutt

Learn how to create a quilt block and/or top using advanced and/or mixed quilting techniques such as Applique, Curve Piecing, English Paper Piecing, and others. The class will work on a recommended project that uses the technique. Prerequisite: Completion of 3 semesters of quilting class. (Estimated supply cost \$75-\$250)

## Saltwater Fishing

Thursdays | June 12 - August 7, 2025,  
9:00 AM - 11:00 AM

COM City Centre - Room 118

\$30

Instructor: Tom La Santa

Learn how to catch fish and discover tricks that will build your confidence to fish anywhere. We will cover the proper tackle and bait to use for different saltwater environments as well as techniques for casting, fighting, landing, and cleaning fish. Learn how to maintain your fishing gear, plus the rules and regulations of fishing in Texas. Fishing field trips to Galveston and the Texas City Dike for additional fees (trips will be during class time, but you can stay longer if you choose). Course prerequisite:

Valid Texas saltwater fishing license. (Estimated supply cost \$35-\$100)

## Sewing Basics

Wednesdays | June 11 - July 30, 2025,  
9:00 AM - 12:00 PM

COM City Centre – Room 119

\$45

Instructor: Mary Sister

Become knowledgeable with sewing terms and their definition selecting and caring for different types of fabrics, and the sewing notions to meet a desired need. You will learn and develop basic sewing skills as you sew your very own project(s) (Estimated supply cost \$40-\$80)

## Spanish

Mondays | June 9 - July 28, 2025,  
10:00 AM - 12:00 PM

COM City Centre – Room 119

\$30

Instructor: Alison Johnson Galdamez

¿Quiere aprender el español? Well, come join this class! You will obtain a working knowledge of conversational beginning Spanish including common vocabulary, phrases, parts of speech, and sentence construction. The last class will be a conversational class at a local Spanish-speaking restaurant for an additional fee.

## Stained Glass

Tuesdays | June 10 - July 29, 2025,  
8:15 AM - 10:15 AM

COM City Centre – Room 117

Tuesdays | June 10 - July 29, 2025  
10:30 am - 12:30 pm

COM City Centre – Room 117

\$30

Instructor: Patricia Stettler

Come learn the art of stained glass! You

# 50 Plus Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register. Required supplies listed in online syllabi for each course below.

will learn to construct a panel from start to finish with the Copper Foil technique which will provide the basis to building additional panels. A small panel will be the class project. (Estimated supply cost \$150-\$300)

## Stained Glass, Lead Came

Tuesdays | June 10 - July 29, 2025,  
1:30 PM - 4:30 PM

COM City Centre – Room 117

\$45

Instructor: Patricia Stettler

Lead came is the material that holds separate pieces of glass together in an h-shaped channel so that the pieces of glass slide into either side. The comes are then soldered together at the seams to lend strength when creating large works of glass art, like windows. You will have the opportunity to assemble your own panel. (Estimated supply cost \$75-\$100)

## Sublimation Printing

Wednesdays | June 11 - July 30, 2025,  
1:00 PM - 4:00 PM

COM City Centre – Room 118

\$45

Instructor: Myrle Waller

Learn the basics and discover the joy of making retail quality items without screen printing or expensive printers and materials. Finally, crafters can create sublimation products at home! (Estimated supply cost \$100)

## Woodcarving

Mondays | June 9 - July 28, 2025,  
1:00 PM - 3:00 PM

COM City Centre – Room 120

\$40

Instructor: Michael Duhon

Interested in learning woodcarving skills

to produce carvings using only a knife blade? Come discover the basics, including knife cuts and techniques, dealing with grain direction when laying out patterns, and tool sharpening/maintenance in this introductory course. (Estimated supply cost \$30-40)

## Woodworking

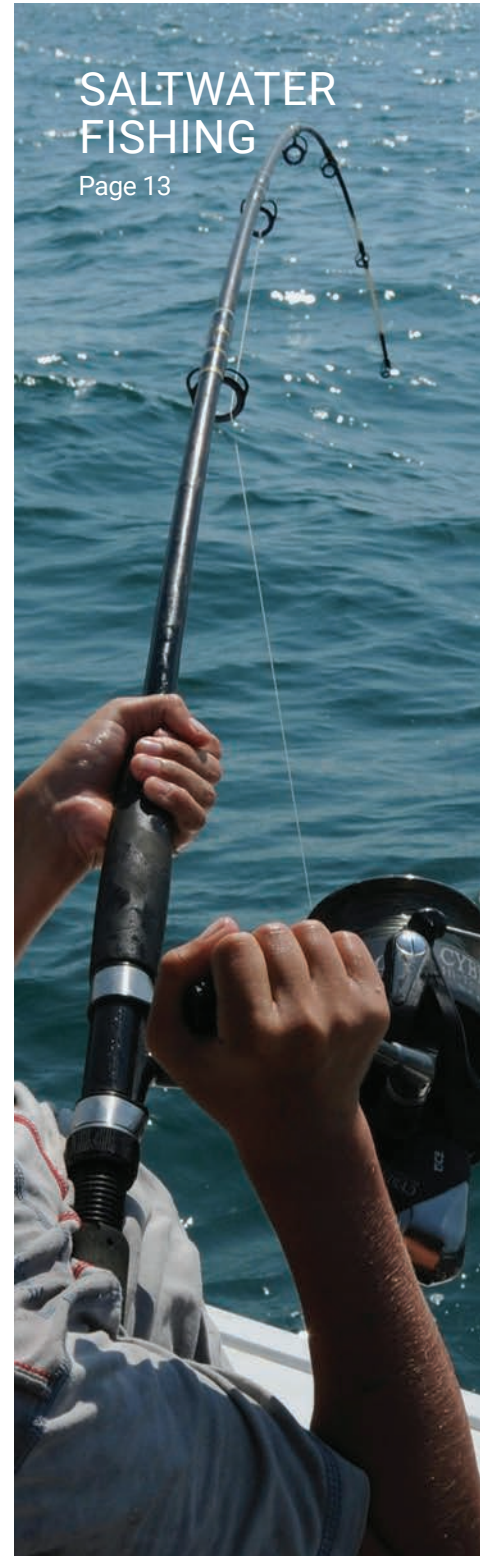
Thursdays | June 12 - August 7, 2025,  
9:00 AM - 12:00 PM

COM City Centre – Room 119

\$45

Instructor: Richard Goodheart

If you like working with your hands, woodworking may be a great hobby for you! Learn and develop basic woodworking skills all while making your own project. Discussions will include wood and tool terminology, layout techniques, joinery, and finishes. Proper tool selection, sharpening, and project layout will be taught, with proper technique and safety in mind. (Estimated supply cost \$200-\$250)





# 50 Plus Exercise Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register.

PLEASE NOTE: Equipment is available for all exercise classes unless specified in description. Students are welcome to bring their own equipment if preferable.

## Choose the class that is right for you:

**LEVEL 1:** Easy, gentle exercise/use of chair for support/exercise modifications provided

**LEVEL 2:** Moderate/slightly intense exercises/standing and floor movements/modifications provided

**LEVEL 3:** Active/higher intensity/aerobic exercises

## Balance Training

Tuesdays/Thursdays June 10 - August 5, 2025, 10:30 AM - 11:30 AM

COM City Centre – Room 104

\$30

Instructor: Patricia Trevisani

Reduce your fear of falling and increase your activity level with this class, which focuses on stretching and strengthening exercises that improve balance, coordination, and endurance over time. Instructor will use lecture, discussion, and videos to support the training. (Level 1)

## Drums Cardio

Mondays/Wednesdays | June 9 - July 30, 2025, 9:30 AM - 10:30 AM

COM City Centre – Room 104

\$30

Instructor: Patricia Trevisani

This class combines traditional aerobic movements with the powerful beat and rhythms of the drums. You will use a Pilates ball and drum sticks in choreographed routines that will get you moving to the music regardless of your mobility level. (Levels 1-3)

## Line Dancing for Beginners

Tuesdays/Thursdays | June 9 - July 30, 2025, 3:00 PM - 4:00 PM

COM City Centre – Room 107

\$30

Instructor: Patricia Trevisani

## TAI CHI FOR HEALTH

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Line dancing involves performing patterned foot movements in a line in unison to music. This is a beginner class, so no experience is necessary. You will learn and practice simple routines to songs as we move through the semester. You must wear footwear that slides, swivels easily, and does not stick to the floor. (Level 1/2)

## Line Dancing – Next Level

Mondays/Wednesdays | June 9 - July 30, 2025, 4:00 PM - 5:00 PM

COM City Centre – Room 107

\$30

Instructor: Patricia Trevisani

Have you learned the dance routines from the beginner line dancing class and are now ready to practice what you have learned? Then, the next level class is for you! There will be brief reminders of routines learned in the beginner class, but the expectation is that you already are familiar with the steps. Also, a few intermediate level dance routines will be taught during the semester. (Level 2/3)

## Pilates/Yoga (Mix)

Tuesdays/Thursdays June 10 - August 5, 2025, 4:00 PM - 5:00 PM

COM City Centre – Room 104

\$30

Instructor: Trina Fox

Join us for Yoga and Pilates exercises with motivating music to stretch, tone and strengthen your entire body. (Level 2)

# 50 Plus Exercise Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register.

PLEASE NOTE: Equipment is available for all exercise classes unless specified in description. Students are welcome to bring their own equipment if preferable.

## Sit-N-Fit

Mondays/Wednesdays | June 9 - July 30, 2025, 11:00 AM - 12:00 PM

COM City Centre – Room 104

\$30

Instructor: Patricia Trevisani

This is a structured exercise program for anyone needing slow gentle movement and may also help to improve the quality of life of physically limited individuals through safe, effective exercises. Using chair exercises set to music, you will tone muscles and increase endurance. (Level 1)

## Tai Chi For Health

Tuesdays/Thursdays June 10 - August 5, 2025, 9:45 AM - 10:45 AM

COM City Centre – Room 107

\$30

Instructor: Mildred Smith

Perfect for beginners, Tai Chi for Health is a gentle, yet strengthening, low impact form of exercise that can improve balance and flexibility, as well as help manage stress. It is safe and effective; beneficial for overall physical health, cardiovascular issues and chronic health conditions. (Level 1)

## Total Body Fitness

Mondays | June 9 - July 28, 2025, 8:15 AM - 9:45 AM

COM City Centre – Room 107

\$22.50

Instructor: Alison Johnson Galdamez

Reap cardiovascular and strength benefits while doing fun, slightly intense exercises! We will learn to properly and safely stretch, warm up, and perform abdominal, upper-body and lower-body exercises. Some yoga will be included as well. Please wear workout clothes and tennis shoes. (Level 3)

## Yoga for Beginners

Tuesdays/Thursdays June 10 - August 5, 2025, 9:00 AM - 10:00 AM

COM City Centre – Room 104

\$30

Instructor: Trina Fox

This class focuses on breath and core building, beginner yoga poses, and Pilates basics. The “studio” fitness environment is intended to give you a place to build confidence as you increase flexibility and strength. Participate without pressure because there is something for you in every stage of your fitness journey. Learn to breathe and move your body at a pace that feels safe and comfortable. (Level 1)



DRUMS CARDIO

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# 50 Plus Mini Session Classes

Classes that are specifically designed to engage and serve the 50+ community.  
Must be at least 50 years of age to register.

## Want to try something new or stay inspired between semesters?

Check out our **SHORT INTRODUCTORY MINI-CLASS OPTIONS WITH SUPPLIES INCLUDED.**  
Each course fee is \$10 and classes are held the weeks of August 18 and 25.

### Beaded Fashion Jewelry

Wednesdays | 10:00 AM - 1:00 PM

COM City Centre – Room 120

### Bead Stitching

Thursdays | 1:00 PM - 4:00 PM

COM City Centre – Room 120

### Fused Glass

Mondays | 1:00 PM - 4:00 PM

COM City Centre – Room 117

### Tai Chi For Health

Tuesdays/Thursdays | 9:45 AM - 10:45 AM

COM City Centre – Room 107

### Tangled Art

Thursdays | 10:00 AM - 12:00 PM

COM City Centre – Room 118

### Yoga for Beginners

Tuesdays/Thursdays | 9:00 AM - 10:00 AM

COM City Centre – Room 104



BEADED  
FASHION  
JEWELRY

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# General Information & Map

## PAYMENT OF FEES AND TUITION

All tuition and fees must be paid at the time of registration. We accept VISA, MasterCard and Discover. No cash, checks, money orders or American Express will be accepted.

## CANCELLATION OF COURSES

Each course has a minimum enrollment requirement or is subject to cancellation one week prior to start of class. Find a class you like and encourage a friend to join you! It could make the difference between having it or not. If the college cancels a course an automatic 100 percent refund of tuition is initiated.

## FINANCIAL ASSISTANCE FUND

The Lifelong Learning Scholarship Fund is designed to help students who wish to participate in classes but are unable to due to financial hardship. If eligible, a student may be awarded up to \$45 tuition per semester to register for one class. Call 409-933-8461 for information on how to apply. Want to sponsor a student? Complete a donation card at the welcome desk or go to the COM website at <https://give.com.edu/ways-to-give/> to give online. Be sure to designate your gift to Lifelong Learning Scholarship Fund. Thank you for your support!

## MAKE-UP CLASSES

In the event of a college-wide closure (i.e., inclement weather, power outage, etc.) that results in canceled classes, instructors are not required to reschedule class. However, if an instructor must personally cancel a class, every attempt will be made to reschedule it prior to the end of the semester.

## WAITING LISTS

Want to attend a class or trip that is full? Make sure to join the waiting list online or contact the Lifelong Learning Program Office at 409-933-8461 to be added. If a spot becomes available, you will be contacted.

## REFUND POLICIES

### Community Education Refund Policy

Community Education classes/workshops will be 100 percent refunded if a student cancels by the registration deadline. Refund requests may be made in person at the Lifelong Learning office or by phone at 409-933-8461. Refund requests must be received during normal business hours.

## 50 Plus Refund Policy

50 Plus classes will be 100 percent refunded if canceled before the first day of class. Refund requests may be made in person at the Lifelong Learning office or by phone at 409-933-8461. Refund requests must be received during normal business hours at least one business day prior to the calendar start date of the class.

## Trip Refund Policy

Tickets are pre-purchased for trip events; therefore, they are non-refundable.

## COLLEGE CALENDAR

In accordance with the approved College calendar, the college will be closed:

Jun 19, 2025

July 4, 2025

## PHOTO AND VIDEO POLICY

COM's Marketing and Communications Department takes photographs (still and video) of students throughout the year. These photographs and videos often include students in classrooms, study areas, at events, etc. COM reserves the right to use these photographs and video as a part of its publicity and marketing efforts. Students who enroll at COM do so with the understanding that these photographs and videos might be used in College publications, both printed and electronic, for recruiting and advertising purposes.

## TOBACCO-FREE ENVIRONMENT

All College of the Mainland campuses are tobacco-free facilities. In addition, COM has a zero-tolerance policy for alcohol on campus.

## DIVERSITY STATEMENT

The College District prohibits discrimination, including harassment, against any individual(s) on the basis of race, color, religion, national origin, age, veteran status, disability, sex, sexual orientation, gender, to include gender identity and gender expression, or any other basis prohibited by law. Retaliation against anyone involved in the complaint process is a violation of College District policy.

## STUDENT RECORD PRIVACY POLICY

College of the Mainland complies with the

provisions of the Family Educational Rights and Privacy Act (Buckley Amendment of 1974, Public Law 90-247, as amended) and any regulations that may be promulgated therein. The College permits a student to inspect his or her own records and limits disclosure to others if a student has not been granted access by prior written consent. No student record, demographics, or schedule information will be shared with anyone over the phone or with any third party.

## COM ALERT

COM Alert is a way for College of the Mainland to reach you in case of emergencies impacting any of COM's campuses. The COM Alert system uses email, phone, and text messages to notify individuals of emergencies and important news from the College. If you are not already receiving COM Alerts, sign up now by going to [www.com.edu/contact-us/emergency-contact.html](http://www.com.edu/contact-us/emergency-contact.html) and following the prompts on the screen.

## CAMPUS CARRY

As of August 1, 2017, Texas community colleges are required to comply with Senate Bill 11, commonly known as the "campus carry" bill. Individuals holding a license to carry (LTC), formerly concealed handgun license, will have the legal right to carry a concealed handgun onto community college campuses; however, openly carrying a firearm on a college campus is illegal. Please take note that storing handguns in personal vehicles on campus is allowed. A license holder may carry a concealed handgun on or about their person while on College District property or in any buildings or properties owned, leased, or rented by the College District except in areas that have been deemed gun-free zones under this policy. For further information about gun-free zone locations, Campus Carry policy, and campus safety, please see the following link, <http://www.com.edu/campus-safety-and-security>.

This policy applies to faculty, staff, students, visitors, and individuals and organizations doing business on behalf of the College District or while on the College District premises or properties owned, leased, or rented by College District.

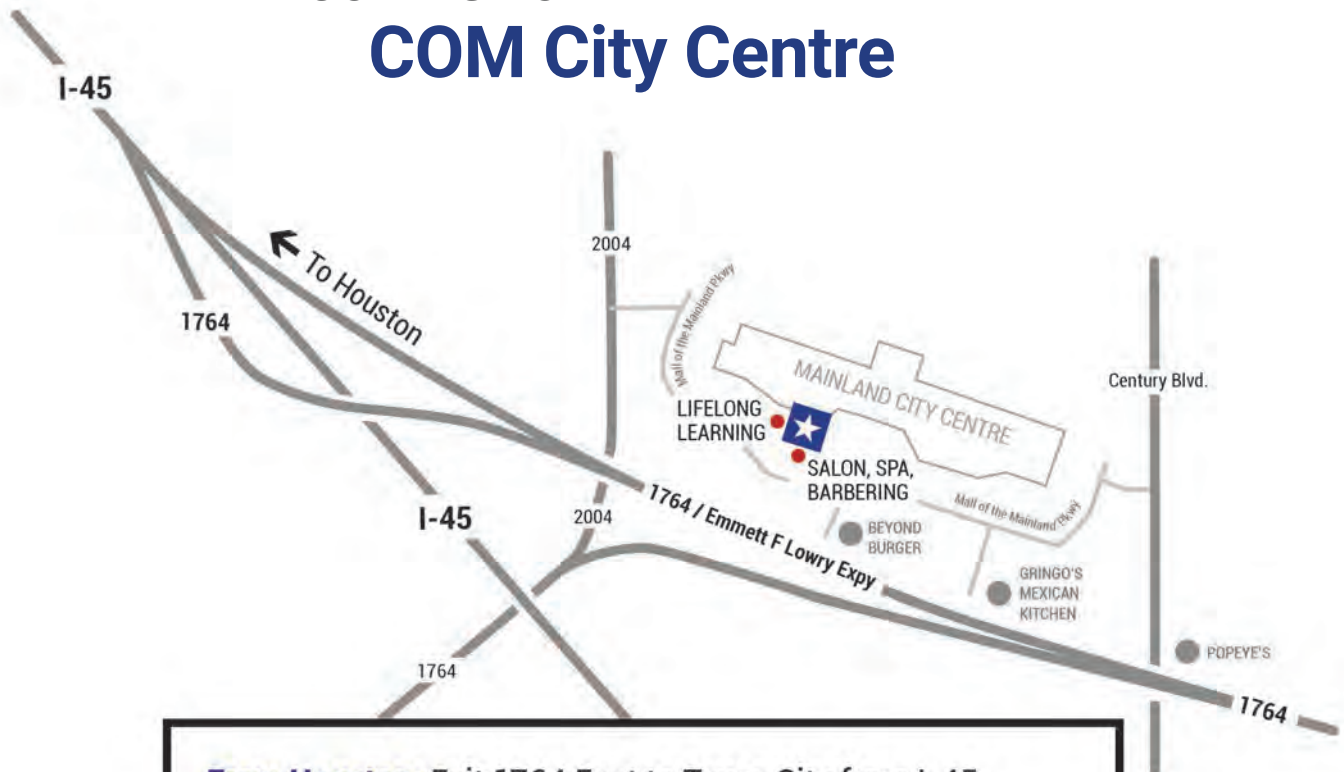
In accordance with the law, this policy shall not apply to commissioned peace officers.

Love what you learn™  
Sign up for a class today



COM  
College of the Mainland

## COLLEGE OF THE MAINLAND COM City Centre



**From Houston:** Exit 1764 East to Texas City from I-45 South. Exit Century Blvd. Make U-turn under bridge. Take feeder to Beyond Burger and turn right towards the mall area. Turn left onto Mall of the Mainland Pkwy.

**From Galveston:** Exit #15 from I-45N. Turn right on 2004, then right after Quality Inn onto Mall of the Mainland Pkwy.

**Interested in teaching a class  
or have an idea for one?**

Please call Lisa Renfroe at  
409-933-8461.



**Have questions? Learn more online at:**  
[com.edu/lifelonglearning](http://com.edu/lifelonglearning)





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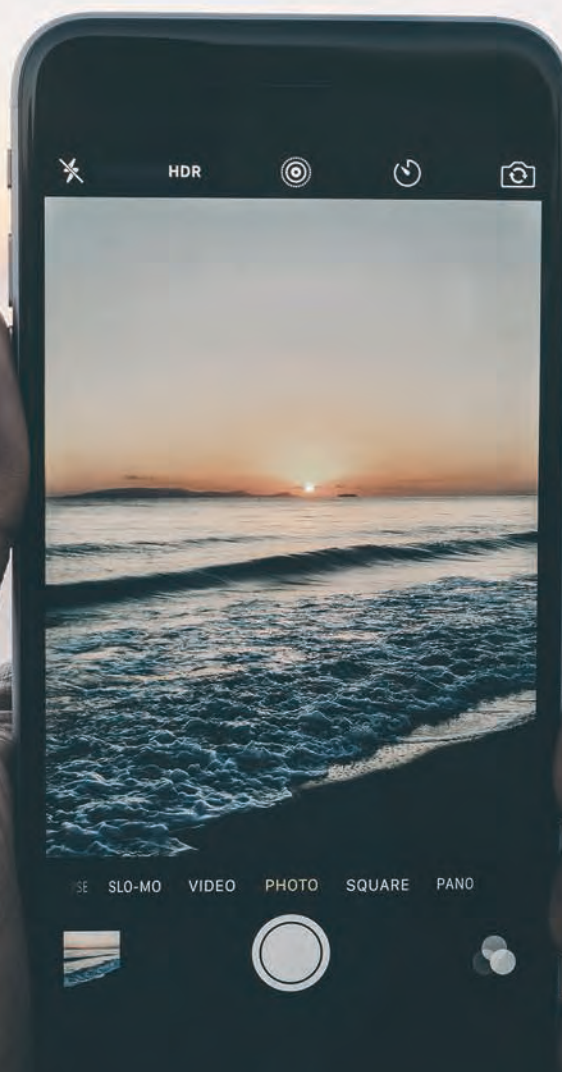
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RESIDENTIAL CUSTOMER

# Mastering iPhone Photography

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