

FALL 2023

Lifelong LEARNING

Wreathmaking

Design your own grapevine wreath

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Canning & Preserving Food

FOR BEGINNERS

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Mosaics

Design your own
decorative stone

PAGE 4

Registration begins August 1, 2023

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College of the Mainland's Lifelong Learning classes provide amazing opportunities to explore your passions, learn something new, or even travel the globe.

Love what you learn.

Sign up today!



College of the Mainland
1200 N. Amburn Road
Texas City, Texas 77591
409-938-1211
com.edu

Lifelong Learning

COM City Centre
10000 Emmett F. Lowry Expy,
Suite 4100
Texas City, TX 77591
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com.edu/lifelonglearning

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3 Easy Ways to Register for classes!

(Choose one)



Go Online

com.edu/lifelonglearning

Visit this link or scan the QR code.



Call us

409-933-8461

Leave a message, and a representative will return your call within 24 business hours (Monday - Friday 8 a.m. - 5 p.m.).



Visit us in person

Stop by our new facility located at Mainland City Centre.

COM City Centre
10000 Emmett F. Lowry Expy
Suite 4100
Texas City, Texas 77591

View the map on page 27 of this catalog.

Registration begins August 1, 2023

This schedule is for informational purposes and is subject to change. Changes subsequent to the issuance of the printed schedule will be posted online at www.com.edu/lifelonglearning. The electronic version of the schedule is the official schedule. Please refer to the online schedule to confirm class information.

Community Education Classes

Non-credit, fee-based personal development classes and workshops offered on weeknight evenings or Saturdays and available to the entire adult (ages 18+) community.

Mosaics – Design Your Own Decorative Stone

Tuesday/Thursday | August 29 - 31, 2023,
6:00 PM - 8:30 PM

Registration Deadline: August 22, 2023

COM City Centre – Room 117

\$45

Instructor: Michele Patrick

Learn from an award-winning mosaic artist how to design and decorate your own beautiful mosaic stone! Your stone can then be used as a garden accent or brought indoors as a doorstop or paperweight. No mosaic experience required.

Art of Yoga

Tuesdays/Thursdays | September 12 -
October 5, 2023, 6:00 PM - 7:00 PM

Tuesdays/Thursdays | October 17 -
November 9, 2023, 6:00 PM - 7:00 PM

COM City Centre – Room 104

\$39 per session

Instructor: Tammi Blalack

Work stressing you to your limits? Come join us then before you head home... we promise you will be glad you did! Experience the art of yoga which will help you relax and find your inner peace. You will explore different techniques such as meditation, yin, Hatha, and animal movements in this class.

COM Community Jazz Ensemble

Tuesdays | September 12 - November 28,
2023, 7:30 PM - 9:30 PM

Registration Deadline: September 12,
2023

Fine Arts Bldg. #3 – Room 117

\$86

Instructor: Sparky Koerner

FUNDAMENTALS OF MAKEUP APPLICATION

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This course is open to anyone owning an instrument (class limited to 5 saxophones, 5 trombones, 5 trumpets, piano, guitar, bass and drums) that has some knowledge of reading jazz ensemble music and wishes to participate in a jazz ensemble. This is not a beginner band, and one may need to audition. The music performed by the Jazz Ensemble will be that of Count Basie, Duke Ellington, Stan Kenton, Bob Mintzer, and others. Various styles of jazz music will be performed, including swing, Latin, ensemble, ballads, and contemporary jazz.

Massage for Self-Care

Wednesdays | September 13 - November
15, 2023, 6:30 PM - 7:30 PM

Registration Deadline: September 7, 2023

COM City Centre – Room 104

\$60 for all sessions or \$10/session

Instructor: Melissa Derbyshire

This weekly 60-minute class teaches the basic concepts and safety precautions of massage, with techniques for self-massaging common areas of tension using your hands and common massage tools. Each week will focus on a new technique and area (9/13 Upper Back; 9/20 Lower Back; 9/27 Hips; 10/4 No class; 10/11 Shoulders; 10/18 Neck; 10/25 Face; Jaw & Head; 11/1 Legs; 11/8 Feet & Ankles; and 11/15 Arms, Wrists & Hands) Register for all 9 sessions and save! You will need a comfortable pillow. Yoga mats are available, or you can bring your own if you prefer.

Fundamentals of Makeup Application

Mondays | September 18 - October 23,
2023, 5:30 PM - 7:30 PM

Registration Deadline: September 4, 2023

COM City Centre – Room 118

\$189

Instructor: Kaitlyn Gordon

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Come learn the fundamentals of makeup application, including how different brushes can be used to enhance your desired look. Together, we will perform smokey eyes and winged eyeliner, halo eyes and false lashes, and properly filling in eyebrows. We will also cover both the natural look and how to perform “effortless” formal makeup. Bring your own preferred liquid eyeliner, blush, mascara, foundation, concealer, nude and red lipsticks, and personal mirror. Fee includes all other supplies including an everyday essential makeup brush set.

Saltwater Night Fishing

Thursdays | September 21 - October 26, 2023, 6:30 PM - 8:30 PM

Registration Deadline: September 14, 2023

COM City Centre – Room 119

\$79

Instructor: Tom La Santa

Enjoy fishing and want to learn more? Join us for a mix of classroom instruction and nighttime fishing excursions guaranteed to improve your chances of catching fish! We will fish from both pier and surf, and fishing spots will include Galveston and Texas City Dike. A valid saltwater fishing license is required. You are also responsible for your own fishing pole, tackle, bait, pier fee, and transportation.

Backyard Orchard Culture – Fruit in the Home Garden

Saturday | September 23, 2023, 10:00 AM - 12:00 PM

Registration Deadline: September 16, 2023

COM City Centre – Room 115

\$29

Instructor: Angela Chandler

This program presents new concepts in

TIPS & TRICKS FOR SMARTPHONE PICS

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growing fruit in the home landscape. It will cover variety selection, proper siting, current planting for Gulf Coast soils, early training, fertilization, health maintenance, container planting, principles of pruning, and freeze protection.

Styling Shortcuts For Simple Updos

Monday | September 25, 2023, 5:30 PM - 7:30 PM

Registration Deadline: September 18, 2023

COM City Centre – Room 138

\$29

Instructor: Angela Way

Exude confidence with a simple updo or fancy ponytail whether you are at home, running errands, or out with friends. In this fun and interactive workshop, our hairstyling expert will demonstrate and teach quick hairstyles that will help you look great in minutes.

Tips & Tricks for Smartphone Pics!

Tuesday | September 26, 2023, 6:30 PM - 8:30 PM

Registration Deadline: September 19, 2023

COM City Centre – Room 115

\$29

Instructor: Gloria Rabon

Learn how to get the most out of your smartphone camera! In this 2-hour smartphone photography workshop you will learn some photography basics and how to use your smartphone camera to take photos that are well composed and edited. You will also learn about the best apps for editing and storing your images.

Community Education Classes

Non-credit, fee-based personal development classes and workshops offered on weeknight evenings or Saturdays and available to the entire adult (ages 18+) community.

Mixed Media: Make Your Own Junk Journal

Thursdays | September 28 - October 5, 2023, 6:00 PM - 8:30 PM

Registration Deadline: September 14, 2023

COM City Centre – Room 118

\$49

Instructor: Durelle Brown

This two-part workshop is perfect for those who enjoy mixed media projects and also using recyclable materials to create something new and useful. The first session will be putting your journal together and the second session will focus on how to customize it. All you need to bring is either an old hardcover book (no larger than 6"x9") or a Little Golden Book to repurpose for your journal. All other supplies are included in the fee.

Yoga Flow

Saturdays | October 7 - November 11, 2023, 10:00 AM - 11:00 AM

Registration Deadline: September 30, 2023

COM City Centre – Room 107

\$39

Instructor: Crista Melancon

Learn the "Hatha" Yoga style, which incorporates movements and poses as being guided by the breath, transitioning fluidly from one pose to another, rather than the alignment or the looks of static pose itself. This class will be focused on a candle in the middle of a circle formation.

All That Jazz

Saturdays | October 7 - November 11, 2023, 12:45 PM - 2:00 PM

Registration Deadline: September 30, 2023

COM City Centre – Room 107

\$49

Instructor: Crista Melancon

Discover the basic principles of jazz dance. The "Luigi" technique and classical jazz warm-up exercises will be learned. Basic center activities and jazz dance skills, including turns, kicks, and combinations to popular music will also be included. Jazz shoes, jazz sneakers, or ballet shoes should be worn in this class.

FUNdamentals of Modern Dance

Saturdays | October 7 - November 11, 2023, 11:15 AM - 12:30 PM

Registration Deadline: September 30, 2023

COM City Centre – Room 107

\$49

Instructor: Crista Melancon

Explore introductory principles of modern and contemporary dance, with alignment as the basic premise of technique while experiencing the joy of movement. Warm-up exercises and movement progressions will include axial (movements while in a stationary position) and travelling movements from modern and ballet dance vocabulary incorporated within center exercises.

Keeping Backyard Chickens: What to Know So You Don't Just Wing It!

Saturday | October 7, 2023, 10:00 AM - 12:00 PM

Registration Deadline: September 30, 2023

COM City Centre – Room 115

\$29

Instructor: Angela Chandler

Laying hens can be a rewarding hobby.

They provide eggs, entertainment, and materials for composting. Plus, when kept in proper conditions, they aren't a source of odors or nuisance noise! This class will cover housing options, feed programs, automatic watering systems, health maintenance and flock management. We will cover raising chicks and types of brooders for different size flocks in an urban homestead.

Smartphone Pics – Edit in a SnApp!

Tuesday | October 10, 2023, 6:30 PM - 8:30 PM

Registration Deadline: October 5, 2023

COM City Centre – Room 115

\$29

Instructor: Gloria Rabon

Come learn all about how to edit pictures right on your smartphone...from the basics in your phone's camera app to editing with 3rd party apps.

Canning and Preserving Food for Beginners

Tuesday | October 10, 2023, 6:00 PM - 8:00 PM

Registration Deadline: September 26, 2023

COM City Centre – Room 119

\$39

Instructor: Chef Kathleen Roussel

Come join us for a fun, interactive cooking class where you will learn the basics of canning and preserving. You will learn how to water-bath and can delicious local produce in new and unique combinations. Our chef will also teach you how to make brine, pack your jars properly, sterilize equipment, and ensure that your produce is properly sealed. You will get to take home your own jar of the canned creation to share with friends and family.

Love what you learn
Sign up for a class today



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Wreathmaking

Design your own grapevine wreath

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History of Afternoon Tea & Fall Tea Tasting

Saturday | October 14, 2023, 1:00 PM - 3:00 PM

Registration Deadline: September 30, 2023

COM City Centre – Room 119

\$45

Instructor: Amanda Vermillion

Do you love sipping tea while nibbling on tea sandwiches, scones and dainty desserts? Learn the history, terminology and etiquette of afternoon tea, high tea, and low tea while tasting some fall flavors! This class includes a tasting of 3 seasonal teas, scones, and mini desserts. You'll also be given some tea sandwich recipes to try at home!

Fused Glass – Design Your Own Lighted Christmas Block

Monday | October 16, 2023, 5:30 PM - 8:30 PM

Registration Deadline: October 2, 2023

COM City Centre – Room 117

\$69

Instructor: Deborah Deats

You will design a Christmas tree on glass which is then attached to a glass block with fairy lights for a fun festive decoration. Please wear closed-toed shoes. The glass will be fired in the kiln and ready for pick up in two weeks.

Wreathmaking – Design Your Own Grapevine Wreath

Tuesday | October 17, 2023, 6:00 PM - 9:00 PM

Registration Deadline: October 3, 2023

Community Education Classes

Non-credit, fee-based personal development classes and workshops offered on weeknight evenings or Saturdays and available to the entire adult (ages 18+) community.

COM City Centre – Room 118

\$65

Instructor: Mary Sister

Want to decorate your door with something new this season? Attend this workshop and learn how to design your own wreath! Choose from Thanksgiving or Christmas themed décor - or bring your own embellishments!

Natural Henna Tattoo Artistry

Thursdays | October 19 - November 9, 2023, 6:00 PM - 8:00 PM

Registration Deadline: October 5, 2023

COM City Centre – Room 119

\$89

Instructor: Rajni Sharan

In this workshop, you will explore henna as an artistry. Henna tattoos can be used for many occasions, including birthday parties, bridal or baby showers, or just for fun! They are safe to apply and enjoyed by all ages. Come and learn how to create letters, symbols, or art, and then add your own personal style.

Herbs for People and Pollinators

Saturday | November 4, 2023, 10:00 AM - 12:00 PM

Registration Deadline: October 29, 2023

COM City Centre – Room 115

\$29

Instructor: Angela Chandler

Learn about how herbs are one of the most beneficial groups of plants you can add to the home landscape. You can grow culinary herbs, medicinal herbs, herbs for teas, sachets, and crafting. In addition to being beautiful and fragrant, many herbs attract pollinators to our gardens. They are

also great companion plants for roses and vegetable gardens.

Take and Bake Pie

Saturday | November 11, 2023, 10:00 AM - 12:00 PM

Registration Deadline: October 29, 2023

COM City Centre – Room 119

\$39

Instructor: Chef Kathleen Roussel

In this class, you will learn the basics of making a versatile pie crust, successfully roll it out and fill it with a fruit filling. Our chef will guide you on how to crimp the edges to make your pie look beautiful. You will then box it and take your pie to bake at home - just in time for the holidays!

Massage for Pairs

Wednesday | November 29, 2023, 6:00 PM - 9:00 PM

Registration Deadline: November 22, 2023

COM City Centre – Room 104

\$29

Instructor: Melissa Derbyshire

This workshop is designed for pairs of people (siblings, friends, spouses, etc.) to learn massage techniques that they can use on each other for common areas of tension. Basic massage concepts and safety will be covered. You must have a partner for this class. You will need a comfortable pillow. Prerequisite: Completion of at least two self-massage sessions.

Basic Kitchen Knife Skills

Tuesday | December 5, 2023, 6:00 PM - 8:00 PM

Registration Deadline: November 21, 2023

COM City Centre – Room 119

\$59

Instructor: Chef Kathleen Roussel

In this interactive workshop, you will learn how to choose the right knife for each task, how to best take care of them, and focus on cutting almost anything (without cutting yourself). This class is for home cooks who want to hone their knife skills to cook the food you want in the safest and quickest manner. This is a hands-on class where you will practice basic knife cuts, cut various produce, and make Vegetable Spring Rolls with Peanut Sauce and Fruit Salsa! Plus, go home with a quality chef knife to start your kitchen knife collection!

Introduction to Voiceovers

Online and scheduled individually

\$49

Instructor: Voices For All

Explore the craft of voiceovers! Discover current trends, opportunities, and tools you need to find success in this growing remote working industry. Read a real script and receive coaching from your instructor, a professional voice actor, to improve your delivery. One-time, 90 minute, one-on-one, video-chat class! Learn more: <http://www.voicesforall.com/ooo> Upon registration you will be contacted by VFA to schedule your class for a day and time of your convenience.

Lifelong Learning: Extended Travel

Extended travel is open to students 18 and older.

HISTORIC Savannah

& CHARLESTON HOLIDAY

7 DAYS STARTING
DEC. 6
2024

Only \$3,550*

HIGHLIGHTS

- 2 Nights Charleston, SC
- 2 Nights Savannah, GA
- 2 Nights Jekyll Island Club
- Charleston City Tour
- Savannah City Tour
- Middleton Place
- 2 Antebellum Mansions:
 - Edmonston-Alston House
 - Mercer Williams House
- Jekyll Island Trolley Tour
- Beaufort Carriage Ride
- Dinner in the Jekyll Island Club's Grand Dining Room
- St. Simons Island

* Advertised tour rate is per person based upon double occupancy and includes a booking discount if final payment is made by check prior to the final due date. Single occupancy has an additional fee. Additional purchase of a Trip Protection Plan is required for international travel. All trip rates include roundtrip airfare, local airport transportation, first class hotels, professional tour director, sightseeing and admissions per itinerary, specified meals, motorcoach transportation, baggage handling at hotels, and hotel transfers.

No booking discounts on cruises.

Costa Rica

HIGHLIGHTS

- San Jose
- Poas Volcano National Park
- Coffee Plantation Visit
- Arenal Volcano National Park
- Sarchi Artisan Village
- Monteverde Cloud Forest Reserve
- Jungle Crocodile Safari Cruise
- Selvatura Park/Hanging Bridges
- Butterfly Garden & Hummingbird Gallery
- Manuel Antonio National Park
- Carara National Park
- Orchid Garden Tour

9 DAYS STARTING
FEB. 7, 2024

ONLY \$3,599*

Alaska

INSIDE PASSAGE CRUISE

HIGHLIGHTS

- 7 night Cruise on the Norwegian Bliss
- Sitka
- Ketchikan
- Juneau
- Endicott Arm & Dawes Glacier
- Icy Strait Point
- Victoria, BC, Canada

8 DAYS STARTING
AUG. 17, 2024

\$3299 to \$4699*
(Depending on room choice)

For extended travel information, call 409-933-8461 or email lifelonglearning@com.edu.

Lifelong Learning: Local Travel

Day/Evening outings for adults ages 18+ to explore education through trips and travel.

PLEASE NOTE:

Trip cost includes transportation and admission ticket. Trip tickets have been pre-purchased; therefore, they are non-transferable and non-refundable. A buy-your-own meal will be scheduled for each trip and students will meet in the Lifelong Learning Center lobby to load the bus unless otherwise noted.

Minute Maid Park Tour & Houston Astros Game

Tuesday | September 12, 2023, 5:00 PM - 11:00 PM

\$59

Learn a bit about baseball while taking a self-guided tour at the center field walk of fame. Following the tour, enjoy the game and cheer on the Astros!

American Mariachi (Alley Theatre)

Tuesday | September 26, 2023, 4:00 PM - 11:00 PM

\$59

Family, love, and tradition are at the core of this heartwarming play about the freedom to dream big. It's the 1970's and girls can't be mariachis...or can they? As Lucha and her spunky cousin hunt for bandmates, dodge disapproving relatives, and bring Mom along for the ride? This play is infused with vibrant, infectious live mariachi music and reminds us how music and love can make the impossible come true.

Houston Texans Day

Sunday | October 15, 2023, 10:00 AM - 5:00 PM

\$125

Start your SUNDAY FUNDAY with us! Your day will start with a pregame tour of the stadium. Following the tour, enjoy cheering on the Texans against the New Orleans Saints.

HOUSTON INTERNATIONAL QUILT FESTIVAL

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Birdwatching – Brazoria Wildlife Refuge

Tuesday | October 17, 2023, 8:00 AM - 5:00 PM

\$40

Explore the ponds at the refuge looking for wintering ducks and shorebirds along with the resident herons and egrets. We may go to the coast after lunch if time permits. Please wear comfortable and dull-colored clothing, hiking or closed-toed shoes, and be prepared to walk in grassy, brushy areas. Bringing bottled water, snacks, binoculars, and a camera is recommended.

Houston International Quilt Festival

Friday | November 3, 2023, 8:30 AM - 4:30 PM

\$45

The International Quilt Festival is the largest annual quilt show in the U.S. and takes place each fall in Houston, Texas. Festival regularly attracts 55,000 people from over 35 countries all around the world. There's shopping at more than 1,000 booths for quilts, fabric, supplies, and crafts, along with 550 classes and lectures for all experience levels. Festival features more than 1,600 quilts and unique works of textile art on display. A portion of your admission ticket will be credited towards any class enrollment fee you may choose to register for while on the trip. Look for class enrollment instructions at Quilts.com under Houston Quilt Festival on the Classes page.

Love what you experience
Sign up for a class today



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Trip: Birdwatching San Bernard Refuge

Tuesday | November 14, 2023, 8:00 AM - 5:00 PM

\$40

Travel to San Bernard National Wildlife Refuge looking for wintering birds such as songbirds, ducks, and raptors. Please wear comfortable, dull-colored clothing, hiking or closed-toed shoes, and be prepared to walk in grassy, brushy areas. Bringing bottled water, snacks, binoculars, and a camera is recommended.

MJ The Musical (Broadway Across America)

Thursday | November 16, 2023, 4:00 PM - 11:00 PM

\$109

The music. The moves. The icon. Now, the unparalleled artistry of the greatest entertainer of all time comes to Houston. Created by Tony Award®-winning Director/Choreographer Christopher Wheeldon and two-time Pulitzer Prize winner Lynn Nottage, MJ goes beyond the singular moves and signature sound of the star, offering a rare look at the creative mind and collaborative spirit that catapulted Michael Jackson into legendary status.

The Ugly X-Mas Sweater Musical (Theatre Under the Stars)

Tuesday | November 28, 2023, 4:00 PM - 10:00 PM

\$99

This new musical is a laugh-out loud, interactive musical. Cheryl is the HR director of a large company that is being bought out by an international

conglomerate. To save their jobs, her employees (you, the audience!) must come up with the best "Ugly X-mas Sweater" ever. Blending the comedy of "The Office" with the competitive spirit of Project Runway "and "Pose" The Ugly X-mas Sweater Musical includes many of your favorite holiday songs. Singing along and walking the runway is encouraged.

TINA – The Tina Turner Musical (Broadway Across America)

Thursday | January 4, 2024, 4:00 PM - 11:00 PM

\$109

THERE IS ONLY ONE. HER VOICE IS UNDENIABLE. HER FIRE IS UNSTOPPABLE. HER TRIUMPH IS UNLIKE ANY OTHER. An uplifting comeback story like no other, TINA – The Tina Turner Musical is the inspiring journey of a woman who broke barriers and became the Queen of Rock n' Roll. One of the world's best-selling artists of all time, Tina Turner has won 12 Grammy Awards® and her live shows have been seen by millions, with more concert tickets sold than any other solo performer in music history.



THE UGLY X-MAS
SWEATER MUSICAL
(THEATRE UNDER
THE STARS)

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50 Plus Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register. Required supplies listed in online syllabi for each course below.

Basic Sewing

Fridays | September 15 - December 8, 2023, 9:00 AM - 12:00 PM

COM City Centre – Room 119

\$45

Instructor: Mary Sister

Become knowledgeable with sewing terms and their definition, the different parts and operation of the sewing machine, selecting and caring for different types of fabrics, and the sewing notions to meet a desired need. You will learn and develop basic sewing skills as you sew your very own project(s). (Estimated supply cost \$40-\$80)

Bead Stitching

Thursdays | September 21 - December 14, 2023, 1:00 PM - 4:00 PM

COM City Centre – Room 120

\$45

Instructor: Patricia Ouellette

So you want to be a beader? Learn a variety of stitches used for beading and finish a project with each stitch technique. (Estimated supply cost \$20-\$40)

Beaded Fashion Jewelry

Wednesdays | September 13 - November 29, 2023, 10:00 AM - 1:00 PM

COM City Centre – Room 120

\$45

Instructor: Rhonda Wilcox

Impress your friends with unique and stylish jewelry...made by you! Through lectures, demonstration, and hands-on projects, you will learn beginners' jewelry skills in the techniques of bead stringing and bead stitching. (Estimated supply cost \$60-\$80)

Brazilian Embroidery

Thursdays | September 14 - December 7, 2023, 1:00 PM - 4:00 PM

COM City Centre – Room 119

\$45

Instructor: Charlyn Walker

Create beautiful artwork using needle and thread! Brazilian Embroidery is a three-dimensional embroidery using caston bullions and other commonly used embroidery stitches, but with rayon thread. (Estimated supply cost \$25-\$30)

Computer for Absolute Beginners

Thursdays | September 14 - December 7, 2023, 8:30 AM - 10:30 AM

COM City Centre – Room 115

\$30

Instructor: Mishelene Baker

Whether you have never worked with or have forgotten what you learned about computers, this class will meet you where you are! You will learn basic hardware differences and how to make Microsoft Windows friendlier, plus get an introduction to keyboarding, email, and Facebook. All you will need for class is a USB flash/jump drive.

Cricut

Tuesdays | September 12 - November 28, 2023, 9:00 AM - 11:00 AM

Online through MS Teams

\$30

Instructor: Graciela Garza

Wednesdays | September 13 - November 29, 2023, 9:00 AM - 12:00 PM

COM City Centre – Room 118

\$45

Instructor: Myrle Waller

Learn how to use a Cricut die-cutting machine to make personal t-shirts, stencils, etch on glass, and more! Course will start out with basic instructions of machine

mechanics and then proceed to Cricut Design Space. You must have a laptop or tablet to access internet and download the Design Space program. A personal Cricut machine is required for online class. You must have basic computer skills. (Estimated supply cost \$25)

Drawing Basics

Mondays | September 11 - November 27, 2023, 9:00 AM - 11:00 AM

COM City Centre – Room 120

\$30

Instructor: Eve Bertrams

Focus on the fundamentals of drawing using observation and drawing techniques. You will learn to develop a visual language using lines, forms and depth; progressing from black and white forms to rendering images with shading and colors. (Estimated supply cost \$100).

Drawing with Colored Pencils

Wednesdays | September 13 - November 29, 2023, 1:00 PM - 3:00 PM

COM City Centre – Room 117

\$30

Instructor: Eve Bertrams

Colored pencils is a powerful medium for expressive art making. Learn techniques for mixing colors, creating light, volume, and capturing skin tone. You will also explore blending, color theory, hatching and solvents. (Estimated supply cost \$75)

Fused Glass

Mondays | September 11 - November 27, 2023, 9:00 AM - 12:00 PM

COM City Centre – Room 117

\$125

Instructor: Deborah Deats



At its simplest, glass fusing is a process in which COE 96 glass is assembled and then melted/fused together in a kiln. This course will introduce you to fused glass concepts and techniques. You will use the basic steps required to make colorful creations by cutting, stacking, and melting together pieces of colored glass into small projects such as pendants, yard art, wired bugs, and bowls. You will need your own tools and toolbox.

Fused Glass – Next Level

Mondays | September 11 - November 27, 2023, 1:00 PM - 4:00 PM

COM City Centre – Room 117

\$125

Instructor: Deborah Deats

In this advanced class, you will complete several projects which encompass glass painting, different effects on layered glass, draping glass, and working with frit. Some projects will span 1 to 3 classes. We will also explore making molds and how to program a kiln. Course pre-requisite: Completion of 3 semesters of beginner Fused Glass class.

Microsoft for Beginners

Thursdays | September 14 - December 7, 2023, 10:45 AM - 12:45 PM

COM City Centre – Room 115

\$30

Instructor: Mishelene Baker

Have you just learned how to use your computer and now want to explore the Microsoft software on it? In this class you will learn about Microsoft Word, PowerPoint, Excel, and Outlook, including the basics of each application and the features needed for projects appropriate for the software platform. Additionally, we will also cover the use of the internet for business and internet safety.

Microsoft Word

Wednesdays | September 13 - November 29, 2023, 8:30 AM - 10:30 AM

COM City Centre – Room 115

\$30

Instructor: Mishelene Baker

This introductory Microsoft Word course is designed to provide you with the ability to create, edit, format, and print Microsoft Word documents. This course is intended for those who have some familiarity with Microsoft Word or more experienced Word users who want to learn the topics covered in the outline. Prerequisite: Microsoft For Beginners

Mosaics

Thursdays | September 14 - December 7, 2023, 12:30 PM - 3:30 PM

COM City Centre – Room 117

\$45

Instructor: Michele Patrick

Learn from an award-winning mosaic artist how to make modern mosaics. Teaching will include getting familiar with the tools, cutting techniques, grouting, hanging/displaying options, etc. You will complete at least one project. plus gain the ability to create a mosaic on your own. (Estimated supply cost \$100 - \$110).

Mosaics – Next Level

Thursdays | September 14 - December 7, 2023, 9:00 AM - 12:00 PM

COM City Centre – Room 117

\$45

Instructor: Michele Patrick

Welcome to the Next Level...you can now call yourself a mosaic artist! Learn advanced tips and techniques, including but not limited to, glass on glass mosaics, introduction to mosaic power tools (video), 7 methods for design transfer, grouting options, tips on submitting art to art shows, etc. You will complete at

least one project. Prerequisite: Completion of 3 semesters of beginner mosaics class. (Estimated supply cost \$45-\$55).

Painting Ceramics, Dry Brush Technique

Thursdays | September 14 - December 7, 2023, 9:00 AM - 12:00 PM

COM City Centre – Room 118

\$45

Instructor: Rhonda Wilcox

Learn how to finish fired ceramics using a dry brush technique. Dry brushing involves brushing a thin layer of acrylic paint over the ceramic piece to add depth, shade, and detail. This class will not have access to a kiln so no glazes or other techniques which require a kiln will be used. (Estimated supply cost \$65)

Painting with Acrylics

Mondays | September 11 - November 27, 2023, 1:30 PM - 3:30 PM

COM City Centre – Room 118

\$30

Instructor: Deborah Brady

This beginner class provides the basics of using acrylic paints and the techniques needed to create finished artwork. Different acrylic mediums and styles will be introduced as well. You will paint various subjects incorporating the techniques learned. Please do not buy any of the supply materials until you have attended the first class. (Estimated supply cost \$75)

Painting with Oils

Tuesdays | September 12 - November 28, 2023, 9:00 AM - 12:00 PM

COM City Centre – Room 118

\$45

Instructor: David Wheeler

50 Plus Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register. Required supplies listed in online syllabi for each course below.

Learn from the techniques of the great masters - exploring color and using light and shadow to create drama. This course teaches how to hold a brush, mix paint and use glazes, while starting with a limited paint pallet and expanding as the class progresses. All skill levels welcome. (Estimated supply cost \$120)

Painting with Watercolors

Wednesdays | September 13 - November 29, 2023, 9:00 AM - 12:00 PM

COM City Centre – Room 117

\$45

Instructor: Eve Bertrams

Enjoy exploring watercolor's complexities while learning how to deal confidently with washes and color mixing. You will discover your hidden potential while learning the fundamentals of this art form! (Estimated supply cost \$200)

Painting, Abstract

Thursdays | September 14 - December 7, 2023, 1:00 PM - 4:00 PM

COM City Centre – Room 118

\$45

Instructor: Deborah Brady

Abstract art is not just throwing paint randomly onto a canvas. Come learn the rules of abstract art. Learn objective versus non-objective. Learn what freeing yourself can do for your artwork endeavors. Prerequisite: Painting with Acrylics class or some painting experience. (Estimated supply cost \$75+)

Paper Creations

Fridays | September 15 - December 8, 2023, 1:00 PM - 3:00 PM

COM City Centre – Room 119

\$30

Instructor: Mary Sister

Get creative using good old-fashioned paper to make beautiful rice and flux style artistic pieces. Discover how to add natural dyes like tea/coffee, plus thin materials and dried flowers, to create unique greeting cards, tags, journal pages, jar lids, etc. (Estimated supply cost \$20-\$50)

Paper Mâché

Mondays | September 11 - November 27, 2023, 9:00 AM - 12:00 PM

COM City Centre – Room 118

\$45

Instructor: Durelle Brown

Not only is paper mâché a way to explore your creativity, it is also a rewarding "green art" medium. You will design and construct your own project choosing from recycled and repurposed materials. (Estimated supply cost \$15-\$20)

Paper Quilling

Tuesdays | September 12 - November 28, 2023, 1:00 PM - 3:00 PM

COM City Centre – Room 118

\$30

Instructor: Myrle Waller

Come learn the papercraft art of quilling, which involves rolling, shaping, and gluing together strips of paper into creative and decorative designs. (Estimated supply cost \$30)

Photography

Mondays | September 11 - November 27, 2023, 2:30 PM - 4:30 PM

COM City Centre – Room 115

\$30

Instructor: Trudy Ledoux

Whether your desire is to photograph your family, vacations, or the world around you, this course will introduce you to basic photography skills and camera

features that will significantly improve your photographs. While a digital single lens reflecting camera is recommended, whichever camera you have is perfect.

Photography – Next Level

Mondays | September 11 - November 27, 2023, 9:00 AM - 11:00 AM

COM City Centre – Room 115

\$30

Instructor: Trudy Ledoux

Have you always wanted to take your photography skills to the next level? Perhaps you have been a photographer for years and just moved to the digital camera? Or you acquired a camera and are not sure how to use it. Overcome these obstacles and move from taking pictures to taking photographs! Prerequisite: Completion of 2 semesters of beginner Photography or other photography experience

Photoshop

Mondays | September 11 - November 27, 2023, 12:00 PM - 2:00 PM

COM City Centre – Room 115

\$30

Instructor: Trudy Ledoux

Learn how to simplify the process of using this photo manipulation application. You will be introduced to Photoshop's interface while learning basic editing tools from corrections to exposure, adjustments, and cropping. Furthermore, you will have the opportunity to use edits like text, layers and combining photographs. Prerequisite: Intermediate level computer skills

Quilting

Tuesdays | September 12 - November 28, 2023, 1:00 PM - 4:00 PM

COM City Centre – Room 120

\$45

Love what you learn Sign up for a class today



COM
College of the Mainland

Instructor: Elsa Tutt

Quilting symbolizes family and heritage, the joining of the past with the present. Learn how to create your own quilt, or even expand your existing quilting skills, by working on a project of your own choice. The class will cover quilting basics such as choosing fabrics, rotary cutting, piecing, basting, quilting, and binding. (Estimated supply cost \$75-\$350)

Quilting, Applique

Tuesdays | September 12 - November 28, 2023, 9:30 AM - 11:30 AM

COM City Centre – Room 119

\$30

Instructor: Elsa Tutt

This class is different from basic quilting as it concentrates on the applique quilting process of adding decorative fabric shapes to a background fabric to create a quilt block. We will cover preparing applique shapes, basting and/or gluing shapes, and joining the shapes using hand and/or machine sewing onto a background fabric. (Estimated supply cost \$75-\$250)

Saltwater Fishing

Tuesdays | September 12 - November 28, 2023, 9:00 AM - 11:00 AM

COM City Centre – Room 120

\$30

Instructor: Tom La Santa

Learn how to catch fish and discover tricks that will build your confidence to fish anywhere. We will cover the proper tackle and bait to use for different saltwater environments as well as techniques for casting, fighting, landing, and cleaning fish. Learn how to maintain your fishing gear, plus the rules and regulations of fishing in Texas. Fishing field trips to Galveston and the Texas City Dike for additional fees (trips will be during class time, but you can stay longer if you choose). Course

prerequisite: Valid Texas saltwater fishing license. (Estimated supply cost \$35-\$100)

Saltwater Fishing – Next Level

Wednesdays | September 13 - November 29, 2023, 9:00 AM - 11:00 AM

COM City Centre – Room 119

\$30

Instructor: Tom La Santa

This advanced class will focus on seasonal fishing in multiple fishing locations including surf, pier, wade, and jetty. We will also discuss some of the newest products on the market and how they impact fishing. Fishing field trips around Galveston County area for additional fees (trips will be during class time, but you can stay longer if you choose). Course prerequisites: Valid Texas saltwater fishing license plus completion of beginner saltwater fishing class or other saltwater fishing experience.

Sign Language for Beginners

Wednesdays | September 13 - November 29, 2023, 1:00 PM - 3:00 PM

COM City Centre – Room 119

\$30

Instructor: Susan Bledsoe

This class will focus on basic conversation in sign language using signs from American Sign Language. You will learn about Deaf culture as well.

Spanish

Mondays | September 11 - November 27, 2023, 10:45 AM - 12:45 PM

COM City Centre – Room 119

\$30

Instructor: Alison Johnson Galdamez

¿Quiere aprender el español? Well, come join this class! You will obtain a working knowledge of conversational beginning Spanish including common vocabulary, phrases, parts of speech, and sentence construction. The last class will be a conversational class at a local Spanish-speaking restaurant for an additional fee.

Spanish – Next Level

Mondays | September 11 - November 27, 2023, 1:00 PM - 3:00 PM

COM City Centre – Room 119

\$30

Instructor: Alison Johnson Galdamez

Have you mastered our beginner Spanish class and are now ready to move to the next level? In this intermediate class, further develop your conversational ability by focusing on constructing full sentences, advanced verbs, and increasing vocabulary base. The last class will be a conversational class at a local Spanish-speaking restaurant for an additional fee. Pre-requisite: Completion of 3 semesters of beginner Spanish

Spice Up Your Life in a Healthy Tasty Way

Wednesdays | September 13 - November 29, 2023, 1:30 PM - 3:30 PM

COM City Centre – Room 120

\$30

Instructor: Sharon Mitchiner

Updated with new recipes! Mildly spiced or boldly, this hands-on course will introduce spices and tasty dishes from six countries along with some regional dishes from the USA. Come see how spices and seasonings can transform plain meals into exotic and aromatic delights. Dishes will be plant based.

Stained Glass

Tuesdays | September 12 - November 28,

50 Plus Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register. Required supplies listed in online syllabi for each course below.

2023, 8:15 AM - 10:15 AM

COM City Centre – Room 117

Tuesdays | September 12 - November 28,
2023, 10:30 AM - 12:30 PM

COM City Centre – Room 117

\$30

Instructor: Patricia Stettler

Come learn the art of stained glass! You will learn to construct a panel from start to finish with the Copper Foil technique which will provide the basis to building additional panels. A small panel will be the class project. (Estimated supply cost \$150-\$300)

Stained Glass, Lead Came

Tuesdays | September 12 - November 28,
2023, 1:30 PM - 4:30 PM

COM City Centre – Room 117

\$45

Instructor: Patricia Stettler

Lead came is the material that holds separate pieces of glass together in an h-shaped channel so that the pieces of glass slide into either side. The comes are then soldered together at the seams to lend strength when creating large works of glass art, like windows. You will have the opportunity to assemble your own panel. (Estimated supply cost \$75-\$100)

Sublimation Printing

Wednesdays | September 13 - November
29, 2023, 1:00 PM - 3:00 PM

COM City Centre – Room 118

\$30

Instructor: Myrle Waller

Learn the basics and discover the joy of making retail quality items without screen printing or expensive printers and materials. Finally, crafters can create sublimation products at home! (Estimated supply cost \$100)

Woodcarving

Mondays | September 11 - November 27,
2023, 1:00 PM - 3:00 PM

COM City Centre – Room 120

\$30

Instructor: Michael Duhon

Interested in learning woodcarving skills to produce carvings using only a knife blade? Come discover the basics, including knife cuts and techniques, dealing with grain direction when laying out patterns, and tool sharpening/maintenance in this introductory course. (Estimated supply cost \$30-40)

Woodworking

Thursdays | September 14 - December 7,
2023, 9:00 AM - 12:00 PM

COM City Centre – Room 120

\$45

Instructor: Rick Goodheart

If you like working with your hands, woodworking may be a great hobby for you! Learn and develop basic woodworking skills all while making your own project. Discussions will include wood and tool terminology, layout techniques, joinery, and finishes. Proper tool selection, sharpening, and project layout will be taught, with proper technique and safety in mind. (Estimated supply cost \$200-\$250)

\$30

Instructor: Patricia Trevisani

Reduce your fear of falling and increase your activity level with this class, which focuses on stretching and strengthening exercises that improve balance, coordination, and endurance over time. Instructor will use lecture, discussion, and videos to support the training. (Level 1)

Drums Cardio

Mondays/Wednesdays | September 11 -
November 29, 2023, 9:30 AM - 10:30 AM

COM City Centre – Room 104

\$30

Instructor: Patricia Trevisani

This class combines traditional aerobic movements with the powerful beat and rhythms of the drums. You will use a Pilates ball and drumsticks in choreographed routines that will get you moving to the music regardless of your mobility level. Safely move your body to improve circulation and emotional well-being! (Levels 1-3)

Hula Hoop For Health

Tuesdays/Thursdays | September 12 -
December 5, 2023, 11:00 AM - 12:00 PM

COM City Centre – Room 107

\$30

Instructor: Stacey Hutchison

Do you remember how much fun it was to hula hoop as a kid? It still is as an adult! During this class, we will hula hoop for physical fitness and positive mental health. Each session will consist of a warm-up, cardio portion and a cool down, all set to upbeat music. Hooping is a great core workout, too. Join us as we rediscover that exercise can be entertaining. Hoops will be provided. (Level 3)

50 Plus Exercise Classes

Balance Training

Tuesdays/Thursdays | September 12 -
December 5, 2023, 11:00 AM - 12:00 PM

COM City Centre – Room 104

50 Plus Exercise Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register.

PLEASE NOTE: Equipment is available for all exercise classes unless specified in description. Students are welcome to bring their own equipment if preferable.

Choose the class that is right for you:

LEVEL 1: Easy, gentle exercise/use of chair for support/exercise modifications provided

LEVEL 2: Moderate/slightly intense exercises/standing and floor movements/modifications provided

LEVEL 3: Active/higher intensity/aerobic exercises

Line Dancing

Mondays/Wednesdays | September 11 - November 29, 2023, 4:00 PM - 5:00 PM

COM City Centre – Room 107

\$30

Instructor: Patricia Trevisani

Line dancing involves performing patterned foot movements in a line in unison to music. This is a beginner class, so no experience is necessary. You must wear footwear that slides, swivels easily, and does not stick to the floor. (Level 2/3)

Pilates

Tuesdays/Thursdays | September 12 - December 5, 2023, 4:00 PM - 5:00 PM

COM City Centre – Room 104

\$30

Instructor: Sharon Deshotel

Pilates strengthens the muscles that support the spine (the neck, shoulders, abs, hips and thighs) to bring balance into the body. Most body aches and pains are due to muscular imbalance. Pilates helps you realign your spine to decrease tension, increase flexibility and strengthen your body from the inside out. (Level 2)

Pilates, Weights, and Drums

Tuesdays/Thursdays | September 12 - December 5, 2023, 9:30 AM - 10:30 AM

COM City Centre – Room 104

\$30

Instructor: Patricia Trevisani

Get three different exercises in just one class! You will perform different exercises each day to help strengthen and tone different areas of your body: Pilates, resistance bands, balls, hand weights, and drumming on the Pilate balls with drumsticks. (Level 2)

Pilates/Yoga (Mix)

Mondays/Wednesdays | September 11 - November 29, 2023, 8:15 AM - 9:15 AM

COM City Centre – Room 107

\$30

Instructor: Alison Johnson Galdamez

Join us for Yoga and Pilates exercises with motivating music to stretch, tone and strengthen your entire body. (Level 2)

Sit-N-Fit

Mondays/Wednesdays | September 11 - November 29, 2023, 11:00 AM - 12:00 PM

COM City Centre – Room 104

\$30

Instructor: Patricia Trevisani

This is a structured exercise program for anyone needing slow gentle movement and may also help to improve the quality of life of physically limited individuals through safe, effective exercises. Using chair exercises set to music, you will tone muscles and increase endurance. (Level 1)

Tai Chi for Health

Tuesdays/Thursdays | September 12 - December 5, 2023, 9:45 AM - 10:45 AM

COM City Centre – Room 107

\$30

Instructor: Mildred Smith

Perfect for beginners, Tai Chi for Health is a gentle, yet strengthening, low impact form of exercise that can improve balance and flexibility, as well as help manage stress. It is safe and effective; beneficial for overall physical health, cardiovascular issues and chronic health conditions. (Level 1)

Total Body Fitness

Mondays/Wednesdays | September 11 - November 29, 2023, 9:30 AM - 10:30 AM

COM City Centre – Room 107

\$30

Instructor: Alison Johnson Galdamez

Reap cardiovascular and strength benefits while doing fun, slightly intense exercises! We will learn to properly and safely stretch, warm up, and perform abdominal, upper-body and lower-body exercises. Please wear workout clothes and tennis shoes. (Level 3)

Zumba

Tuesdays/Thursdays | September 12 - December 5, 2023, 4:00 PM - 5:00 PM

COM City Centre – Room 107

\$30

Instructor: Rubia Jiron

Zumba incorporates a variety of Latin-inspired dance moves to create a one-of-a-kind fitness program that will tone and sculpt your body while burning unwanted fat through aerobic exercise. Come join in the fun! (Level 3)

General Information & Map

PAYMENT OF FEES AND TUITION

All tuition and fees must be paid at the time of registration. We accept VISA, MasterCard and Discover. No cash, checks, money orders or American Express will be accepted.

CANCELLATION OF COURSES

Each course has a minimum enrollment. Once that minimum is reached, the course has "made." Find a course you like and encourage a friend to join you! Sometimes two or three people can make a difference between having a course "make" or be canceled. If the college cancels a course an automatic 100 percent refund of tuition and fees is initiated.

MAKE-UP CLASSES

In the event of a college-wide closure (i.e., inclement weather, power outage, etc.) that results in canceled classes, instructors are not required to reschedule class. However, if an instructor must personally cancel a class, every attempt will be made to reschedule it prior to the end of the semester.

WAITING LISTS

Want to attend a class that is full? Join the waiting list online or contact the Lifelong Learning Program Office at 409-933-8461 to be added.

REFUND POLICIES

Community Education Refund Policy

Community Education classes/workshops will be 100 percent refunded if a student cancels by the registration deadline. Refund requests may be made in person at the Lifelong Learning office or by phone at 409-933-8461. Refund requests must be received during normal business hours.

50 Plus Refund Policy

50 Plus classes will be 100 percent refunded if canceled before the first day of class. Refund requests may be made in person at the Lifelong

Learning office or by phone at 409-933-8461. Refund requests must be received during normal business hours at least one business day prior to the calendar start date of the class.

Trip Refund Policy

Tickets are pre-purchased for trip events; therefore, they are non-transferable and non-refundable.

COLLEGE CALENDAR

In accordance with the approved College calendar, the college will be closed:

November 23-24, 2023

PHOTO AND VIDEO POLICY

COM's Marketing and Communications Department takes photographs (still and video) of students throughout the year. These photographs and videos often include students in classrooms, study areas, at events, etc. COM reserves the right to use these photographs and video as a part of its publicity and marketing efforts. Students who enroll at COM do so with the understanding that these photographs and videos might be used in College publications, both printed and electronic, for recruiting and advertising purposes.

TOBACCO-FREE ENVIRONMENT

All College of the Mainland campuses are tobacco-free facilities. In addition, COM has a zero-tolerance policy for alcohol on campus.

STUDENT RECORD PRIVACY POLICY

College of the Mainland complies with the provisions of the Family Educational Rights and Privacy Act (Buckley Amendment of 1974, Public Law 90-247, as amended) and any regulations that may be promulgated therein. The College permits a student to inspect his or her own records and limits disclosure to others if a student has not been granted access by prior written consent. No student record, demographics, or schedule information will be shared with anyone over the phone or with any third party.

COM ALERT

COM Alert is a way for College of the Mainland to reach you in case of emergencies impacting any of COM's campuses. The COM Alert system uses email, phone, and text messages to notify individuals of emergencies and important news from the College. If you are not already receiving COM Alerts, sign up now by going to www.com.edu/contact-us/emergency-contact.html and following the prompts on the screen.

CAMPUS CARRY

As of August 1, 2017, Texas community colleges are required to comply with Senate Bill 11, commonly known as the "campus carry" bill. Individuals holding a license to carry (LTC), formerly concealed handgun license, will have the legal right to carry a concealed handgun onto community college campuses; however, openly carrying a firearm on a college campus is illegal. Please take note that storing handguns in personal vehicles on campus is allowed. A license holder may carry a concealed handgun on or about their person while on College District property or in any buildings or properties owned, leased, or rented by the College District except in areas that have been deemed gun-free zones under this policy. For further information about gun-free zone locations, Campus Carry policy, and campus safety, please see the following link, <http://www.com.edu/campus-safety-and-security>.

This policy applies to faculty, staff, students, visitors, and individuals and organizations doing business on behalf of the College District or while on the College District premises or properties owned, leased, or rented by College District.

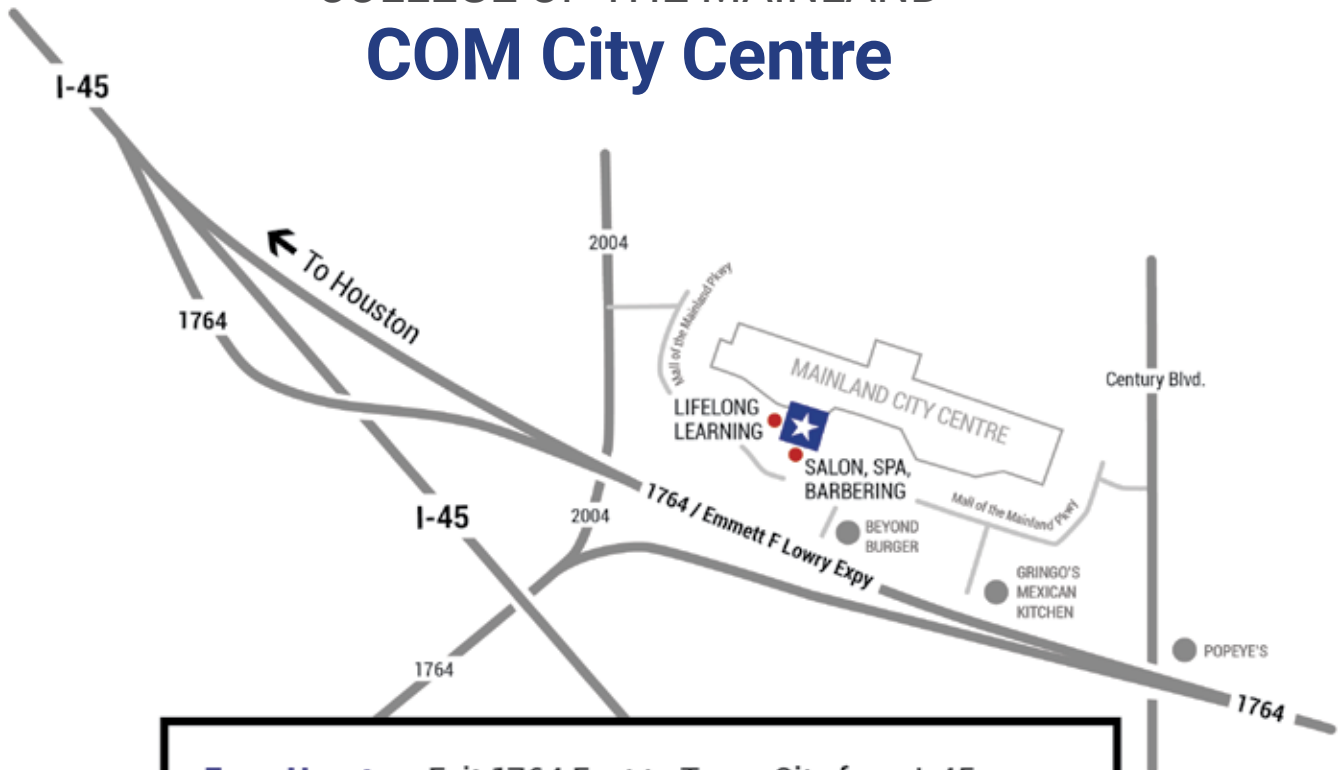
In accordance with the law, this policy shall not apply to commissioned peace officers.

Love what you learn
Sign up for a class today



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COLLEGE OF THE MAINLAND **COM City Centre**



From Houston: Exit 1764 East to Texas City from I-45 South. Exit Century Blvd. Make U-turn under bridge. Take feeder to Beyond Burger and turn right towards the mall area. Turn left onto Mall of the Mainland Pkwy.

From Galveston: Exit #15 from I-45N. Turn right on 2004, then right after Quality Inn onto Mall of the Mainland Pkwy.

**Interested in teaching a class
or have an idea for one?**

Please call Lisa Renfroe at
409-933-8461.



Have questions? Learn more online at:
com.edu/lifelonglearning



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