

How to Prepare for Insight Assessment Thinking Tests

A good critical thinking test is not going to be a test of factual knowledge about critical thinking. Memorizing information and definitions is not the key. A good critical thinking test will engage you in using your thinking skills and mindset because critical thinking is a process.

Achieving greater success with critical thinking requires practice. Regularly exercising your critical thinking skills builds strength.

Our test instruments are used in academic institutions for admissions purposes and learning outcomes assessment purposes. Businesses also use the assessments for employee selection and training purposes.

How do Insight Assessment tests work?

Insight Assessment educational and employment test instruments are designed to measure a person's reasoning skills and thinking mindset. Here is how they work:

- **If you take one of our thinking mindset assessments,** you will be presented with a list of simple statements and asked whether you agree or disagree with each of those statements. No study or other kind of preparation is needed for this kind of an assessment.
- **If you take one of our thinking skills tests,** you will be presented with questions that ask you to choose the best response. All the information needed to answer is provided in the question itself. You'll need to apply your critical thinking skills to that information and then select the best response from those provided. Again, no studying or specialized subject matter knowledge is needed since the questions provide the content about which you will be reasoning.
- **Allow yourself plenty of time** to complete the assessment in an environment free of distraction.
- **Your test administrator will provide instructions and login credentials.** Your test may be timed; the online test systems include a timer that counts down the remaining time. The timer does not start until you bring the first test question up on the screen.
- **Tests are scored electronically using our secure, validated testing system.** Test results will be provided to you if your test administrator has chosen to do so.

Can I study for a critical thinking test?

Research shows that your brain grows stronger when you give it a workout by studying new information, learning new skills, or reflecting on new experiences.

Building strong reasoning skills and a positive thinking mindset involves engaging problems and making decisions in a thoughtful way. There are many products designed to engage and strengthen critical thinking.

- To gain an overview of critical thinking and how the skills and habits of mind go together in problem solving and decision making, we suggest the essay “[Critical Thinking: What It Is and Why It Counts](#),” which you can download from our website.
- Test takers can prepare for the testing experience by clicking the blue **LOGIN** button, logging in as a guest, and taking one of the free sample tests.
- For those interested in long-term improvement of critical thinking, a separate line of products for personal assessment and development are sold to individual consumers through our [INSIGHT BASECAMP](#) website.
- For practice in taking a critical thinking reasoning skills assessment, try the [Critical Thinking Strategies](#) quiz on the INSIGHT BASECAMP website. The [Critical Thinking Keys](#) survey allows you to experience a thinking mindset assessment.
- An introductory college level textbook, “[Think Critically](#),” by Facione and Gittens, is available from Pearson Education.

Use your critical thinking skills; exercise them every day.

Good luck with the assessment