

# LIFELONG LEARNING

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**NEW!**

CLASSES IN  
LEAGUE CITY

EXPERIENCE  
*Niagara Falls*

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LOVE WHAT YOU LEARN THIS SPRING!

REGISTRATION BEGINS DECEMBER 2, 2024

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## Love what you learn.™

College of the Mainland's Lifelong Learning classes provide amazing opportunities to explore your passions, learn something new, or even travel the globe.

### Sign up today!



College of the Mainland  
1200 N. Amburn Road  
Texas City, Texas 77591  
409-938-1211  
[com.edu](http://com.edu)

## Lifelong Learning

COM City Centre  
10000 Emmett F. Lowry Expy,  
Texas City, TX 77591  
409-933-8461  
[com.edu/lifelonglearning](http://com.edu/lifelonglearning)

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# 3 Easy Ways to Register for classes!

(Choose one)



## Go online

**com.edu/lifelonglearning**  
Visit this link or scan the QR code.



## Call us

**409-933-8461**  
Leave a message, and a representative will return your call within 24 business hours (Monday - Friday, 8 a.m. - 5 p.m.).



## Visit us in person

Stop by our facility located at Mainland City Centre.  
COM City Centre  
10000 Emmett F. Lowry Expy  
Texas City, Texas 77591

View the map on page 19 of this catalog.

## Registration begins December 2, 2024

This schedule is for informational purposes and is subject to change. Changes subsequent to the issuance of the printed schedule will be posted online at [www.com.edu/lifelonglearning](http://www.com.edu/lifelonglearning). The electronic version of the schedule is the official schedule. Please refer to the online schedule to confirm class information.

# Community Education Classes

Non-credit, fee-based personal development classes and workshops offered on weeknight evenings or Saturdays and available to the entire adult (ages 18+) community.

## Art of Yoga

Tuesdays/Thursdays | January 21 - March 13, 2025, 5:30 PM - 6:30 PM

Registration Deadline: January 21, 2025

Tuesdays/Thursdays | April 01 - May 22, 2025, 5:30 PM - 6:30 PM

Registration Deadline: April 01, 2025

COM City Centre – Room 107

\$79

Instructor: Tammi Blalack

Work stressing you to your limits? Come join us then before you head home. We promise you will be glad you did! Experience the art of yoga which will help you relax and find your inner peace. You will explore different techniques such as meditation, yin, Hatha, and animal movements in this class.

## Auto Care Basics

Saturdays | January 25 - February 15, 2025, 9:00 AM - 12:00 PM

Registration Deadline: January 18, 2025

COM City Centre – Room 118

\$89

Instructor: Dallas Strong

Learn about basic auto care in this interactive and comprehensive workshop. We will cover safety protocols, what's under the hood, basic car maintenance, creating your tool and emergency kits, changing a tire, and much more! All you need is a pair of work gloves.

## COM Community Jazz Ensemble

Tuesdays | January 28 - April 22, 2025, 7:30 PM - 9:30 PM

Registration Deadline: January 21, 2025

Fine Arts Bldg. #3 – Room 117

\$86



## ART OF BBQ

Page 4

Instructor: Sparky Koerner

This course is open to anyone owning an instrument (class limited to 5 saxophones, 5 trombones, 5 trumpets, piano, guitar, bass and drums) that has some knowledge of reading jazz ensemble music and wishes to participate in a jazz ensemble. This is not a beginner band, and one may need to audition. The music performed by the Jazz Ensemble will be that of Count Basie, Duke Ellington, Stan Kenton, Bob Mintzer, and others. Various styles of jazz music will be performed, including swing, Latin, ensemble, ballad, and contemporary jazz.

## Sun & Surf Pop Art

Tuesday/Thursday | January 28 - January 30, 2025, 6:00 PM - 9:00 PM

Registration Deadline: January 14, 2025

COM League City – Room 116

\$59

Instructor: Michele Patrick

Channel your best Andy Warhol and join us on National Pop Art Day (and the following Thursday), as we use food packaging to create beautiful sun and surf pop art masterpieces! A great time will be had by all as the instructor shares lots of fun facts about pop art! Students are encouraged (but not required) to wear their boldest colors!

## Art of BBQ

Monday | February 03, 2025, 5:30 PM - 7:30 PM

Registration Deadline: January 27, 2025

Texas Pit Stop BBQ

\$45

Instructor: Arnold Garza

Join Arnold Garza, grill master and owner of Texas Pit Stop BBQ, as he demonstrates his expertise from home grilling tips to competitive cooking. Topics include rubs, sauces, brining, smoking and more. Get



ready for a finger lickin' night of fun as you sample some award-winning BBQ from a pro. Plus, go home with a wonderful sample blend of seasoning to add to your own next BBQ dish! Workshop will be held at Texas Pit Stop BBQ in Mainland City Centre.

## Ceramics – Hand Building Techniques

Tuesdays | March 25 - April 29, 2025,  
6:00 PM - 9:00 PM

Registration Deadline: March 11, 2025

COM Main Campus – Room 135

\$179

Instructor: Jerry Solomon

Learn to create various ceramic forms using hand building techniques. We will start by making test pieces while learning how heat, texture, and material application can affect the ceramic surface. Using the information learned, you will then make more complex pieces.

## Pickleball 101

Tuesdays/Thursdays | February 04 -  
February 27, 2025, 5:30 PM - 7:00 PM

Registration Deadline: January 28, 2025

Tuesdays/Thursdays | April 01 - April 24,  
2025, 5:30 PM - 7:00 PM

Registration Deadline: March 25, 2025

COM Main Campus Gym

\$79

Instructor: Tige Cornelius

Learn and play this fun sport that has swept the area in popularity! During this workshop we will cover sport history, court rules and boundaries, player positioning, shots/strokes, and situational game play.

## Ceramics – Wheel Throwing Techniques

Thursdays | March 27 - May 1, 2025,  
6:00 PM - 9:00 PM

Registration Deadline: March 13, 2025

COM Main Campus – Room 138

\$179

Instructor: Jerry Solomon

Learn to create various ceramic forms using wheel-throwing techniques. We will start by making test pieces while learning how heat, texture, and material application can affect the ceramic surface. Using the information learned, you will then make more complex pieces.

## Photo Clutter Overwhelming You?

Thursdays | February 06 - February 27,  
2025, 6:30 PM - 8:30 PM

Registration Deadline: January 30, 2025

COM City Centre – Room 120

\$59

Instructor: Judi Hoggatt

Is one of your New Year's Resolutions to get your photos and videos organized? Are you like so many others who have photos, videos, and even slides and movies gathering dust? Have you ever wanted to share a photo and could not find it, whether it is in a box or on your phone? Join this easygoing setting where you will be motivated with tips, hints and sharing of ideas! This four-week workshop is just what you need to get you started!

## Garden Myths & Internet Lore

Saturday | February 08, 2025, 10:00 AM -  
12:00 PM

Registration Deadline: February 01, 2025

COM City Centre – Room 115

\$29

Instructor: Angela Chandler

There are many garden myths circulating the internet. Some of these have a basis in truth, but many can actually be harmful to your plants. Most are promoted as being cost saving, but often turn out to be more expensive in the long run. Learn which DIY formulas are safe and effective, and which you should avoid.

## Healing Issues in Your Tissues

Saturday | February 22, 2025, 10:00 AM -  
1:00 PM

Registration Deadline: February 15, 2025

COM City Centre – Room 119

\$39

Instructor: Georgie Holbrook

Using art, self-inquiry, and guided imagery, learn to focus within and get intuitive answers that go beyond your intellect. Heal 'stuffed hidden hurts' that tell your story in health issues. No art experience is needed.

## Fused Glass – Create Your Own Springtime Wind Chime

Monday | February 24 - March 03, 2025,  
5:30 PM - 7:30 PM

Registration Deadline: February 10, 2025

COM City Centre – Room 117

\$79

Instructor: Deborah Deats

Just in time for spring, create your own abstract wind chime which will make a beautiful musical addition to any porch or yard! The first night you will create the glass pieces which will then be fired in the kiln. The second class you will choose your beads and put your chime together.

# Community Education Classes

Non-credit, fee-based personal development classes and workshops offered on weeknight evenings or Saturdays and available to the entire adult (ages 18+) community.

All supplies included. Please wear closed-toed shoes.

## High Noon Tea Party Mystery – The Next Caper!

Saturday | March 01, 2025, 11:00 AM - 1:00 PM

Registration Deadline: February 15, 2025

COM City Centre – Room 107

\$75

Instructor: Cathy Henson

Calling all actress/actor enthusiasts! Are you interested in participating in a new play, called 'PoDunk's Jewelry Heist'? Come help Miss Gossip, Miss Know It All, and Sally Sarcasm solve their latest caper. This is an opportunity to enjoy an authentic tea party with party treats and also participate in a scripted play. Roles range from main characters to limited one- or two-line parts. Props will be provided but if you have that fancy tea party attire, bonnet or accessories, feel free wear them to the event.

## Resin Art: Create Your Own Jewelry

Tuesday/Thursday | March 04 & 06, 2025, 6:00 PM – 8:00 PM

Registration Deadline: February 18, 2025

COM City Centre – Room 118

\$59

Instructor: Michelle Gerami

Interested in learning about resin art? Join us for this beginner workshop where you will be guided through the process as you create your own earrings or pendants. There will be a variety of pigment colors and effects to add your own creativity. All supplies are included. Jewelry will need to cure and in the second night we will demold and add fasteners.

## Bees, Butterflies and Blooms

Saturday | March 08, 2025, 10:00 AM - 12:00 PM

Registration Deadline: March 01, 2025

COM City Centre – Room 115

\$29

Instructor: Angela Chandler

Pollinators are an integral part of our food supply and the ecosystem. They are also a beautiful addition to our gardens. Pollinators are often scarce in our urban gardens, but we can increase their presence through careful plant selection and habitat creation. This workshop will help you create a pollinator-friendly garden in your own yard.

## Tapestry Mosaics Mirror

Tuesday/Thursday | March 11 - March 13, 2025, 6:00 PM - 8:00 PM

Registration Deadline: February 15, 2025

COM City Centre – Room 117

\$49

Instructor: Michele Patrick

Bring your friends and come create a one-of-a-kind Tapestry Mosaic Mirror using beads, jewelry and found objects. You're only limited by your imagination... everyone's will look different! No grouting involved. No art or mosaic experience is required...just a fun, can-do-it attitude!

## Intro to Bladesmithing

Tuesday | March 25, 2025, 5:30 PM - 8:30 PM

Registration Deadline: March 11, 2025

COM League City – Room 116

\$49

Instructor: Austin Frakes

Join Austin Frakes, previous contestant on the History Channel's hit show Forged in

Fire, for an evening of learning the basics of the art, including tool procurement, workspace considerations, and how to bladesmith safely. This will be followed by a hands-on opportunity to try your hand at beating hot steel with a real forge and anvil. Close-toed shoes required.

## An Intro to Cryptocurrency

Thursday | March 27, 2025, 5:30 PM - 8:30 PM

Registration Deadline: March 20, 2025

COM City Centre – Room 119

\$29

Instructor: Christopher Hall

Have you ever wondered about Bitcoin and other Cryptocurrencies? Have you ever been interested in buying cryptocurrencies and just don't know where to start? In this workshop, we will cover the origins of crypto, different types that are out there, and where and how you could purchase cryptocurrency. Additionally, we will walk through a step-by-step process on how to set up online accounts with exchanges, how to fund these accounts, and how to purchase and store cryptocurrency on the internet and in private digital wallets. This course will answer all the important questions that you may have about this popular investment and how you can become a part of the digital future.

## Mosaics – Design Your Own Trivet

Tuesday/Thursday | April 01 & 03, 2025, 6:00 PM – 9:00 PM

Registration Deadline: March 18, 2025

COM City Centre – Room 117

\$55

Instructor: Michele Patrick

Join in the fun making a beautiful, yet functional, mosaic trivet! Lots of templates

Love what you learn™  
Sign up for a class today



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and stained glass to make it your very own. We will design it the first night and then grout trivet on the second night. No art or mosaic experience is required.

LEAGUE CITY

## Saltwater Night Fishing

Thursdays | April 03 - May 08, 2025,  
6:30 PM - 8:30 PM

Registration Deadline: March 27, 2025

COM League City – Room 116

\$79

Instructor: Thomas La Santa

Enjoy fishing and want to learn more? Join us for a mix of classroom instruction and nighttime fishing excursions guaranteed to improve your chances of catching fish! We will fish from both pier and surf, and fishing spots will include Galveston and Texas City Dike. A valid saltwater fishing license is required. You are also responsible for your own fishing pole, tackle, bait, pier fee, and transportation.

## How to Make Great Beer at Home

Thursday | April 10, 2025, 6:00 PM -  
9:00 PM

Registration Deadline: March 27, 2025

COM City Centre – Room 119

\$39

Instructor: Christopher Hall

With the cost of everything constantly on the rise, there has never been a better time to learn how to make quality and unique beers at home. You can make several gallons of fresh homebrew for far less than buying in the store. Plus, you can make fun and unusual brews with fruit and spice additions or hops to awaken your palate. With homebrewing you can make the impossible available and impress your friends with your new skill set! In this fun workshop, you will participate in tastings to determine characteristics of beer styles



HOW TO  
MAKE GREAT  
BEER AT  
HOME

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and taste discrimination, get a hands-on look at home brewing equipment, and go home with a few craft beer guides for reference. Also, at the end of the night two lucky students will win a gift card drawing to a local brewery! Must be at least 21 years old to register.

## Grafting for Beginners

Saturday | April 26, 2025, 10:00 AM -  
12:00 PM

Registration Deadline: April 19, 2025

COM City Centre – Room 115

\$29

Instructor: Angela Chandler

Grafting has become the domain of nursery professionals, but it used to be a common homestead and garden skill. There are several simple grafting techniques that any homeowner can learn. Picking up some basic grafting skills will allow you to garden more frugally and creatively.

## Introduction to Voiceovers

Online and scheduled individually

\$49

Instructor: Voices For All

Explore the craft of voiceovers! Discover current trends, opportunities, and tools you need to find success in this growing remote working industry. Read a real script and receive coaching from your instructor, a professional voice actor, to improve your delivery. One-time, 90 minute, one-on-one, video-chat class! Learn more: <http://www.voicesforall.com/ooo> 18 and over. Upon registration you will be contacted by VFA to schedule your class, day, and time of your convenience.

# Lifelong Learning: Extended Travel

Extended travel is open to students 18 and older.

## Interested in exploring with us?

Sign up for one of our upcoming travel presentations and learn more about our upcoming trips!

### Pick a Tuesday Date:

**Feb. 4 or Apr. 29, 2025**

Note: Presentations are held from 1-2 p.m. at the COM City Centre in Room 115.

### Pick a Sign-up Option:

- 1 Call our office at **409-933-8461**.
- 2 **OR** sign-up online. Scan the QR code below and then scroll down to the presentation you want to attend. Click to add the presentation to your cart and click register.



Please note that each trip is subject to cancellation 180 days out (to ensure full refunds) if the minimum 10 person requirement is not met by that time.

## MAY 2025



### HIGHLIGHTS

- 2 Nights at the Grand Hotel
- 2 Nights in Niagara Falls
- Henry Ford Museum
- Horse Drawn Carriage on Mackinac Island
- Niagara Falls Cruise
- Niagara Area Tour
- Niagara-on-the-Lake
- River Rouge Truck Plant
- Skylon Tower Dinner at Niagara Falls
- Bavarian town of Frankenmuth, MI
- Ferry ride to Mackinac Island
- Journey Behind the Falls
- White Water Walk
- Greenfield Village

## DECEMBER 2025



### HIGHLIGHTS

- 6 Night Cruise - Amadeus Cara
- 1 Night in Lucerne, Switzerland
- Lucerne Walking Tour & Christmas Market
- Strasbourg City Tour & Christmas Market
- Speyer Walking Tour & Christmas Market
- Koblenz Walking Tour & Christmas Market
- Cologne Walking Tour & Christmas Market
- Cochem Walking Tour with Christmas Market, Reichsburg Castle & Wine Tasting
- Rudesheim Visit
- Strasbourg Afternoon at Leisure
- Cologne Afternoon at Leisure

# 2026

## Coming up in 2026...

- Athens & The Greek Islands – April 2026
- Landscapes & Lighthouses of Coastal Maine – July 2026
- West Virginia Rails & Williamsburg – October 2026

Advertised tour rate is per person based upon double occupancy and includes a booking discount if final payment is made by check prior to the final due date. Single occupancy has an additional fee. Additional purchase of a Trip Protection Plan is required for international travel. All trip rates include roundtrip airfare, local airport transportation, first class hotels, professional tour director, sightseeing and admissions per itinerary, specified meals, motorcoach transportation, baggage handling at hotels, and hotel transfers.



# Lifelong Learning: Local Travel

Day/Evening outings for adults ages 18+ to explore education through trips and travel.

## PLEASE NOTE:

Trip cost includes transportation and admission ticket. Trip tickets have been pre-purchased; therefore, they are non-refundable. A buy-your-own meal will be scheduled for each trip and students will meet in the Lifelong Learning Center lobby to load the bus unless otherwise noted. If a trip is full, be sure to join the waiting list so we can contact you if a spot becomes available!

## Camp Logan (Ensemble Theatre)

Wednesday | January 22, 2025, 4:00 - 11:00 PM

\$75

Inspired by actual events, Camp Logan is an award-winning World War I military drama about the devastating explosion of racial tensions that resulted in the 1917 Houston riot, involving an all-black Army regiment stationed in Houston, Texas.

## Mean Girls (TUTS)

Tuesday | January 28, 2025, 4:00 - 11:00 PM

\$99

Cady Heron may have grown up on an African savanna, but nothing prepared her for the vicious ways of her strange new home: suburban Illinois. Soon, this naïve newbie falls prey to a trio of lionized frenemies led by the charming but ruthless Regina George. But when Cady devises a plan to end Regina's reign, she learns the hard way that you can't cross a Queen Bee without getting stung.

## Houston Rockets

Thursday | February 13, 2025, 5:00 - 10:30 PM

\$119

Join us as we travel to Toyota Center to cheer on our local Houston Rockets as they take on Steph Curry and the Golden State Warriors. You'll have time to go on a journey with some of the Houston Rockets all-time greats as you tour the Legend Lockers section.

## The Glass Menagerie (Alley Theatre)

Tuesday | February 25, 2025, 4:00 - 11:00 PM

\$69

Williams' American classic follows a family caught by dreams and delusion. Amanda, a faded Southern belle, yearns for a better life for her children. Her daughter Laura, however, would rather spend time alone with her collection of delicate glass animals, while her restless son, Tom, longs to escape the monotony of his current life.

## Hamilton (Broadway Across America)

Tuesday | March 11, 2025, 4:00 - 11:00 PM

\$129

You'll enjoy upper orchestra seats for this Hit show's return to Houston. HAMILTON is the epic saga that follows the rise of Founding Father Alexander Hamilton as he fights for honor, love, and a legacy that would shape the course of a nation.

## Exploring Aviation

Thursday | March 27, 2025, 9:00 AM - 4:00 PM

\$65

Enjoy a day exploring the rich history of aviation. We'll travel to the 1940 Terminal Air Museum for a docent led tour of the beautiful art deco structure which served as the only terminal in Houston until 1954. After lunch we'll travel to the Lone Star Flight Museum to view displays of more than 24 historically significant aircraft.

## Mamma Mia (Broadway Across America)

Thursday | April 10, 2025, 4:00 - 11:00 PM

\$69

Set on a Greek island paradise where the sun always shines, a tale of love, friendship, and identity. On the eve of her wedding, a daughter's quest to discover the father she's never known brings three men from her mother's past back to the island they last visited decades ago.

## Visiting Orange, TX

Tuesday | April 29, 2025, 8:00 AM - 6:00 PM

\$79

Spring should be in full bloom at the Shangri La Botanical Gardens. We'll enjoy a walking tour of the formally landscaped gardens before boarding a pontoon watercraft where a guide will provide an interpretation of Adams Bayou. Enjoy a boxed lunch and then onto the W.H. Stark House for a guided tour plus time to visit the Stark Museum of Art.

## In The Heights (TUTS)

Tuesday | May 20, 2025, 4:00 - 11:00 PM

\$99

Enter the vibrant New York City neighborhood Washington Heights, a place where the coffee from the corner bodega is light and sweet, the windows are always open, and the breeze carries the rhythm of three generations of music. It's here that a bodega owner named Usnavi and his friends dream, hope and work for a bright future.

# 50 Plus Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register. Required supplies listed in online syllabi for each course below.

## Bead Stitching

Thursdays | January 30 - April 24, 2025,  
1:00 PM - 4:00 PM

COM City Centre – Room 120

\$45

Instructor: Patricia Ouellette

So you want to be a beader? Learn a variety of stitches used for beading and finish a project with each stitch technique. (Estimated supply cost \$20-\$40)

## Beaded Fashion Jewelry

Wednesdays | January 29 - April 23, 2025,  
10:00 AM - 1:00 PM

COM City Centre – Room 120

\$45

Instructor: Rhonda Wilcox

Impress your friends with unique and stylish jewelry...made by you! Through lectures, demonstrations, and hands-on projects, you will learn beginners' jewelry skills in the techniques of bead stringing and bead stitching. (Estimated supply cost \$60 - \$80)

## Brazilian Embroidery

Thursdays | January 30 - April 24, 2025,  
1:00 PM - 4:00 PM

COM City Centre – Room 119

\$45

Instructor: Charlyn Walker

Create beautiful artwork using needle and thread! Brazilian Embroidery is a three-dimensional embroidery using caston bullions and other commonly used embroidery stitches but with rayon thread. (Estimated supply cost \$25-\$30)



## WOODWORKING

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## Computer for Absolute Beginners

Thursdays | January 30 - April 24, 2025,  
8:30 AM - 10:30 AM

COM City Centre – Room 115

\$30

Instructor: Mishelene Baker

Whether you have never worked with or have forgotten what you learned about computers, this class will meet you where you are! You will learn basic hardware differences and how to make Microsoft Windows friendlier, plus get an introduction to keyboarding, email, and Facebook. All you will need for class is a USB flash/jump drive.

## Cricut

Wednesdays | January 29 - April 23, 2025,  
9:00 AM - 12:00 PM

COM City Centre – Room 118

\$50

Instructor: Myrle Waller

No need to own a Cricut die-cutting machine to learn how to use a Cricut, although it is so fun you might decide to purchase one! You will make personal t-shirts, stencils, etch on glass, and more! We will start out with basic instructions in machine mechanics and then proceed to Cricut Design Space. A personal Cricut machine is not required but you must have a laptop or tablet to access the college's internet and download the Design Space program. Basic computer skills required. (Estimated supply cost \$25-\$50)

## Cricut (Online)

Tuesdays | January 28 - April 22, 2025,  
9:00 AM - 11:00 AM

Internet

\$30

Instructor: Graciela Garza

Love what you learn™  
Sign up for a class today



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Learn how to use a Cricut die-cutting machine to make personal t-shirts, stencils, etch on glass, and more! Course will start out with basic instructions of machine mechanics and then proceed to Cricut Design Space. You must have a laptop or tablet to access the internet and download the Design Space program. A personal Cricut machine is required. You must have basic computer skills. Class is held through Microsoft Teams. (Estimated supply cost \$50)

## Drawing Basics

Mondays | January 27 - April 21, 2025,  
9:00 AM - 11:00 AM

COM City Centre – Room 120

\$30

Instructor: Myrle Waller

Can I really learn to draw? I can't draw. I have no talent to draw. Yes, you can learn. If you can write your name, you can learn to draw. Whether you have a natural talent or must work at it a bit, come join us and we will all learn the basics together. (Estimated supply cost \$60-\$100)

## Drawing with Colored Pencils

Tuesdays | January 28 - April 22, 2025,  
1:00 PM - 3:00 PM

COM City Centre – Room 118

\$30

Instructor: Myrle Waller

Let's put pencils to paper and create art to be proud of! Discover how to blend colors using different techniques, including the use of paint thinner, layering colors, effective use of lifting colors and the dramatic use of light and shadow. Explore different pencil types and quality, as well as what is the best paper to use with each type of pencil. (Estimated supply cost \$75)



PAINTING,  
ABSTRACT

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## Fused Glass

Mondays | January 27 - April 21, 2025,  
1:00 PM - 4:00 PM

COM City Centre – Room 117

\$125

Instructor: Noreen Grover

At its simplest, glass fusing is a process in which COE 96 glass is assembled and then melted/fused together in a kiln. This course will introduce you to fused glass concepts and techniques. You will use the basic steps required to make colorful creations by cutting, stacking, and melting together pieces of colored glass into small projects such as pendants, yard art, wired bugs, and bowls. You will need your own tools and toolbox.

## Fused Glass – Next Level

Mondays | January 27 - April 21, 2025,  
9:00 AM - 12:00 PM

COM City Centre – Room 117

\$125

Instructor: Deborah Deats

In this advanced class, you will complete several projects that encompass glass painting, different effects on layered glass, draping glass, and working with frit. Some projects will span 1 to 3 classes. We will also explore making molds and how to program a kiln. Course pre-requisite: Completion of 3 semesters of beginner Fused Glass class.

## Microsoft Excel

Wednesdays | January 29 - April 23, 2025,  
10:45 AM - 12:45 PM

COM City Centre – Room 115

\$30

Instructor: Mishelene Baker

Excel makes working with data easy! You will find that Excel is an organizational tool

# 50 Plus Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register. Required supplies listed in online syllabi for each course below.

that can be used in everyday tasks. Learn to create, manage, and edit workbooks, plus the challenge of optimizing worksheet functions to create formulas, templates, and graphs. Prerequisite: Microsoft for Beginners

## Microsoft for Beginners

Thursdays | January 30 - April 24, 2025,  
10:45 AM – 12:45 PM

COM City Centre – Room 115

\$30

Instructor: Mishelene Baker

Have you just learned how to use your computer and now want to explore the Microsoft software on it? In this class you will learn about Microsoft Word, PowerPoint, Excel, and Outlook, including the basics of each application and the features needed for projects appropriate for the software platform. Additionally, we will also cover the use of the internet for business and internet safety.

## Microsoft Word

Wednesdays | January 29 - April 23, 2025,  
8:30 AM - 10:30 AM

COM City Centre – Room 115

\$30

Instructor: Mishelene Baker

This introductory Microsoft Word course is designed to provide you with the ability to create, edit, format, and print Microsoft Word documents. This course is intended for those who have some familiarity with Microsoft Word or more experienced Word users who want to learn the topics covered in the outline. Prerequisite: Microsoft For Beginners

## Mosaics

Thursdays | January 30 - April 24, 2025,  
9:00 AM - 12:00 PM

COM City Centre – Room 117

Thursdays | January 30 - April 24, 2025,  
12:30 PM - 3:30 PM

COM City Centre – Room 117

\$45

Instructor: Michele Patrick

Learn from an award-winning mosaic artist how to make modern mosaics. Teaching will include getting familiar with the tools, cutting techniques, grouting, hanging/displaying options, etc. You will complete at least one project, plus gain the ability to create a mosaic on your own. (Estimated supply cost \$100-\$110)

## Painting with Acrylics

Mondays | January 27 - April 21, 2025,  
1:30 PM - 4:30 PM

COM City Centre – Room 118

\$45

Instructor: Deborah Brady

This beginner class provides the basics of using acrylic paints and the techniques needed to create finished artwork. Different acrylic mediums and styles will be introduced as well. You will paint various subjects incorporating the techniques learned. Please do not buy any of the supply materials until you have attended the first class. (Estimated supply cost \$75+)

## Painting with Oils

Tuesdays | January 28 - April 22, 2025,  
9:00 AM - 12:00 PM

COM City Centre – Room 118

\$45

Instructor: David Wheeler

Learn from the techniques of the great masters - exploring color and using light and shadow to create drama. This course teaches how to hold a brush, mix paint and use glazes while starting with a limited paint pallet and expanding as the

class progresses. All skill levels welcome. (Estimated supply cost \$120)

## Painting with Watercolors

Wednesdays | January 29 - April 23, 2025,  
9:00 AM - 12:00 PM

COM City Centre – Room 117

\$45

Instructor: Durelle Brown

Enjoy exploring watercolor's complexities while learning how to deal confidently with washes and color mixing. You will discover your hidden potential while learning the fundamentals of this art form! (Estimated supply cost \$200)

## Painting, Abstract

Thursdays | January 30 - April 24, 2025,  
1:00 PM - 4:00 PM

COM City Centre – Room 118

\$45

Instructor: Deborah Brady

Abstract art is not just throwing paint randomly onto a canvas. Come learn the rules of abstract art. Learn objective versus non-objective. Learn what freeing yourself can do for your artwork endeavors. Prerequisite: Painting with Acrylics class or some painting experience. (Estimated supply cost \$75+)

## Paper Mache

Mondays | January 27 - April 21, 2025,  
9:00 AM - 12:00 PM

COM City Centre – Room 118

\$45

Instructor: Durelle Brown

Not only is paper mâché a way to explore your creativity, it is also a rewarding "green art" medium. You will design and construct your own project, choosing from recycled and repurposed materials. (Estimated supply cost \$15-\$20)

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COM  
College of the Mainland

## Photography

Mondays | January 27 - April 21, 2025,  
12:30 PM - 2:30 PM

COM City Centre – Room 115

\$30

Instructor: Trudy Ledoux

Whether your desire is to photograph your family, vacations, or the world around you, this course will introduce you to basic photography skills and camera features that will significantly improve your photographs. While a digital single lens reflecting camera is recommended, whichever camera you have is perfect.

## Photography - Next Level

Mondays | January 27 - April 21, 2025,  
9:00 AM - 11:00 AM

COM City Centre – Room 115

\$30

Instructor: Trudy Ledoux

Have you always wanted to take your photography skills to the next level? Perhaps you have been a photographer for years and just moved to the digital camera? Or you acquired a camera and are not sure how to use it. Overcome these obstacles and move from taking pictures to taking photographs! Prerequisite: Completion of 2 semesters of beginner Photography or other photography experience

## Quilting

Tuesdays | January 28 - April 22, 2025,  
1:30 PM - 4:30 PM

COM City Centre – Room 119

\$45

Instructor: Elsa Tutt

Quilting symbolizes family and heritage, the joining of the past with the present. Learn how to create your own quilt, or even expand your existing quilting skills, by working on a project of your own choice.



COMPUTER  
FOR ABSOLUTE  
BEGINNERS

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The class will cover quilting basics such as choosing fabrics, rotary cutting, piecing, basting, quilting, and binding. Prerequisite: Own and know how to operate a sewing machine (Estimated supply cost \$75-\$350)

## Quilting, Mixed Techniques

Tuesdays | January 28 - April 22, 2025,  
9:30 AM - 12:30 PM

COM City Centre – Room 119

\$45

Instructor: Elsa Tutt

Learn how to create a quilt block and/or top using advanced and/or mixed quilting techniques such as Applique, Curve Piecing, English Paper Piecing, and others. The class will work on a recommended project that uses the technique. Prerequisite: Completion of 3 semesters of quilting class (Estimated supply cost \$75-\$250)

## Sewing Basics

Wednesdays | January 29 - April 23, 2025,  
9:00 AM - 12:00 PM

COM City Centre – Room 119

\$45

Instructor: Mary Sister

Become knowledgeable with sewing terms and their definition selecting and caring for different types of fabrics, and the sewing notions to meet a desired need. You will learn and develop basic sewing skills as you sew your very own project(s) (Estimated supply cost \$40-\$80)

## Sign Language for Beginners

Wednesdays | January 29 - April 23, 2025,  
1:00 PM - 3:00 PM

COM City Centre – Room 117

# 50 Plus Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register. Required supplies listed in online syllabi for each course below.

\$30

Instructor: Susan Bledsoe

This class will focus on basic conversation in sign language using signs from American Sign Language. You will learn about Deaf culture as well.

## Spanish

Mondays | January 27 - April 21, 2025,  
9:45 AM - 11:45 AM

COM City Centre – Room 119

\$30

Instructor: Alison Johnson Galdamez

¿Quiere aprender el español? Well, come join this class! You will obtain a working knowledge of conversational beginning Spanish including common vocabulary, phrases, parts of speech, and sentence construction. The last class will be a conversational class at a local Spanish-speaking restaurant for an additional fee.

## Stained Glass

Tuesdays | January 28 - April 22, 2025,  
8:15 AM - 10:15 AM

COM City Centre – Room 117

Tuesdays | January 28 - April 22, 2025,  
10:30 AM - 12:30 PM

COM City Centre – Room 117

\$30

Instructor: Patricia Stettler

Come learn the art of stained glass! You will learn to construct a panel from start to finish with the Copper Foil technique which will provide the basis to building additional panels. A small panel will be the class project. (Estimated supply cost \$150-\$300)

## Stained Glass, Lead Came

Tuesdays | January 28 - April 22, 2025,  
1:30 PM - 4:30 PM

COM City Centre – Room 117

\$45

Instructor: Patricia Stettler

Lead came is the material that holds separate pieces of glass together in an h-shaped channel so that the pieces of glass slide into either side. The comes are then soldered together at the seams to lend strength when creating large works of glass art, like windows. You will have the opportunity to assemble your own panel. (Estimated supply cost \$75-\$100)

## Sublimation Printing

Wednesdays | January 29 - April 23, 2025,  
1:00 PM - 4:00 PM

COM City Centre – Room 118

\$45

Instructor: Myrle Waller

Learn the basics and discover the joy of making retail quality items without screen printing or expensive printers and materials. Finally, crafters can create sublimation products at home! (Estimated supply cost \$100)

## Tangled Art

Thursdays | January 30 - April 24, 2025,  
10:00 AM - 12:00 PM

COM City Centre – Room 118

\$30

Instructor: Susan Bledsoe

Tangled Art is easy to learn and is both a relaxing and fun way to create images by drawing structured, repetitive patterns. In this class, you are actually encouraged not to have an end goal in mind, but to create unplanned drawings through repetitive, simple steps.

## Woodcarving

Mondays | January 27 - April 21, 2025,  
1:00 PM - 3:00 PM

COM City Centre – Room 120

\$50

Instructor: Michael Duhon

Interested in learning woodcarving skills to produce carvings using only a knife blade? Come discover the basics, including knife cuts and techniques, dealing with grain direction when laying out patterns, and tool sharpening/maintenance in this introductory course. (Estimated supply cost \$30-40)

## Woodworking

Thursdays | January 30 - April 24, 2025,  
9:00 AM - 12:00 PM

COM City Centre – Room 119

\$45

Instructor: Richard Goodheart

If you like working with your hands, woodworking may be a great hobby for you! Learn and develop basic woodworking skills all while making your own project. Discussions will include wood and tool terminology, layout techniques, joinery, and finishes. Proper tool selection, sharpening, and project layout will be taught, with proper technique and safety in mind. (Estimated supply cost \$200-\$250)

# 50 Plus Exercise Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register.

PLEASE NOTE: Equipment is available for all exercise classes unless specified in description. Students are welcome to bring their own equipment if preferable.

## Choose the class that is right for you:

**LEVEL 1:** Easy, gentle exercise/use of chair for support/exercise modifications provided

**LEVEL 2:** Moderate/slightly intense exercises/standing and floor movements/modifications provided

**LEVEL 3:** Active/higher intensity/aerobic exercises

## Balance Training

Tuesdays/Thursdays | January 28 - April 24, 2025, 10:30 AM - 11:30 AM

COM City Centre – Room 104

\$30

Instructor: Patricia Trevisani

Reduce your fear of falling and increase your activity level with this class, which focuses on stretching and strengthening exercises that improve balance, coordination, and endurance over time. Instructor will use lecture, discussion, and videos to support the training. (Level 1)

## Drums Cardio

Mondays/Wednesdays | January 27 - April 23, 2025, 9:30 AM - 10:30 AM

COM City Centre – Room 104

\$30

Instructor: Patricia Trevisani

This class combines traditional aerobic movements with the powerful beat and rhythms of the drums. You will use a Pilates ball and drum sticks in choreographed routines that will get you moving to the music regardless of your mobility level. (Levels 1-3)

## Jazz It Up

Wednesdays | January 29 - April 23, 2025, 11:15 AM - 12:15 PM

COM City Centre – Room 107

\$15

Instructor: Crista Melancon

Learn basic principles of Jazz dance



including classical jazz dance warm-up exercises, turns, kicks, and combinations to popular music. Jazz shoes/sneakers or ballet shoes should be worn in this class.

## Line Dancing

Mondays/Wednesdays | January 27 - April 23, 2025, 4:00 PM - 5:00 PM

COM City Centre – Room 107

\$30

Instructor: Patricia Trevisani

Line dancing involves performing patterned foot movements in a line in unison to music. This is a beginner class, so no experience is necessary. You must wear footwear that slides, swivels easily, and does not stick to the floor. (Level 2/3)

## Pilates

Tuesdays/Thursdays | January 28 - April 24, 2025, 4:00 PM - 5:00 PM

COM City Centre – Room 104

\$30

Instructor: Sharon Deshotel

Pilates strengthens the muscles that support the spine (the neck, shoulders, abs, hips and thighs) to bring balance into the body. Most body aches and pains are due to muscular imbalance. Pilates helps you realign your spine to decrease tension, increase flexibility and strengthen your body from the inside out. (Level 2)

## Sit-N-Fit

Mondays/Wednesdays | January 27 - April 23, 2025, 11:00 AM - 12:00 PM

# 50 Plus Exercise Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register.

PLEASE NOTE: Equipment is available for all exercise classes unless specified in description. Students are welcome to bring their own equipment if preferable.

COM City Centre – Room 104

\$30

Instructor: Patricia Trevisani

This is a structured exercise program for anyone needing slow gentle movement and may also help to improve the quality of life of physically limited individuals through safe, effective exercises. Using chair exercises set to music, you will tone muscles and increase endurance. (Level 1)

## Spinning

Mondays/Wednesdays | January 27 - April 23, 2025, 7:00 AM - 8:00 AM

COM Main Campus Gym

\$30

Instructor: COM Faculty

Fridays | January 31 - May 02, 2025, 9:00 AM - 10:00 AM

COM Main Campus Gym

\$15

Instructor: COM Faculty

Indoor cycling on Keiser spin bikes offers a fun and effective way to burn fat and improve cardiovascular endurance to music. You will learn cycling techniques and tips as you ride! (Level 2/3)

## Tai Chi For Health

Tuesdays/Thursdays | January 28 - April 24, 2025, 9:45 AM - 10:45 AM

COM City Centre – Room 107

\$30

Instructor: Mildred Smith

Perfect for beginners, Tai Chi for Health is a gentle, yet strengthening, low impact form of exercise that can improve balance and flexibility, as well as help manage stress. It is safe and effective; beneficial for overall physical health, cardiovascular issues and chronic health conditions. (Level 1)

## Tap Happy

Wednesdays | January 29 - April 23, 2025, 10:00 AM - 11:00 AM

COM City Centre – Room 107

\$15

Instructor: Crista Melancon

Learn basic principles and steps of tap dance, performed to popular music. Tap shoes or hard soled shoes should be worn in this class. (Level 2/3)

## Total Body Fitness

Mondays/Wednesdays | January 27 - April 23, 2025, 8:30 AM - 9:30 AM

COM City Centre – Room 107

\$30

Instructor: Alison Johnson Galdamez

Reap cardiovascular and strength benefits while doing fun, slightly intense exercises! We will learn to properly and safely stretch, warm up, and perform abdominal, upper-body and lower-body exercises. Some yoga will be included as well. Please wear workout clothes and tennis shoes. (Level 3)

## Yoga Flow

Wednesdays | January 29 - April 23, 2025, 12:30 PM - 1:30 PM

COM City Centre – Room 107

\$15

Instructor: Crista Melancon

This is a movement meditation class. Learn the “Hatha” Yoga style with movements guided by the breath transitioning fluidly from one pose to another, rather than the alignment or the looks of static pose itself. (Level 1)

## Yoga for Beginners

Tuesdays/Thursdays | January 28 - April 24, 2025, 9:00 AM - 10:00 AM

COM City Centre – Room 104

\$30

Instructor: Trina Fox

This class focuses on breath and core building, beginner yoga poses, and Pilates basics. The “studio” fitness environment is intended to give you a place to build confidence as you increase flexibility and strength. Participate without pressure because there is something for you in every stage of your fitness journey. Learn to breathe and move your body at a pace that feels safe and comfortable. (Level 1)



# 50 Plus Mini Session Classes

Classes that are specifically designed to engage and serve the 50+ community.  
Must be at least 50 years of age to register.

## Want to try something new or stay inspired between semesters?

Check out our **SHORT INTRODUCTORY MINI-CLASS OPTIONS WITH SUPPLIES INCLUDED.**  
Each course fee is \$10 and classes are held the weeks of May 12 and 19.

### Beaded Fashion Jewelry

Wednesdays | 10:00 AM - 1:00 PM  
COM City Centre – Room 120

### Bead Stitching

Thursdays | 1:00 PM - 4:00 PM  
COM City Centre – Room 120

### Fused Glass

Mondays | 1:00 PM - 4:00 PM  
COM City Centre – Room 117

### Paper Quilling

Tuesdays | 9:00 AM - 12:00 PM  
COM City Centre – Room 120

### Quilting

Tuesdays | 1:30 PM - 4:30 PM  
COM City Centre – Room 120

### Tai Chi For Health

Tuesdays/Thursdays | 9:45 AM - 10:45 AM  
COM City Centre – Room 107

### Tangled Art

Thursdays | 10:00 AM - 12:00 PM  
COM City Centre – Room 118



BEADED  
FASHION  
JEWELRY

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# General Information & Map

## PAYMENT OF FEES AND TUITION

All tuition and fees must be paid at the time of registration. We accept VISA, MasterCard and Discover. No cash, checks, money orders or American Express will be accepted.

## CANCELLATION OF COURSES

Each course has a minimum enrollment requirement or is subject to cancellation one week prior to start of class. Find a class you like and encourage a friend to join you! It could make the difference between having it or not. If the college cancels a course an automatic 100 percent refund of tuition is initiated.

## FINANCIAL ASSISTANCE FUND

The Lifelong Learning Scholarship Fund is designed to help students who wish to participate in classes but are unable to due to financial hardship. If eligible, a student may be awarded up to \$45 tuition per semester to register for one class. Call 409-933-8461 for information on how to apply. Want to sponsor a student? Complete a donation card at the welcome desk or go to the COM website at <https://give.com.edu/ways-to-give/> to give online. Be sure to designate your gift to Lifelong Learning Scholarship Fund. Thank you for your support!

## MAKE-UP CLASSES

In the event of a college-wide closure (i.e., inclement weather, power outage, etc.) that results in canceled classes, instructors are not required to reschedule class. However, if an instructor must personally cancel a class, every attempt will be made to reschedule it prior to the end of the semester.

## WAITING LISTS

Want to attend a class or trip that is full? Make sure to join the waiting list online or contact the Lifelong Learning Program Office at 409-933-8461 to be added. If a spot becomes available, you will be contacted.

## REFUND POLICIES

### Community Education Refund Policy

Community Education classes/workshops will be 100 percent refunded if a student cancels by the registration deadline. Refund requests may be made in person at the Lifelong Learning office or by phone at 409-933-8461. Refund requests must be received during normal business hours.

## 50 Plus Refund Policy

50 Plus classes will be 100 percent refunded if canceled before the first day of class. Refund requests may be made in person at the Lifelong Learning office or by phone at 409-933-8461. Refund requests must be received during normal business hours at least one business day prior to the calendar start date of the class.

## Trip Refund Policy

Tickets are pre-purchased for trip events; therefore, they are non-refundable.

## COLLEGE CALENDAR

In accordance with the approved College calendar, the college will be closed:

March 17-21, 2025

April 18, 2025

## PHOTO AND VIDEO POLICY

COM's Marketing and Communications Department takes photographs (still and video) of students throughout the year. These photographs and videos often include students in classrooms, study areas, at events, etc. COM reserves the right to use these photographs and video as a part of its publicity and marketing efforts. Students who enroll at COM do so with the understanding that these photographs and videos might be used in College publications, both printed and electronic, for recruiting and advertising purposes.

## TOBACCO-FREE ENVIRONMENT

All College of the Mainland campuses are tobacco-free facilities. In addition, COM has a zero-tolerance policy for alcohol on campus.

## DIVERSITY STATEMENT

The College District prohibits discrimination, including harassment, against any individual(s) on the basis of race, color, religion, national origin, age, veteran status, disability, sex, sexual orientation, gender, to include gender identity and gender expression, or any other basis prohibited by law. Retaliation against anyone involved in the complaint process is a violation of College District policy.

## STUDENT RECORD PRIVACY POLICY

College of the Mainland complies with the

provisions of the Family Educational Rights and Privacy Act (Buckley Amendment of 1974, Public Law 90-247, as amended) and any regulations that may be promulgated therein. The College permits a student to inspect his or her own records and limits disclosure to others if a student has not been granted access by prior written consent. No student record, demographics, or schedule information will be shared with anyone over the phone or with any third party.

## COM ALERT

COM Alert is a way for College of the Mainland to reach you in case of emergencies impacting any of COM's campuses. The COM Alert system uses email, phone, and text messages to notify individuals of emergencies and important news from the College. If you are not already receiving COM Alerts, sign up now by going to [www.com.edu/contact-us/emergency-contact.html](http://www.com.edu/contact-us/emergency-contact.html) and following the prompts on the screen.

## CAMPUS CARRY

As of August 1, 2017, Texas community colleges are required to comply with Senate Bill 11, commonly known as the "campus carry" bill. Individuals holding a license to carry (LTC), formerly concealed handgun license, will have the legal right to carry a concealed handgun onto community college campuses; however, openly carrying a firearm on a college campus is illegal. Please take note that storing handguns in personal vehicles on campus is allowed. A license holder may carry a concealed handgun on or about their person while on College District property or in any buildings or properties owned, leased, or rented by the College District except in areas that have been deemed gun-free zones under this policy. For further information about gun-free zone locations, Campus Carry policy, and campus safety, please see the following link, <http://www.com.edu/campus-safety-and-security>.

This policy applies to faculty, staff, students, visitors, and individuals and organizations doing business on behalf of the College District or while on the College District premises or properties owned, leased, or rented by College District.

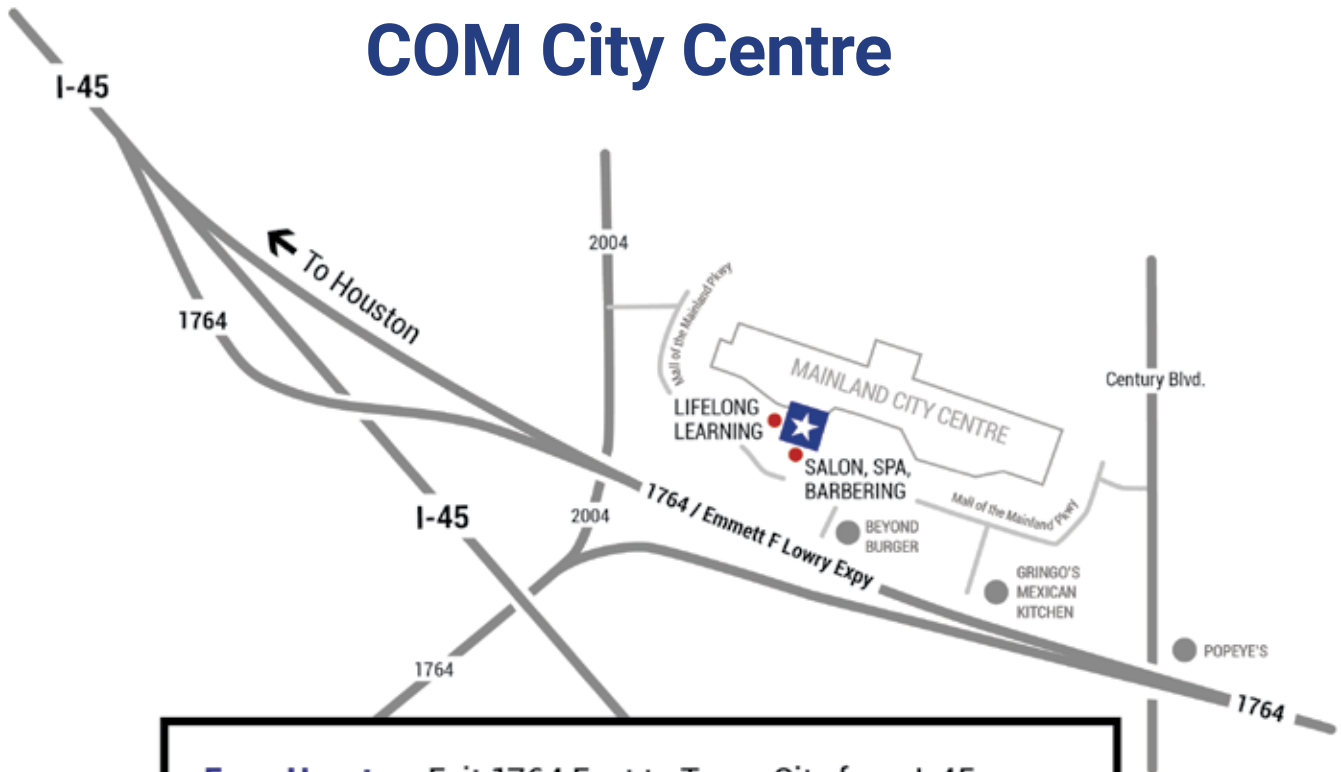
In accordance with the law, this policy shall not apply to commissioned peace officers.

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## COLLEGE OF THE MAINLAND COM City Centre



**From Houston:** Exit 1764 East to Texas City from I-45 South. Exit Century Blvd. Make U-turn under bridge. Take feeder to Beyond Burger and turn right towards the mall area. Turn left onto Mall of the Mainland Pkwy.

**From Galveston:** Exit #15 from I-45N. Turn right on 2004, then right after Quality Inn onto Mall of the Mainland Pkwy.

**Interested in teaching a class  
or have an idea for one?**

Please call Lisa Renfroe at  
409-933-8461.



**Have questions? Learn more online at:  
[com.edu/lifelonglearning](http://com.edu/lifelonglearning)**



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# Ceramics: Wheel Throwing Techniques

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